



# CHDB's 2012 Southeastern Pennsylvania Household Health Survey

## Welcome to PHMC

### AGENDA

**4:30-5:15 Meet & Greet**

**5:20-6:00 2010 SEPA Data Presentation**

**6:00-6:30 Q&A, Party**



★ ★ ★ Introducing ★ ★ ★

# PHMC'S CENTER FOR DATA INNOVATION

## Community-level Data Initiatives

Qualitative and Quantitative Data Collection

Including **Community Health Data Base**

## Education and Training

Needs Assessment, Technical Assistance, Technology  
Development

## Organization-level Data Initiatives





# The CHDB Network

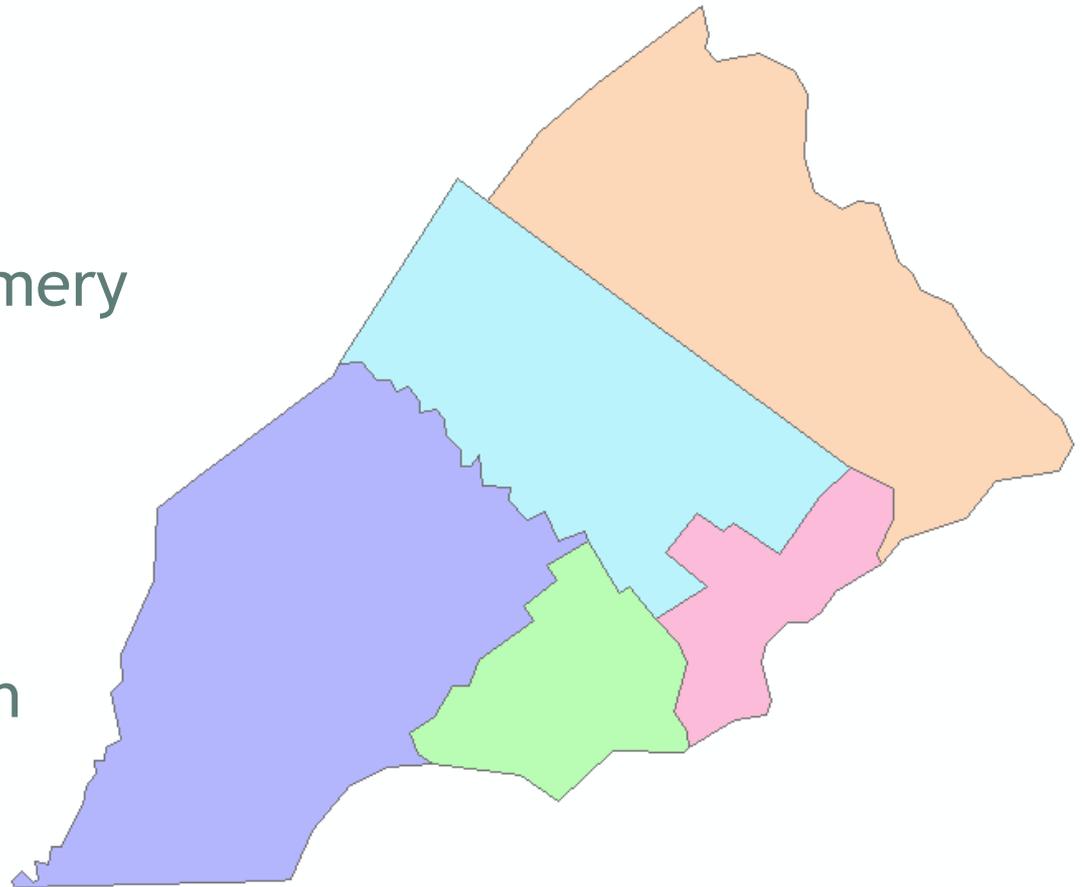
- The Pew Charitable Trusts
- William Penn Foundation
- United Way of Greater Philadelphia and Southern New Jersey
- The Green Tree Community Health Foundation
- The North Penn Community Health Foundation
- The United Way of North Penn

And 400 Member and Affiliate organizations:  
foundations, hospitals, health systems, universities,  
government agencies and non-profits across the  
region



# Southeastern Pennsylvania Household Health Survey

- 10,000 Households
- Bucks, Chester, Delaware, Montgomery and Philadelphia Counties
- Landlines and Cell phones
- English and Spanish





# New Samples and Surveys

**NEW!** 2012 Cell Phone Sample

2,009 SEPA interviews conducted by cell phone as part of the SEPA Household Health Survey

**NEW!** Topics (14 topics such as chronic pain, retail clinics, screen time)

**NEW!** Household Health Survey Data Used in 29 Community Health Needs Assessment Reports

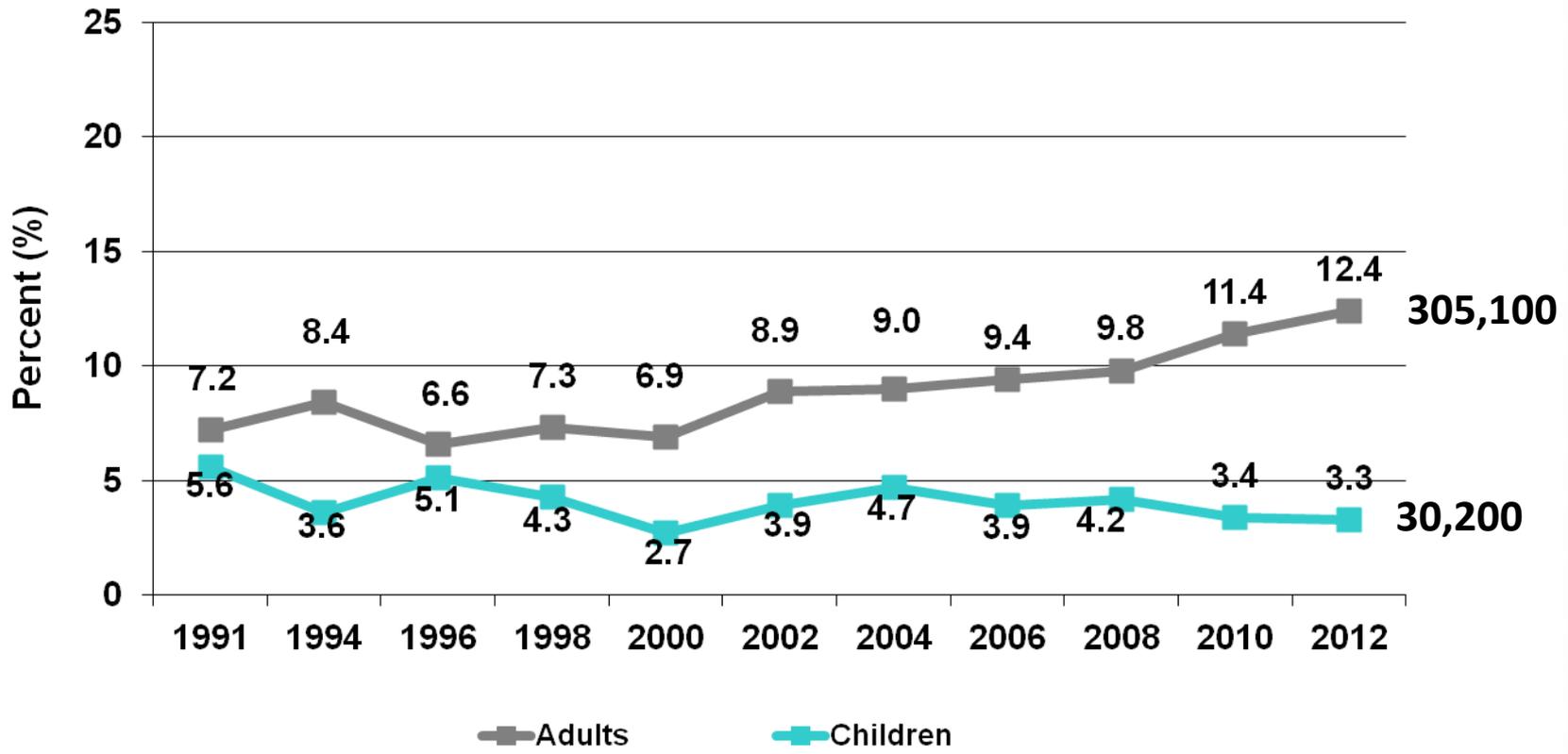
**NEW!** 2012 Berks County Household Health Survey



# ACCESS TO CARE

Having health insurance and a regular place to go when sick are important factors in helping to ensure continuity of care over time.

# Uninsured Adults (18-64) and Children (0-17), Southeastern Pennsylvania, 1991-2012



Source: PHMC's Community Health Data Base, 1991-2012 Southeastern Pennsylvania Household Health Surveys.



# The Uninsured in SEPA (18-64)

Younger adults are more likely to lack health insurance than any other age group.

(18-29 = 18.2%; 40-49 = 8.9%; 50-59 = 8.2%; 60-64 = 5.1%)

Latino adults (26.2%) are more likely to be uninsured compared to Black (19%), Asian (14.7%) and White (7.5%) counterparts.

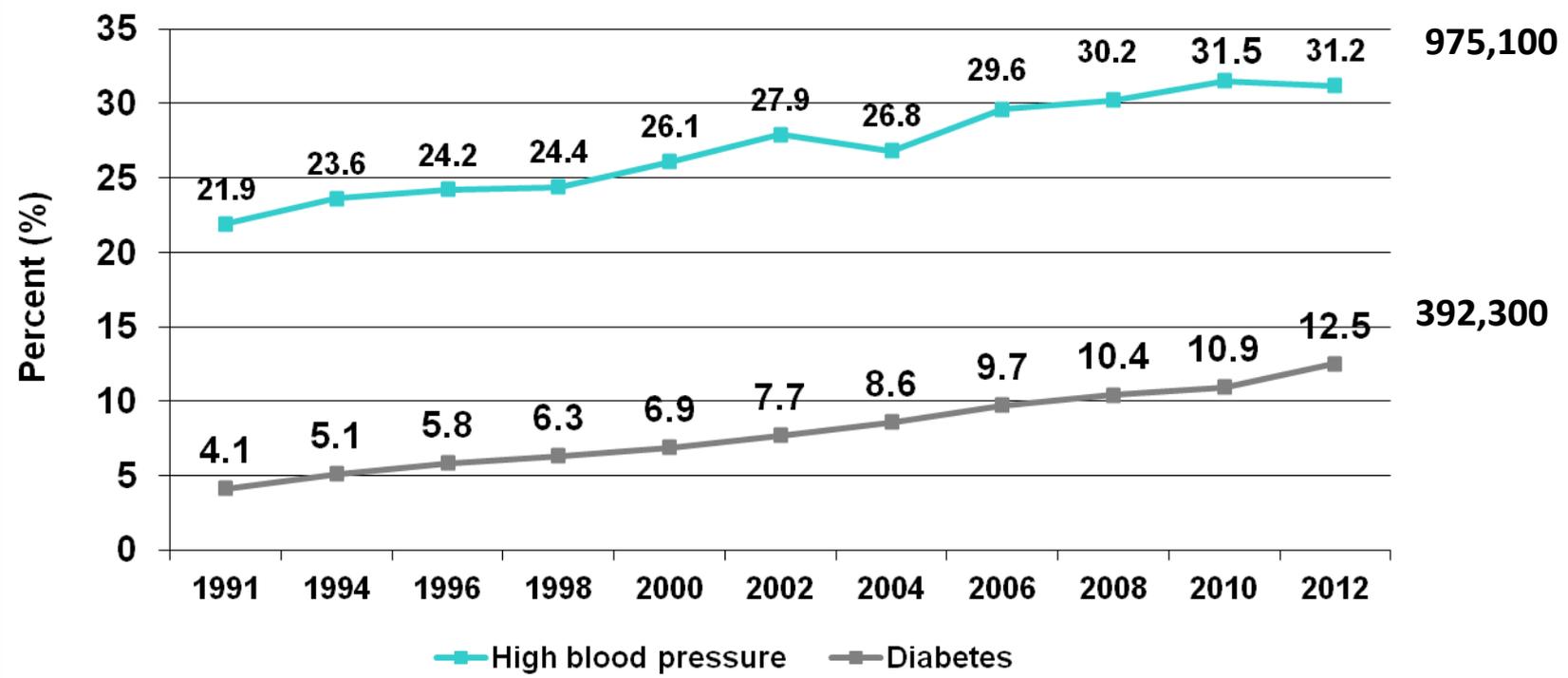
Males are more likely to be uninsured compared with females.



# Cost Barriers to Care

- With or without health insurance, nearly 390,000 adults in SEPA were sick at some point in the past year but did not seek care due to the cost.
- One in seven adults did not fill a prescription due to the cost.
- Nearly one-quarter of SEPA adults did not get dental care due to the cost of the visit.

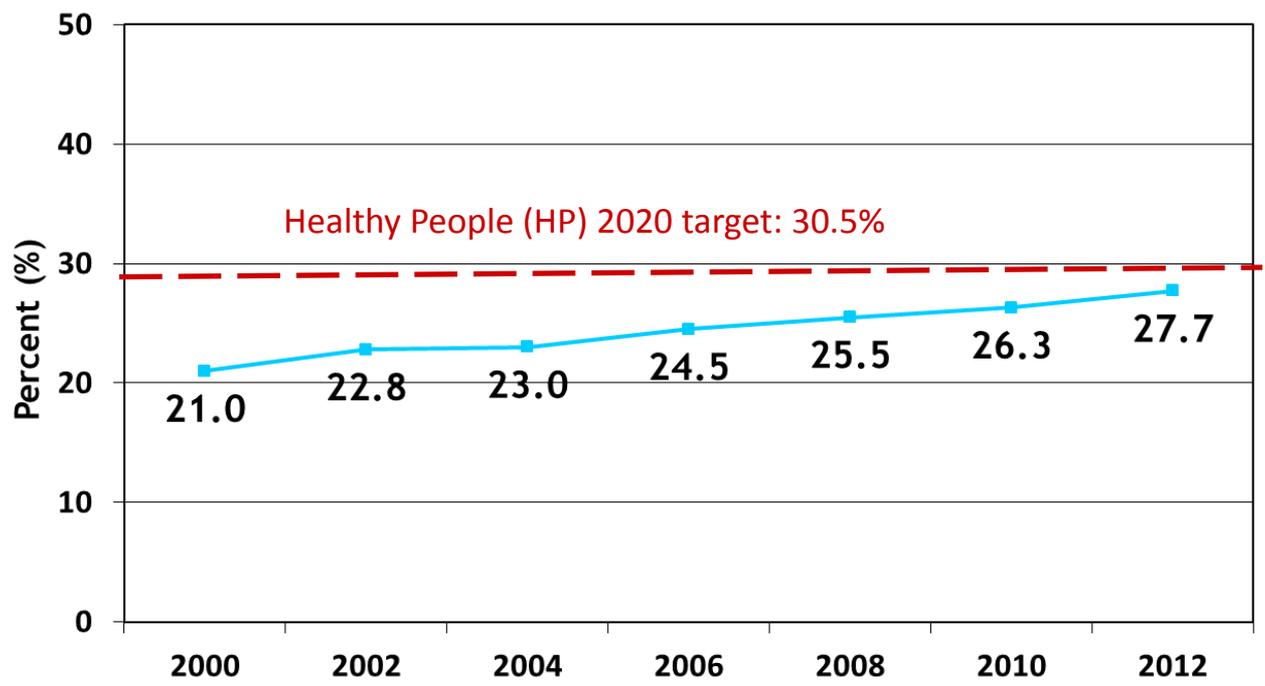
# Chronic Health Conditions Among Adults (18+), Southeastern Pennsylvania, 1991-2012



<sup>1</sup> NOTE: Beginning in the 2004 survey, the wording of the question about high blood pressure and diabetes was changed slightly. Respondents were asked if they EVER had high blood pressure or diabetes. In past survey years, respondents were asked if they currently have high blood pressure or diabetes.

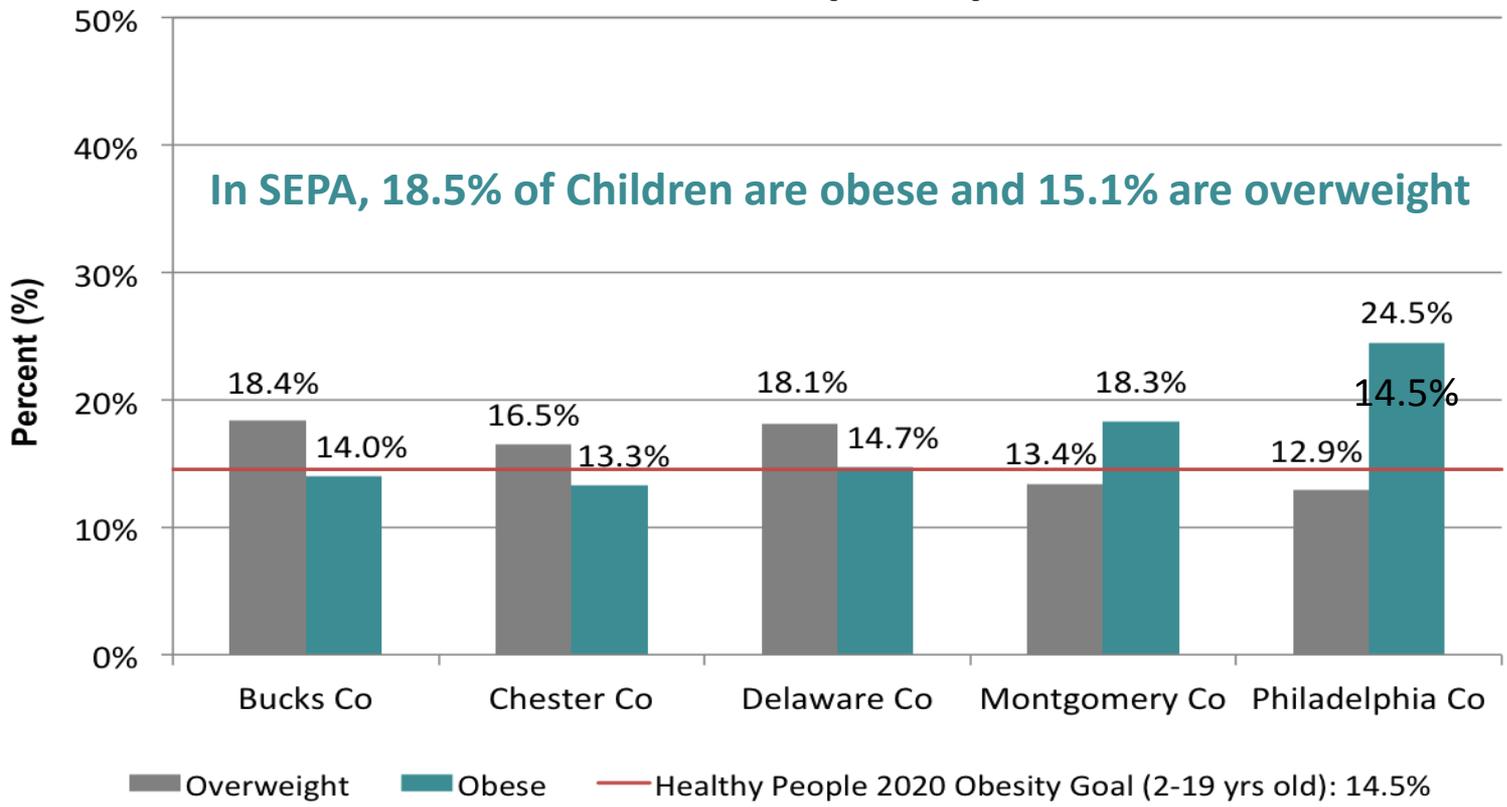
Source: PHMC's Community Health Data Base, 1991-2012 Southeastern Pennsylvania Household Health Surveys.

## BMI-based Obesity among Adults (20+ yrs), SEPA, 2000-2012



Source: PHMC's 2012 Southeastern Pennsylvania Household Health Survey

# Body Mass Index Percentile by County, Children (6-17), 2012



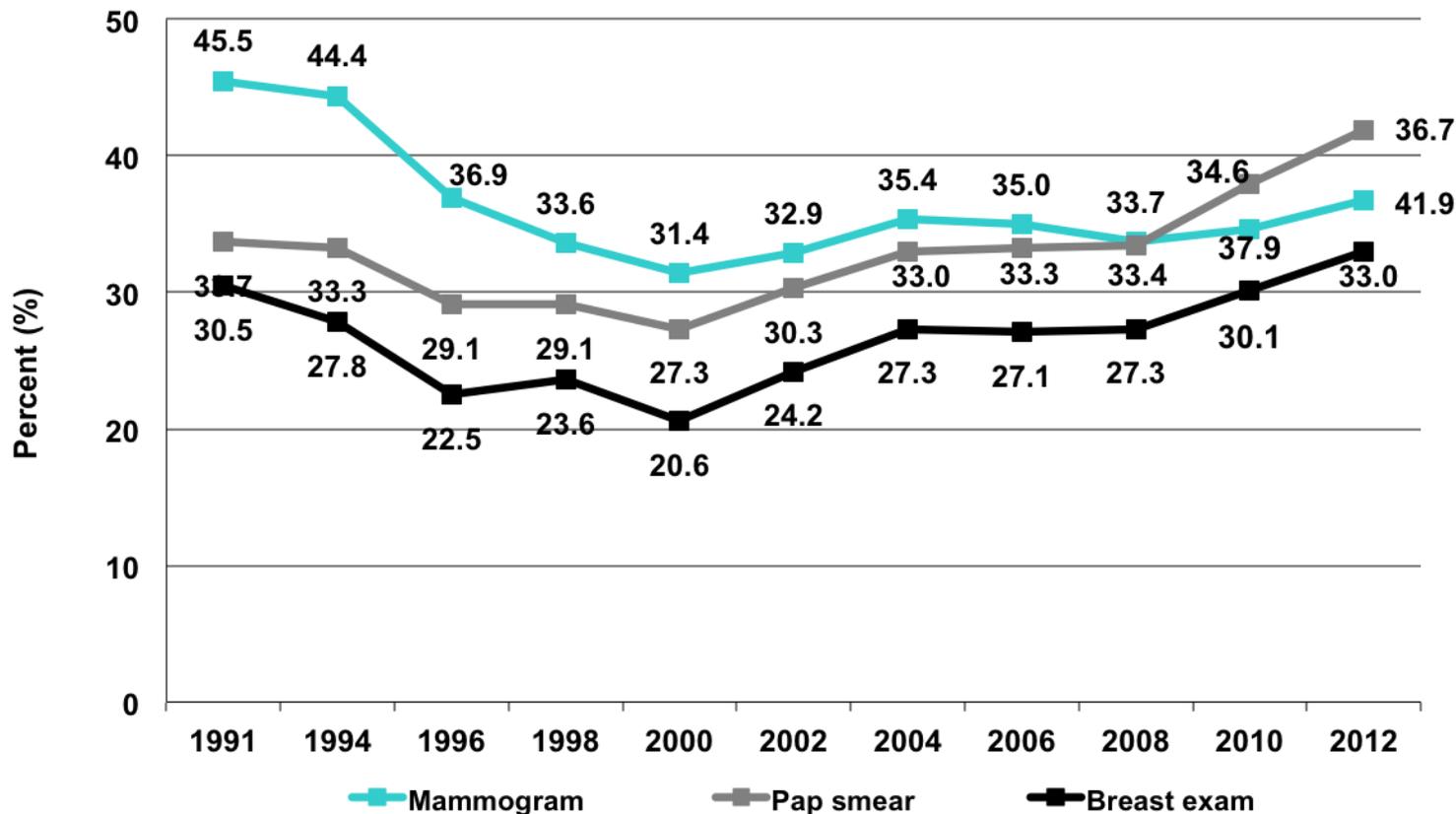
Source: PHMC's 2012 Southeastern Pennsylvania Household Health Survey



# UTILIZATION OF HEALTH SCREENINGS

Regular health screenings can help identify health problems before they start. Early detection can improve chances for treatment and cure and help individuals to live longer, healthier lives.

## Women (18+) Who Did Not Receive Selected Cancer Screenings in the Past Year, Southeastern Pennsylvania, 1991-2012



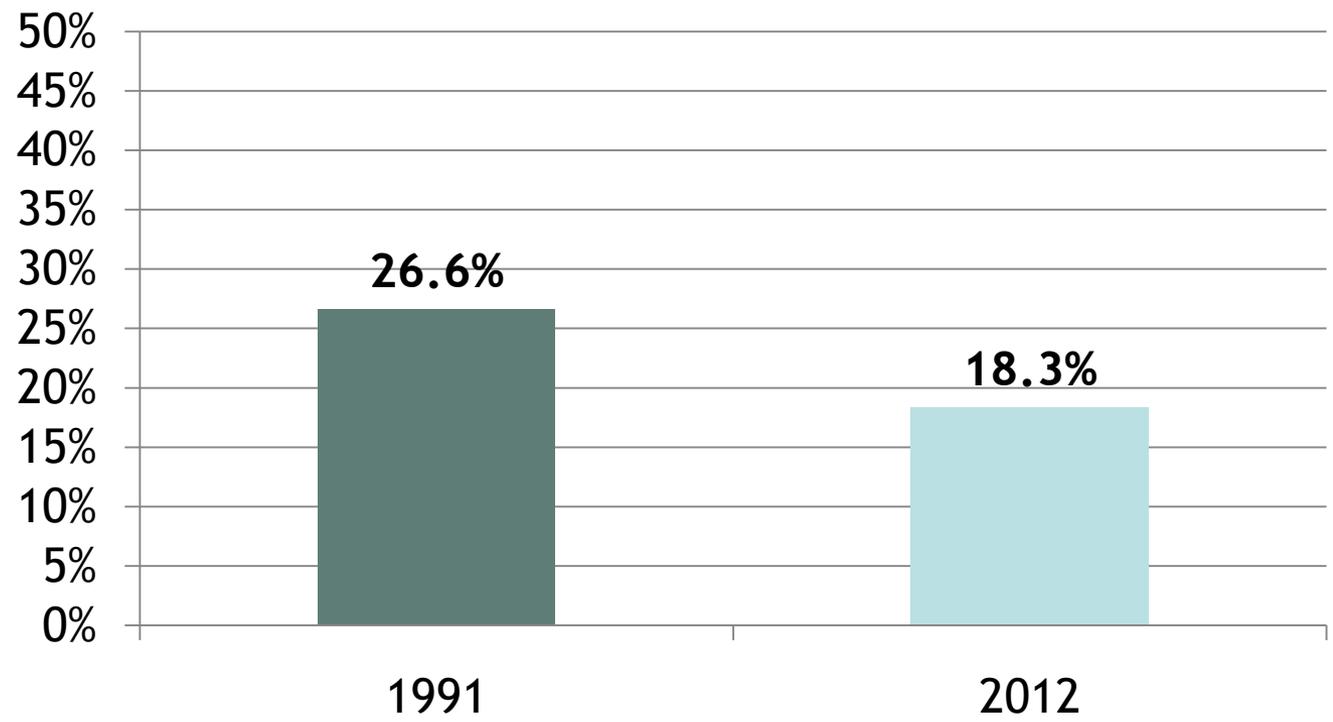
Notes: <sup>1</sup> Mammogram asked of female adult respondents 40 years of age and older.

<sup>2</sup> Pap smear and breast exam asked of female adult respondents 18 years of age and older.

Source: PHMC's Community Health Data Base, 1991-2012 Southeastern Pennsylvania Household Health Surveys

# Flashback! SEPA then & now...

## Cigarette Smoking Among SEPA Adults (18+), 1991 and 2012



NOTE: Beginning with the 2004 survey, the wording of the smoking question was changed slightly. Instead of asking respondents if they currently smoke, as was asked in previous survey years, respondents were asked if they smoke every day, some days or not at all.



New  
Questions  
for 2012



Chronic  
Pain

Cancer

Caregiving

Screen  
Time

Medication  
Labeling

Substance  
Abuse

Child's  
Safety

Medical  
Visits

Nearby  
Parks

Second  
Hand  
Smoke

Retail  
Clinics

Hospital  
Preference

Early  
Childhood  
Education

Health  
Information  
Sources



“In the past twelve months, have you received healthcare services or seen a healthcare provider at a walk-in retail clinic?”



Retail Clinics

A retail clinic is a small healthcare facility, such as a MinuteClinic or a Take Care Clinic located inside a pharmacy, grocery store, or other retail store.”



Approximately 235,000  
adults across SEPA  
visited a retail clinic  
during the past year.



Retail  
Clinics

61.0% would have gone  
to their regular provider

20.9% would have gone  
to the ER



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“When you want information about (his/her) health, where do you primarily get it from?”

Health  
Information  
Sources



88.2% of parents and caretakers list their child's healthcare professional as their primary source of health information for their child.

4.7% get their information from family and friends.

3.8% get their information from websites.

Health  
Information  
Sources



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“Is there a park or other outdoor space in your neighborhood that you’re comfortable visiting during the day?”





78.6% of adults in SEPA say there is a park or other outdoor space nearby that they feel comfortable visiting.



This means that about a quarter of adults in SEPA **do not have** park or other outdoor space nearby that they feel comfortable visiting.



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# Orientations, Trainings and Education

Next CHDB orientation scheduled for March 28<sup>th</sup>.

Upcoming trainings include:

- Logic Models/Outcome Measurement
- Survey Design
- Tips for Discussing and Presenting Statistics

Stay tuned for details in our newsletter  
throughout the year!



# Data Briefs

PHMC/CHDB partnership with the Independence Blue CrossFoundation produced a brief: *Bridging the Gap*, which examines access to care.

Upcoming data briefs examining HIV testing and chronic health conditions

Stay tuned for details in our newsletter throughout the year!

# You can find our tools:

on our homepage @ [www.CHDBdata.org](http://www.CHDBdata.org)

**Welcome**

Since 1983, Public Health Management Corporation's (PHMC) Community Health Data Base (CHDB) has served the information needs of health and human service agencies in the Southeastern Pennsylvania region by providing up-to-date and reliable community-level health and social service data.

The CHDB is funded by the [Pew Charitable Trusts](#), the [William Penn Foundation](#), the [United Way of Southeastern Pennsylvania](#), & local hospital systems & health and human service organizations.

Please visit the CHDB website monthly for new data findings and member highlights!

**Data Analysis TOOL**

Username  Password  **Go**

- [not a member?](#)
- [forgot your password?](#)

Login here

PHMC Southeastern Pennsylvania Household Health Survey - Windows Internet Explorer provided by PHMC

http://www.chdbdata.org/DataTool2009/SurveySelect.aspx

PHMC Home | contact us | topic areas

**COMMUNITY HEALTH DATA BASE**  
An Information Service of Public Health Management Corporation

[Backs](#)  
[Chester](#)  
[Delaware](#)  
[Montgomery](#)  
[Philadelphia](#)

**Southeastern Pennsylvania Household Health Survey**

Please select one of the following interactive tools.

**Online Data Analysis Tool**      **Online Report Card**

Select a geographic area and specific indicators for data analysis      Rank a selected area against the wider region on key indicators

[Additional information](#)

http://www.chdbdata.org/DataTool2009/ReportCardSelectYear.aspx

Our two tools