



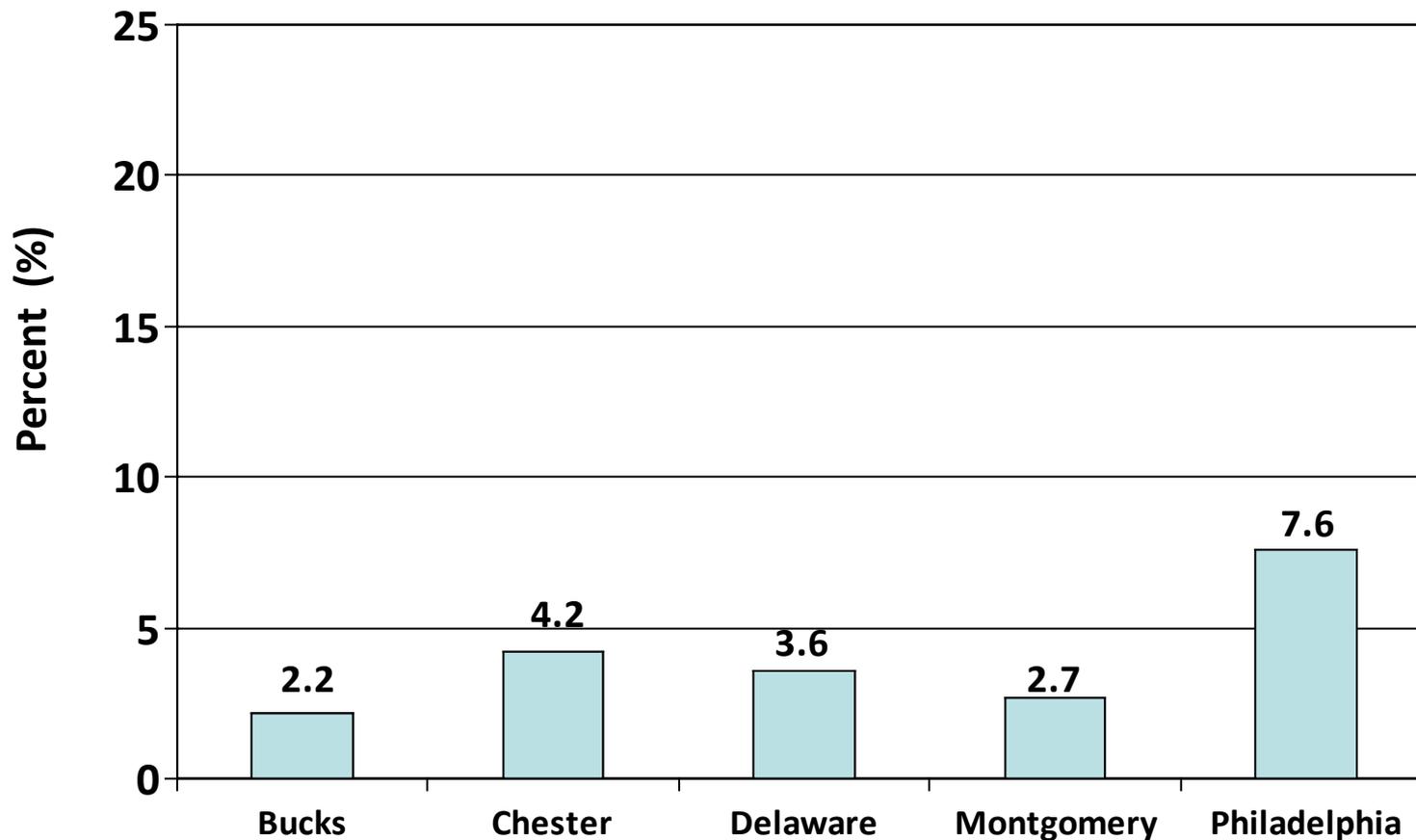
# Older Adult Supplement (Ages 60+ yrs)

- Housing repairs needed
- Use of aids
- 10-item depression scale
- Use of formal in-home care & payment
- Falls within past year
- Instrumental Activities of Daily Living (IADL) limitations
  - i.e., using phone, shopping, walking, meal prep, cleaning, handling money, etc.
- Activities of Daily (ADL) limitations
  - i.e., bathing, grooming, eating, etc.
- Use of informal help with IADL & ADL
- Social supports & services:
  - contact with friends and relatives; familiarity, use, and need for activities at senior center, food programs, transportation, PACE/prescription drug assistance, senior helpline





## Need Transportation Services among Older Adults (60+ yrs) by SEPA County, 2010





# Health and Well-being Indicators

## Children 0-17 years of age



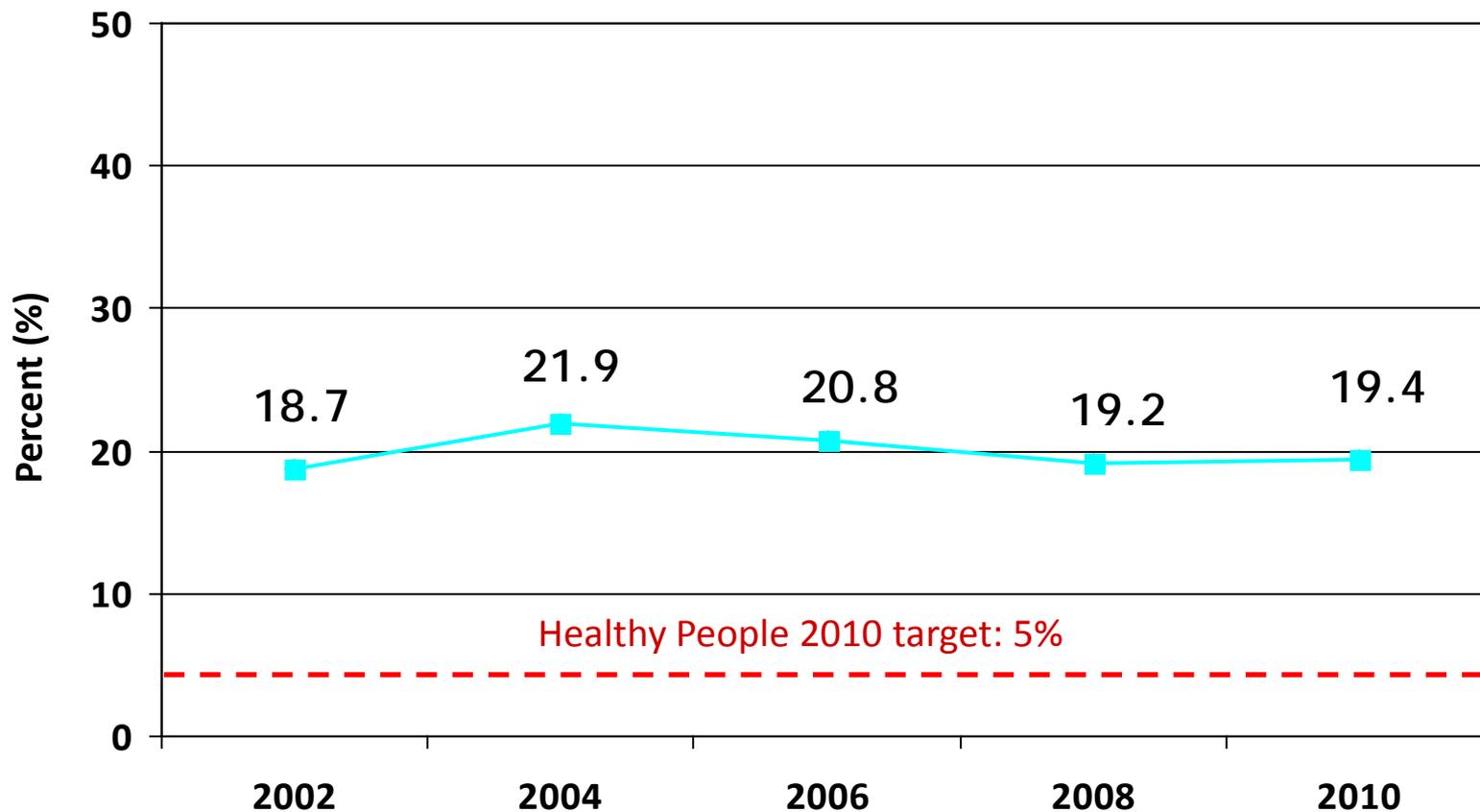
# Major Health and Well-being Indicators

- **Health Status**
  - General health status; BMI (height & weight)
- **Health Conditions**
  - Chronic health condition; Asthma
- **Health Insurance**
  - Insurance; Type of insurance
- **Access to Care**
  - Regular source of care; Place of care; Cost barriers to care
- **Dental Care (4-17 yrs)**
  - Dental visit within past 12 months
- **Physical Activity (3-17 yrs)**
  - Physical activity (30+ minutes)
- **Nutrition (3-17 yrs)**
  - Fruit & vegetable servings (typical day)





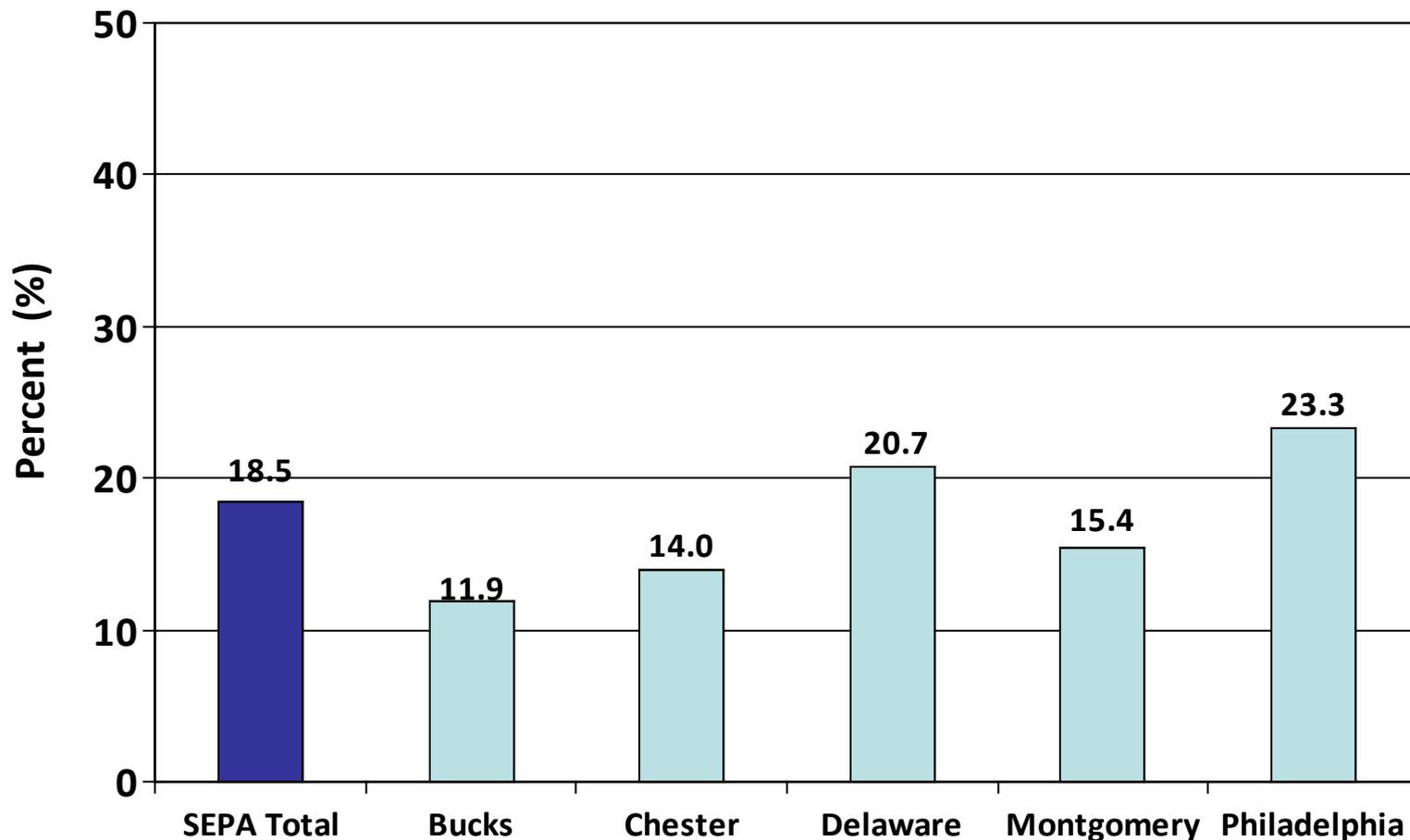
# BMI-based Obesity among Children (6-17 yrs), SEPA, 2000-2010



Note: Children who score in the 95th percentile or higher for their age on the Body Mass Index (BMI) are considered obese.



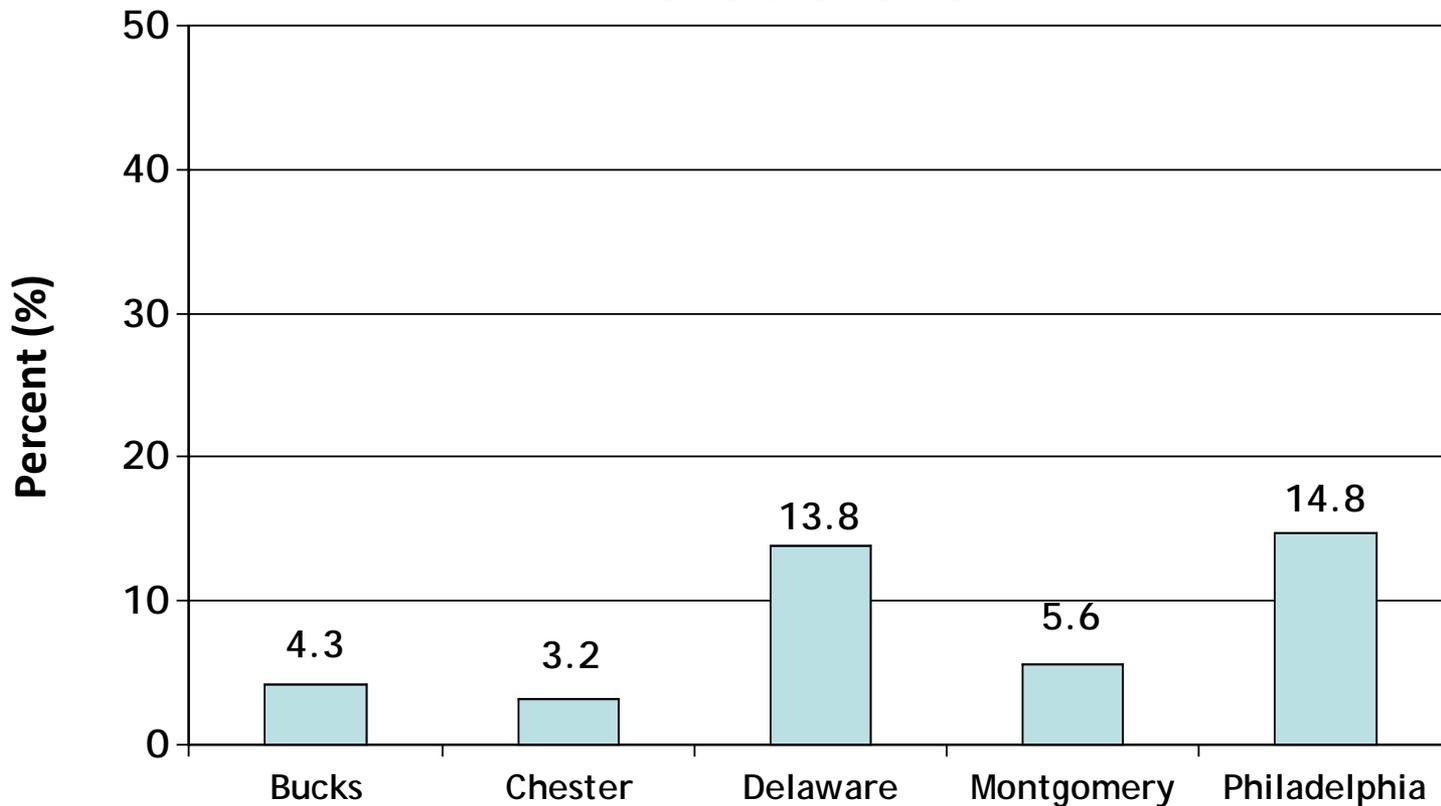
## Children (0-17 yrs) with Asthma by SEPA County, 2010





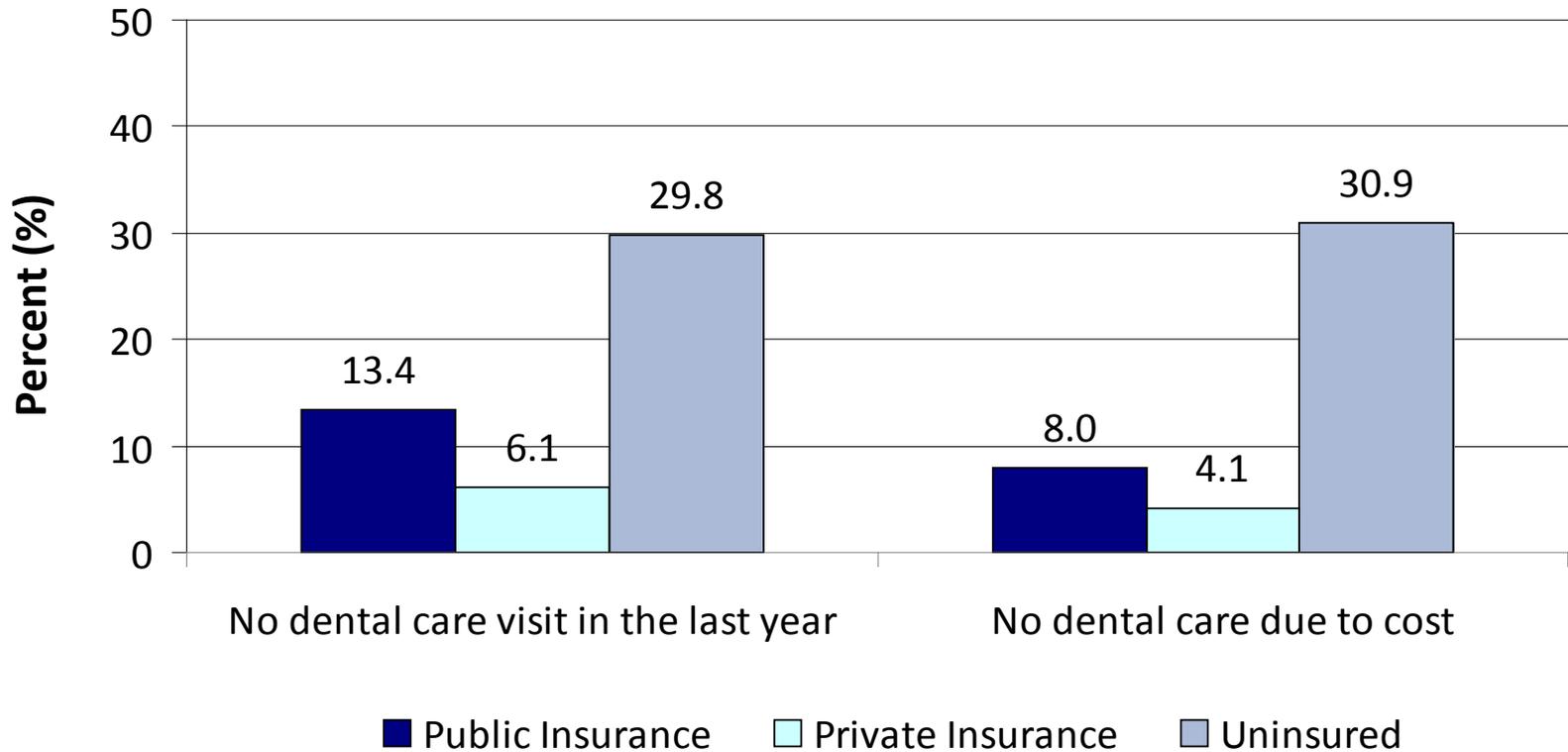
# Children (0-17 yrs) Living in Households Where Someone Smokes inside the Home by SEPA County, 2010

In SEPA, 9.8% of children live in a household where someone smokes inside the home.





# Children (4-17 yrs) with No Dental Care Access in Last Year by Insurance Status, SEPA, 2010



Note: Public insurance includes types such as Medicaid, Medicare, CHIP, and Champus.



## II. Demographics: 2010 U.S. Census

The Community Health Data Base provides access to past and present data from the U.S. Census Bureau. Data can be aggregated on the same geographic levels as the Household Health Survey, including ZIP Code and neighborhood.

The CHDB uses a third-party data source (Nielsen Claritas, Inc.) to create estimates and projections based on the decennial Census and the American Community Survey.

The most current include:

- 2010 Population counts
- 2012 Estimates (available late fall 2012)
- 2017 Projections (available late fall 2012)



## II. Demographics: 2010 U.S. Census (Cont.)

- Population Totals
- Age Distribution
- Racial/Ethnic Distribution
- Gender Distribution
- Household Income
- Average Household Size
- Linguistically Isolated
- Citizenship
- Housing Units
- Elderly Living Alone
- Year House Built
- Length of Time at Residence
- Median Housing Value
- Educational Status
- Employment/Occupation
- Poverty Status
- Female-Headed Households
- Mobility and Self-Care



## III. Vital Statistics

The most recent data, provided in four year average annualized rates, are from 2005-2008. They are available at the ZIP code and county level for all of Southeastern Pennsylvania and by Census tract for Philadelphia County.

### Birth Outcomes:

- Births to all Women
- Births to Women 15-44
- Births to Adolescent Women
- Low Birth Weight Births
- Prenatal Care
- Infant mortality
- Neonatal mortality

### Mortality:

- All Causes
- Heart Disease
- All Cancer
- Lung, Breast Cancers
- Stroke
- Pneumonia/Influenza
- Accidents/Drugs



# The Community Health Data Base

## *What do I get?*



**Data** – Household Health Survey, US Census, Vital Statistics

**Direct Assistance** – assigned research associate

**Special Events** – skill building seminars & trainings, orientations

**Reports and Publications** – hard copy, online, e-mail

**Website** – [www.CHDBdata.org](http://www.CHDBdata.org)

Including dynamic online tools for quick access to customized data runs...



# For more information about the CHDB, please visit: [CHDBdata.org](http://CHDBdata.org)



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**COMMUNITY HEALTH DATA BASE**  
An Information Service of Public Health Management Corporation

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## Welcome

Since 1983, Public Health Management Corporation's (PHMC) Community Health Data Base (CHDB) has served the information needs of health and human service agencies in the Southeastern Pennsylvania region by providing up-to-date and reliable community-level health and social service data.

The CHDB is funded by the [Pew Charitable Trusts](#), the [William Penn Foundation](#), the [United Way of Southeastern Pennsylvania](#), & local hospital systems & health and human service organizations.

Please visit the CHDB website monthly for new data findings and member highlights!

**Data Analysis TOOL**

Username  Password

[not a member?](#)

[forgot your password?](#)

### Data Findings

**Falls within the past year among older adults in Southeastern Pennsylvania**

The CHDB is recognizing National Public Health Week! The following article presents findings from the 2010 Household Health Survey about falls within the past year among adults 60 years of age or older residing in the five-county Southeastern Pennsylvania (SEPA) region. In SEPA, nearly one in five older adults (18.7%) has fallen within the past year, representing approximately 147,000 older adults in this region. Recent falls among older adults are examined by demographic, socio-economic, housing, geographic location, and health characteristics.

[View Details >>](#)

### Spotlight



**Philadelphia Corporation for Aging**

PCA is a private, non-profit organization and has served as Philadelphia's Area Agency on Aging since 1973. [View Details >>](#)

New  
Data  
Findings

### Announcements

[University of Wisconsin County Health Rankings Available](#)  
Click this link to learn more about the University of Wisconsin County Health Rankings.

[Online Data Tool to be updated with 2010 Household Health Survey Data!](#)  
Interested in accessing 2010 Household Health Survey data using our Online Data Tool? Find out more about updates to the online tools here!

[Connecting Local Institutions to Population Data](#)  
CHDB spoke at the Medical Library Association, Philadelphia Regional Chapter's Annual Business Meeting and Reception. Click here for slides.

[2011 Berks-Lancaster-Schuylkill Survey in the field!](#)  
Click this link to learn more about the CHDB's 2011 Berks-Lancaster-Schuylkill Household Health Survey.

[2010 SEPA Household Health Survey Data Released!](#)  
Click this link to read about our 12th Southeastern Pennsylvania Household Health Survey.

[CHDB Can Come to You!](#)  
Your CHDB Associate is available for onsite orientations, trainings or demonstrations.

[CHDB Orientation on May 10th](#)  
Please join us for our next Orientation to learn more about the Community Health Data Base and how you can access Household Health Survey data.

[Healthy People 2020 Objectives Released!](#)  
The US Department of Health and Human Services just released the Healthy People 2020 Goals and Objectives. For more information, please click here.

[CHDB Spring 2011 Calendar](#)  
Click here for our calendar, including orientations, trainings and special events!

[New Map Highlighting Smokers in SEPA](#)  
The data corner features a new map of smoking prevalence for SEPA counties. Click here for our 2008

To receive the Community Health Data Base's monthly e-mail newsletter, including the latest facts and findings from the Southeastern Pennsylvania Household Health Survey, please email: [johannat@phmc.org](mailto:johannat@phmc.org)



**For more information about the  
Community Health Data Base,  
please contact us at:**

**215-985-2548**

**or visit**

**[www.CHDBdata.org](http://www.CHDBdata.org)**