

# St Mary Medical Center & St Mary Rehabilitation Hospital

## 2016 Community Health Needs Assessment: Unmet Needs

Prepared by:

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Community Health Data Base

Centre Square East

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The purpose of the needs assessment is to **identify and prioritize community health needs** so that St Mary can develop strategies and implementation plans that benefit the public as well as satisfy the requirements of the Affordable Care Act.



# Methods

2016 Community Health Needs Assessment





## Quantitative Data Sources

2013 American Community Survey, and 2015 and 2020 Nielsen-Claritas Pop-Facts  
Demographic data including estimates and projections

Pennsylvania Health Department vital statistics (2008-2012 and 2009-2012)  
Births, deaths, communicable diseases, and cancer incidence

PHMC's 2015 Southeastern Pennsylvania Household Health Survey  
Health status, access to care, health behaviors



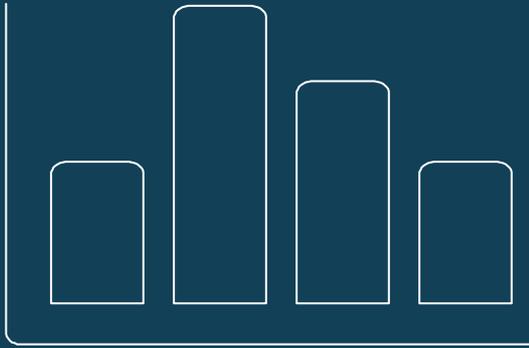
## Qualitative Data Sources

### Three Community meetings

September and October 2015

English and Spanish

Healthcare providers, service providers, clients



# Unmet Needs

2016 Community Health Needs Assessment

## Health Insurance Status

While the overwhelming majority of adults (95%) in the service area have health insurance coverage, a sizable percentage of adults aged 18-64 do not have any private or public health insurance; 5% of adults aged 18-64 in the service area are uninsured, representing 13,700 uninsured adults. A total of 39,500 adults (11%) do not have prescription coverage. Community meeting attendees noted that the cost of co-pays and deductibles makes accessing healthcare difficult for middle-income residents.

Having health insurance is important to ensuring continuity of care over time. The service area **does not meet the Healthy People 2020 goal of 100% coverage.**

## Health Insurance Status

Co-pays and deductibles make accessing healthcare difficult for middle-income residents.

5%

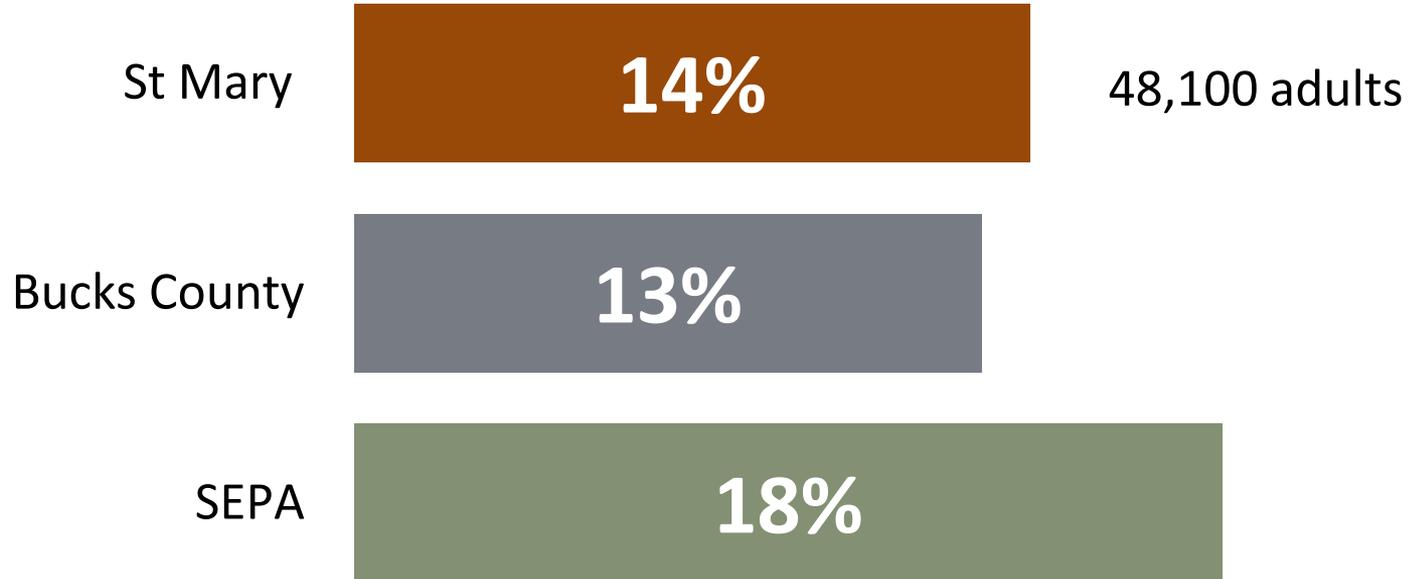
of adults 18-64  
are uninsured

11%

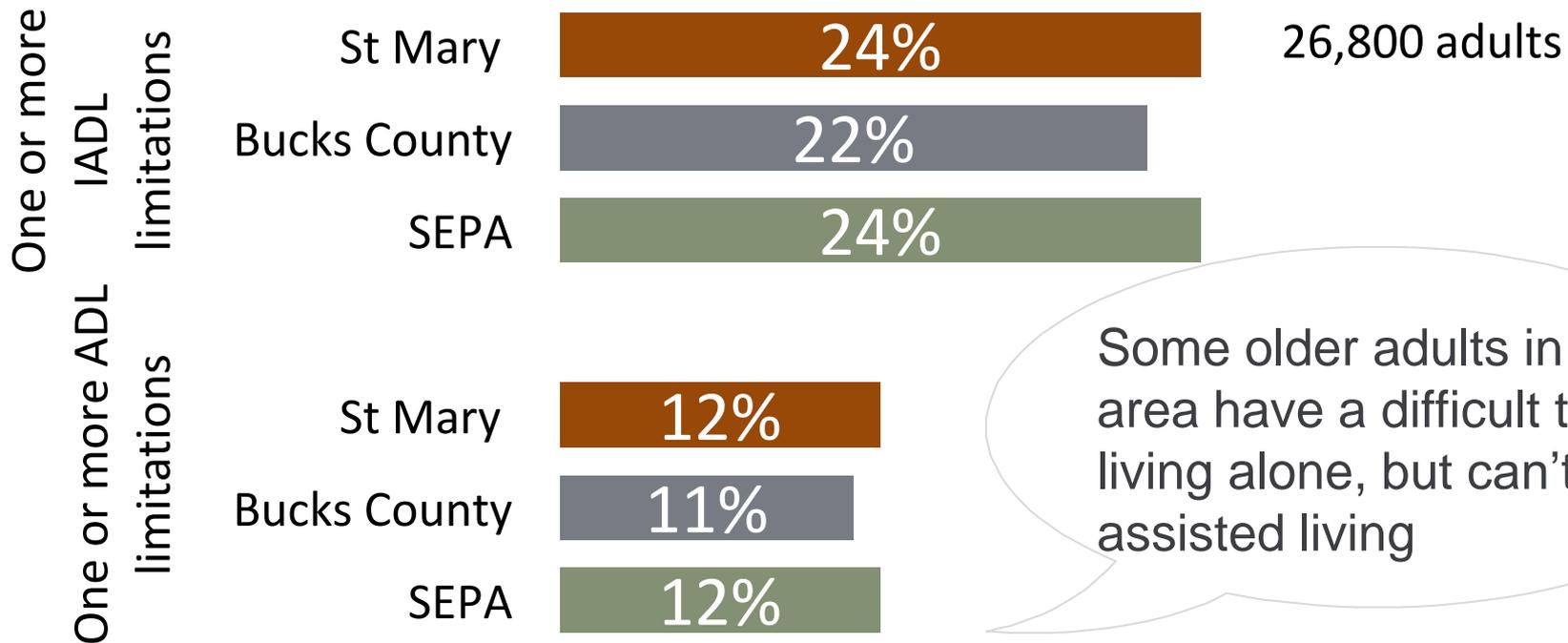
of adults 18-64 have  
no rx insurance

13,700 adults in the service area have no health insurance  
39,500 adults in the service area have no prescription drug coverage.

## Adults in Fair or Poor Health

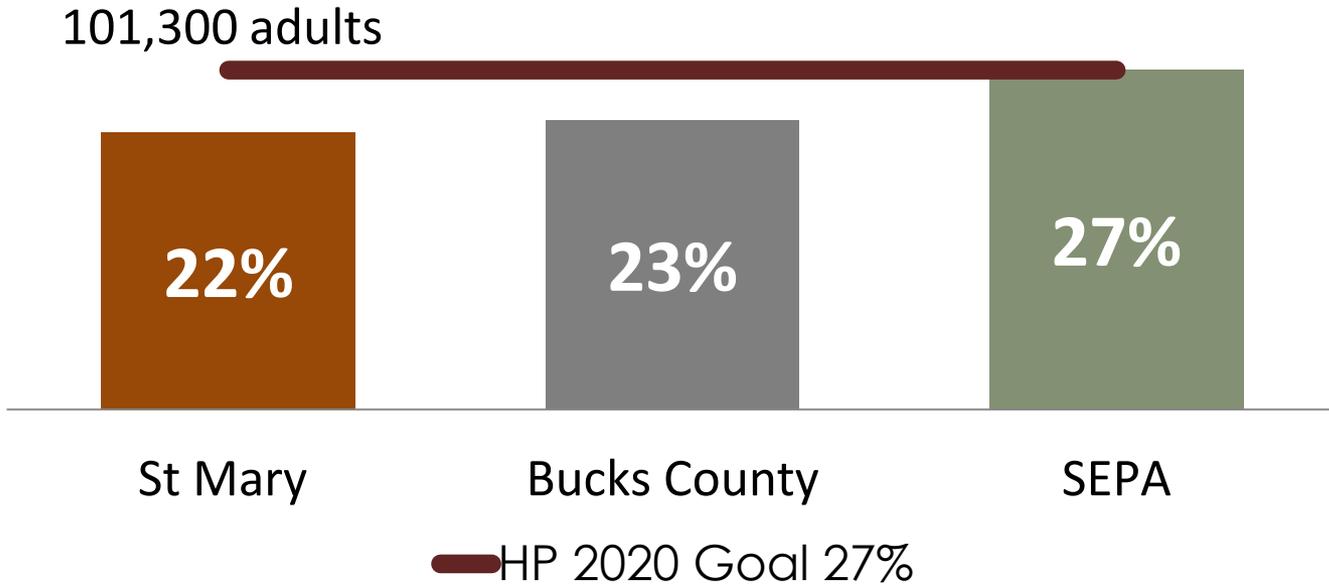


## ADL & IADL Limitations



Some older adults in the area have a difficult time living alone, but can't afford assisted living

# High Blood Pressure



## Obese and Overweight Adults

Community meeting attendees listed **obesity** as a leading concern in the service area

102,800 adults

112,900 adults

St Mary

30% of adults are obese and 33% are overweight

Bucks

40% of adults are obese and 35% are overweight

SEPA

29% of adults are obese and 34% are overweight

## Physical Activity

93,600

adults in the service area said they did not exercise in the past month

27%

of adults in the St Mary service area do not exercise

Compared with

22%

across the region

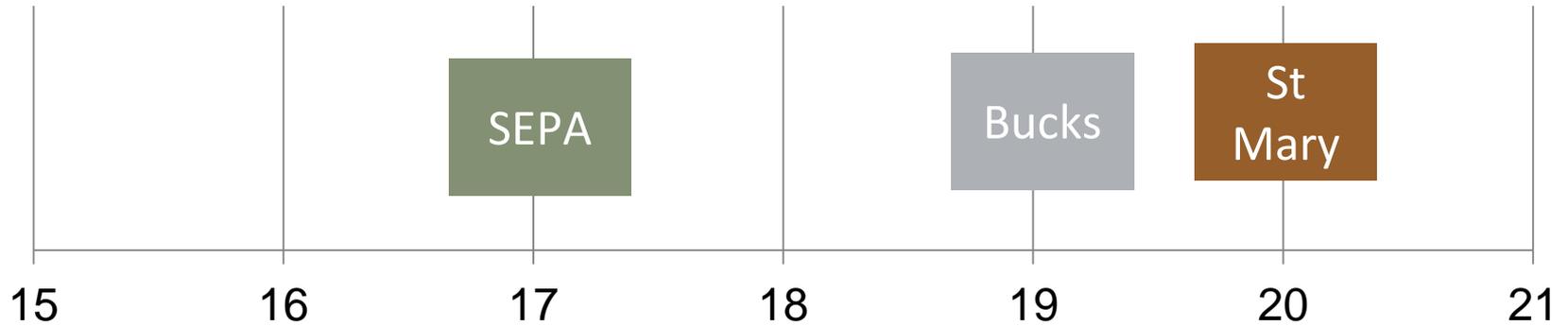
Adults in the St Mary service area get **significantly less exercise** than the surrounding area.

## Children's Nutrition and Activity

Participants noted that in some areas in Lower Bucks County it is **not safe for children to play** outside alone.

Attendees also discussed concerns about **malnutrition**, even among children who are consuming enough calories.

## Asthma



The adult asthma rate in the St Mary service area is **significantly higher** than across the five-county region.

## Cancer Deaths per 100,000

The rate of death from all cancers is **higher than the surrounding area** (168.9 per 100,000), and the **Healthy People 2020 goal of 161.4 or fewer**.

## Cancer Deaths per 100,000

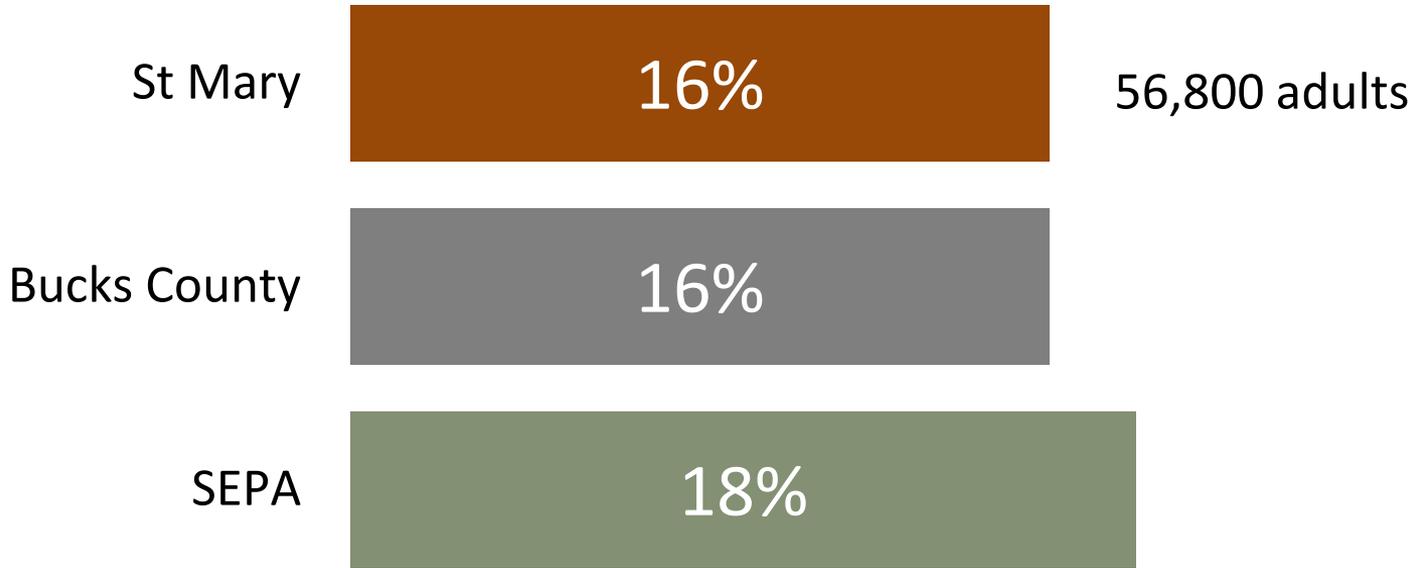
	St Mary	Bucks County	SEPA
Female Genital Cancer	2	2	18
Prostate Cancer	18	18	24
Colorectal Cancer	15	15	17
Lung Cancer	46	43	49
Female Breast Cancer	25	25	26

## Adult Mental Health

The suicide rate (12.3 per 100,000) is **higher than SEPA as a whole (10.9)**, and does not meet the **Healthy People 2020 goal of 10.2 or fewer**.

## Adult Mental Health

Diagnosed Mental Health  
Condition



## Mental Health

Community meeting attendees listed **depression** as well as **suicide and self-harm among teens** as leading concerns.

## Accessing Mental Health Care

“difficulty scheduling appointments” “comorbid conditions”

“affordability” “stigma” “addiction prevention services”

“over-reliance on emergency departments”

The St Mary service area has more resources and residents in general are in better health than their neighbors

The service area is not homogenous and some residents face specific barriers to healthcare

Health conditions impacted by lifestyle are a concern in the area