

Crozer-Keystone Health System,
located in Delaware County,
uses CHDB data for its annual
Community Health
Indicators Report Card.

**Crozer-Keystone Health System
Objectives for Improving Health**

Focus Area: Improve Cardiovascular Health

Objective: Increase the proportion of adults who have had their blood cholesterol checked within the preceding five years (HP 12-15)

Discussion: High blood cholesterol is a major risk factor for CHD that can be modified. 98.6 million U.S. adults age 20 and older have blood cholesterol levels of 200 mg/dl or higher and require medical attention (45 million men and 53.6 million women). Lifestyle changes that prevent or lower high blood cholesterol include eating a diet low in saturated fat and cholesterol, increasing physical activity and reducing excess weight.

	Healthy People 2000 Target	Delaware County 2002 Status	Delaware County 2004 Status	Delaware County 2006 Status	Delaware County 2008 Status	Healthy People 2010 Target
Total	60%	86%	90%	86.3%	93.0%	80%
White		87%	90.8%	92.6%	93.1%	
Non-White		84%	87.3%			
Black				94.7%	94%	
Latino				63.2%	82.4%	
Asian				95.8%		
Male		87%	90.1%	91.7%	91.5%	
Female		86%	89.8%	92.3%	93.7%	

Data Source: PHMC Household Field Survey – 2002, 2004, 2006 and 2008 and American Heart/Stroke Association

Trend: Achieved targeted HP 2000 and 2010 rates.

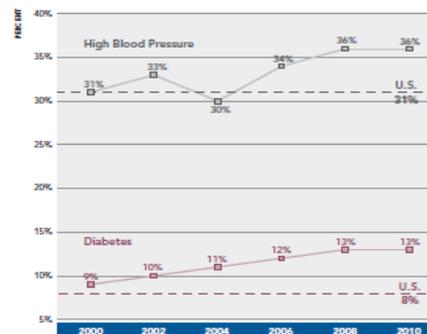


CHDB findings were presented to
Philadelphia's City Council to assist
in the passage of a citywide public smoking ban.

The Pew Philadelphia Research Initiative uses CHDB data in its State of the City report, which covers economics, education, arts, health and welfare, criminal justice and other topics.

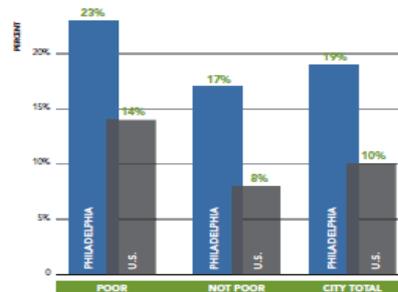
7.11 CHRONIC HEALTH CONDITIONS

PERCENTAGE OF ADULTS WITH HIGH BLOOD PRESSURE AND DIABETES



The percentages of Philadelphians diagnosed with high blood pressure or diabetes has risen in the past decade, according to PHMC's Community Health Data Base. Both numbers are significantly higher than the national average.

7.12 CHILDREN WHO HAVE EVER HAD ASTHMA



According to the PHMC survey, asthma is nearly twice as prevalent among Philadelphia children, poor and not poor, than among children across the country. The local percentages amount to about 72,000 children.



7: HEALTH & WELFARE



The **Philadelphia Corporation for Aging** uses CHDB data to plan services for older adults, to apply for funding for those services, and to conduct innovative research into the factors influencing the health of older Philadelphians.



Thank You!

For more information:

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PHMC's Community Health Data Base is supported and used by The Pew Charitable Trusts, William Penn Foundation, United Way of Southeastern PA, United Way of North Penn, Cigna Foundation, The Philadelphia Foundation, Green Tree Community Health Foundation, North Penn Community Health Foundation, The Scattergood Foundation and regional health and human service providers.