

CHDB's

2010 Southeastern Pennsylvania Household Health Survey:

Looking back on a decade of data

Welcome to PHMC!

AGENDA

4:30-5:30 Meet & Greet

5:30-6 pm 2010 SEPA Data Presentation

6-6:10 Meet SRBI the 2010 Survey House

6:10-6:30 Q&A, Party



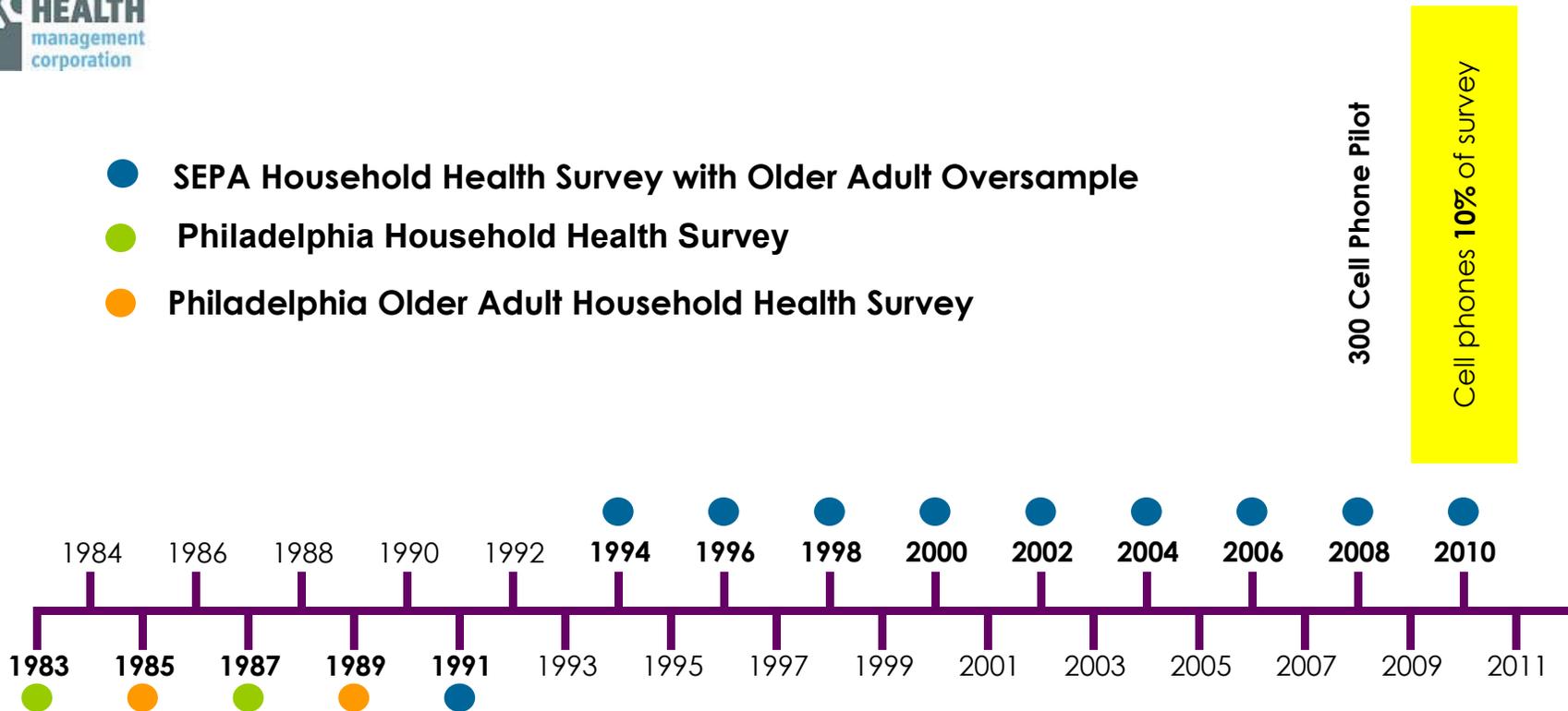


The CHDB Network Is supported by

- The Pew Charitable Trusts
- William Penn Foundation
- United Way of Southeastern Pennsylvania
- The Green Tree Community Health Foundation
- The Cigna Foundation
- The Philadelphia Foundation
- The United Way of North Penn
- The North Penn Community Health Foundation
- Thomas Scattergood Foundation

And nearly 400 Member and Affiliate organizations across Southeastern Pennsylvania

- SEPA Household Health Survey with Older Adult Oversample
- Philadelphia Household Health Survey
- Philadelphia Older Adult Household Health Survey



The 2010 Survey:

- 12th Survey in over 10,000 HHs in SEPA
- Oversamples of adults 60+ and 75+

HP 2010 Goals Set

Healthy People 2010

HP 2010 Goals Measured

HP 2020 Goals Set

300 Cell Phone Pilot

Cell phones 10% of survey

New Samples and Surveys

NEW! 2010 Cell Phone Sample

1,000 SEPA interviews conducted by cell phone as part of the SEPA Household Health Survey

NEW! Topics

NEW! Berks-Lancaster-Schuylkill (BLS) Household Health Survey

First fielded summer of 2008; 3,000 households surveyed across the three counties.

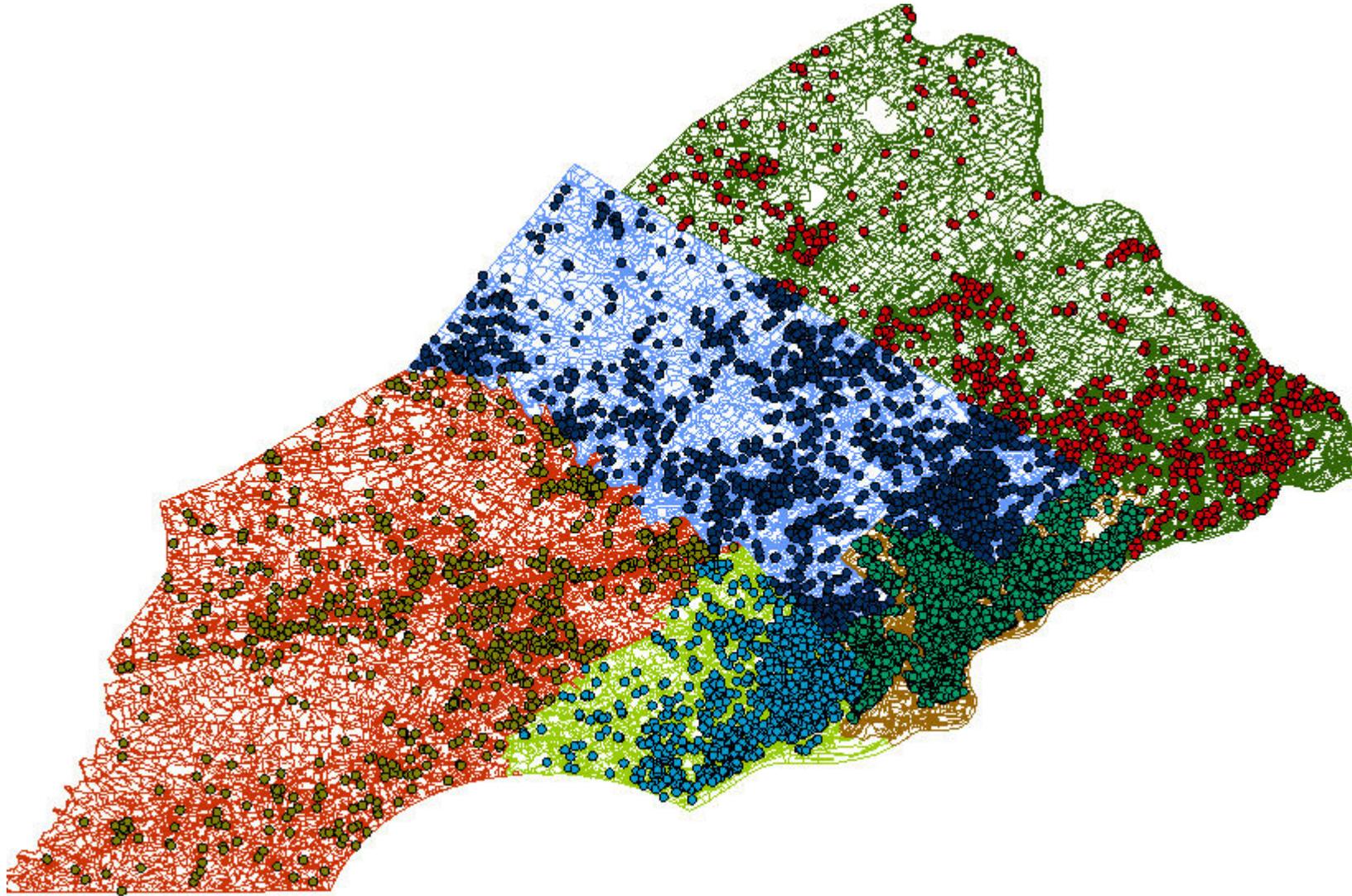
Second B-L-S survey taking place later this month (February 2011)!

NEW! NJ Children's Health Survey

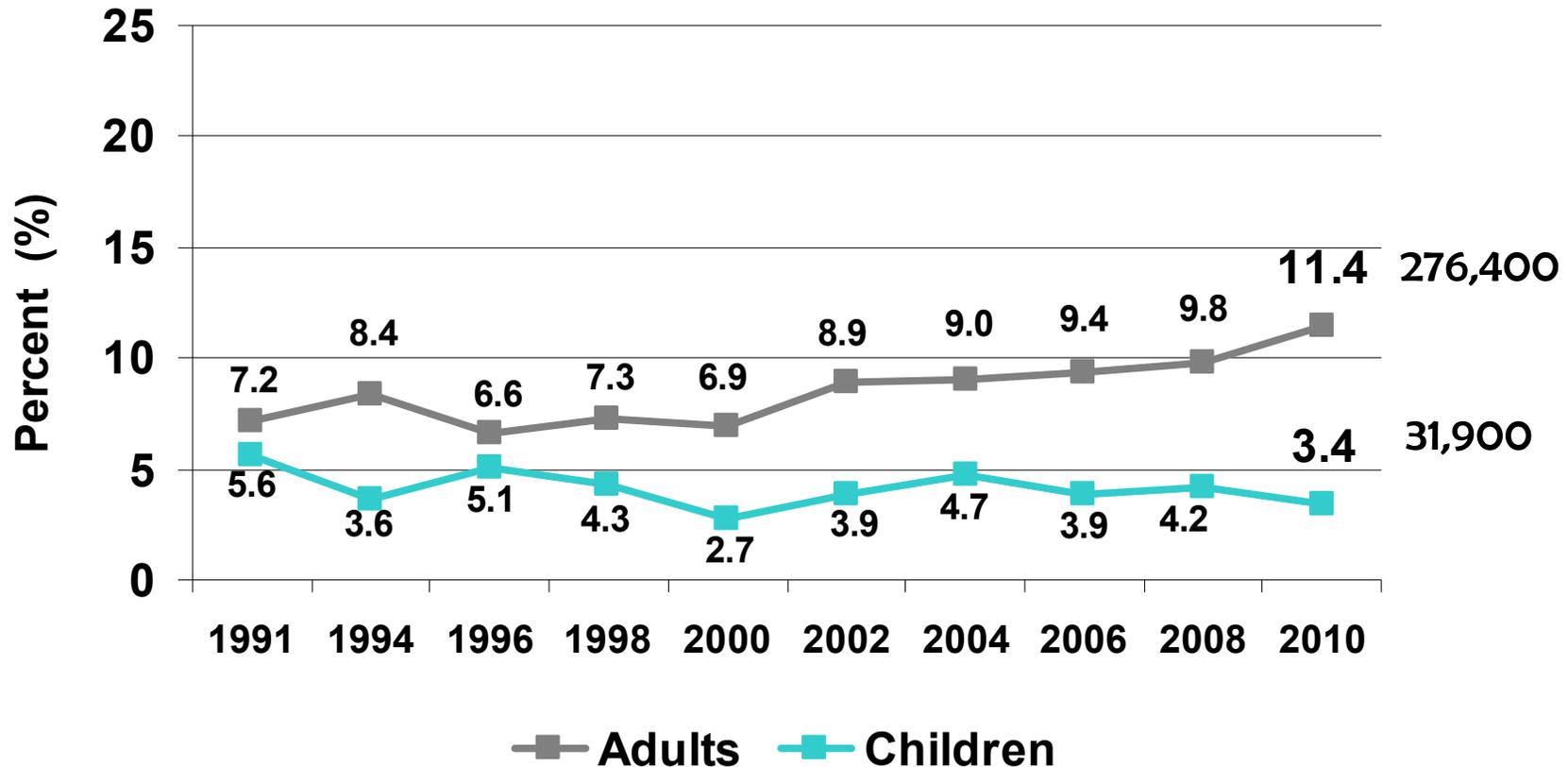
Survey of 1,000 households with children (0-17 yrs) in Mercer County, NJ.

Will be fielded this Spring (May 2011)!

Who Was Interviewed?



Uninsured Adults (18-64) and Children (0-17), Southeastern Pennsylvania, 1991-2010

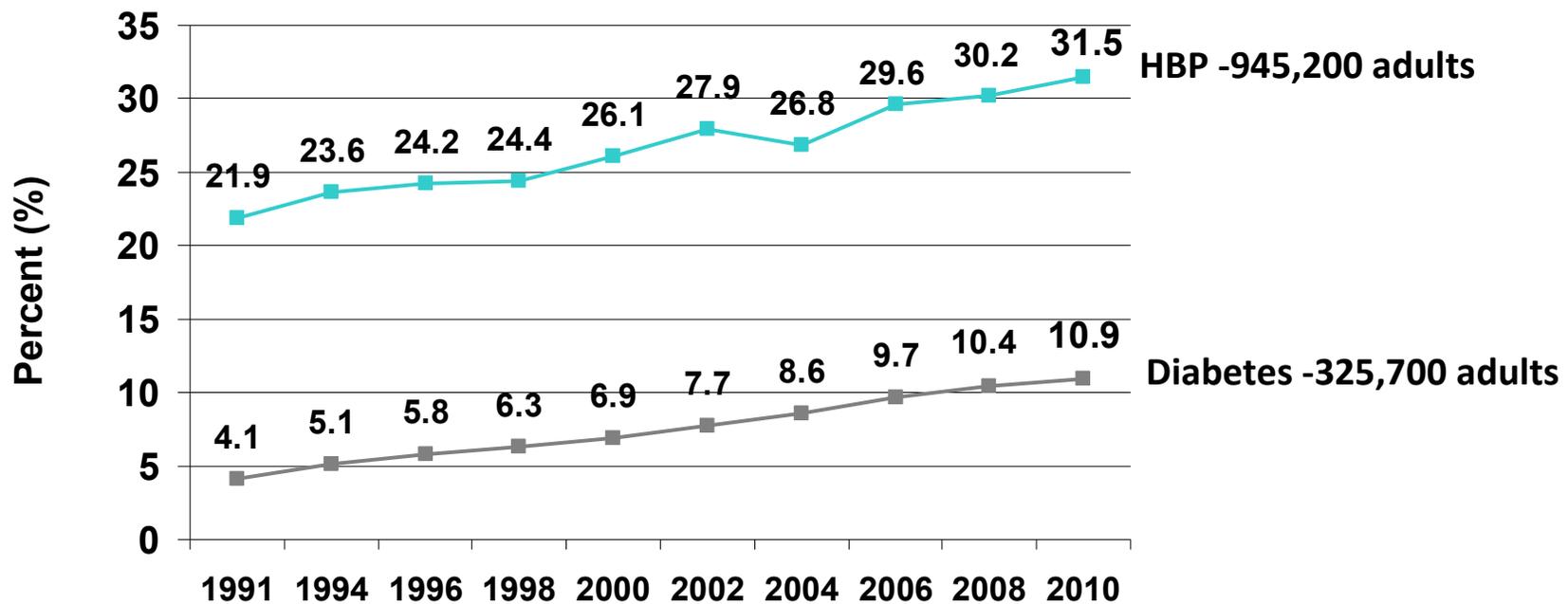


In 2010, 11% of adults have no public or private health insurance; this represents about 276,400 individuals.

Approximately 31,900 children are uninsured (3.4%).

Chronic Health Conditions Among Adults (18+), Southeastern Pennsylvania, 1991-2010

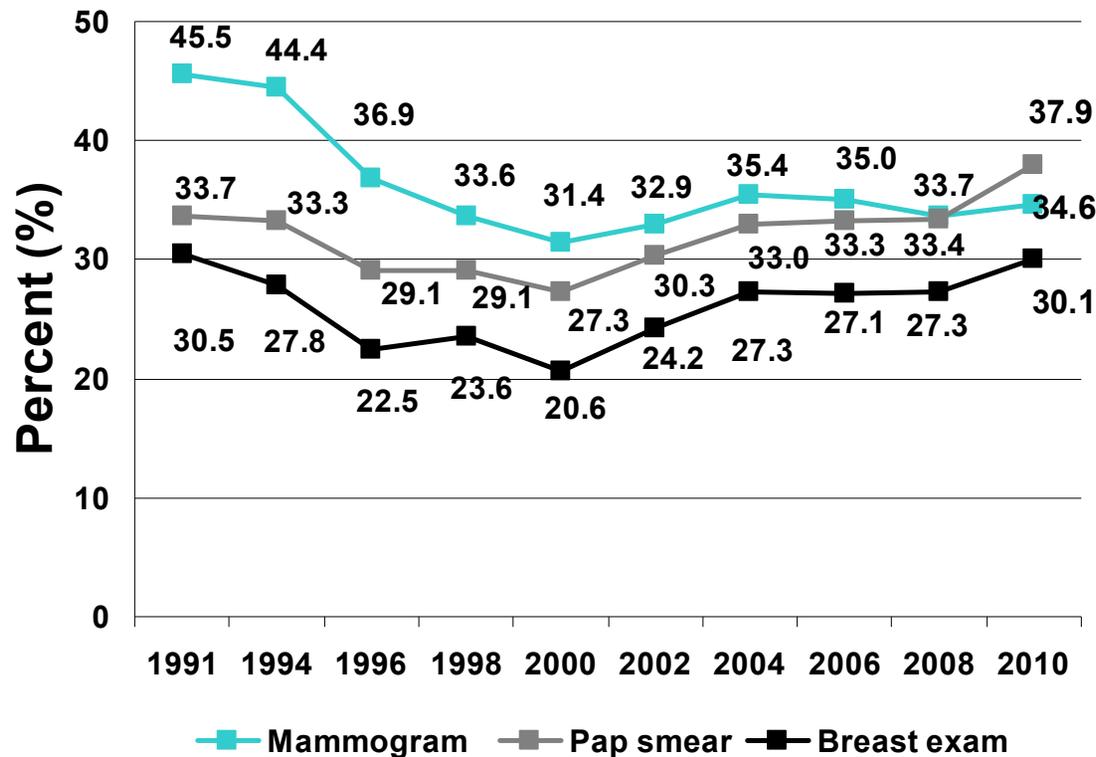
Similar to the nation, key indicators of health status in our region's residents have not improved that much despite advances in medical care.



- **NEW: 13.9% of adults (18+) in SEPA have a physical, mental, or emotional disability.**

¹ NOTE: Beginning in the 2004 survey, the wording of the question about high blood pressure and diabetes was changed slightly. Respondents were asked if they EVER had high blood pressure or diabetes. In past survey years, respondents were asked if they currently have high blood pressure or diabetes.

Women (18+) Who **Did Not** Receive Selected Cancer Screenings in the Past Year, Southeastern Pennsylvania, 1991-2010

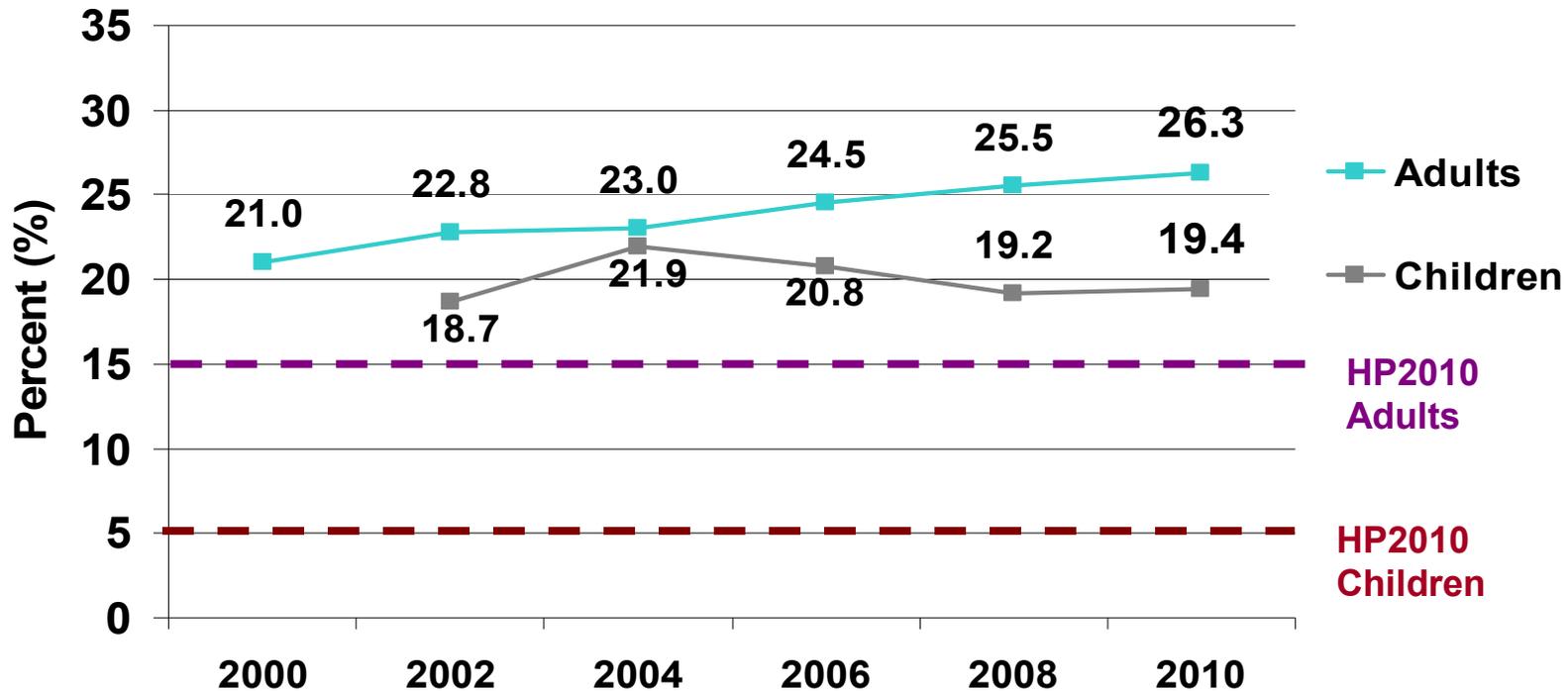


- Cancer is the second leading cause of death in the United States.
- Early detection greatly increases the survival rate and enables many women to have less invasive treatments.
- Many women are still not receiving the recommended cancer screenings.

Notes: ¹ Mammogram asked of female adult respondents 40 years of age and older.

² Pap smear and breast exam asked of female adult respondents 18 years of age and older.

BMI-based Obesity Among Adults (20+) and Children (6-17), Southeastern Pennsylvania, 2000-2010



Notes: ¹ Adult obesity is defined as a score of 30 or greater on the Body Mass Index (BMI).

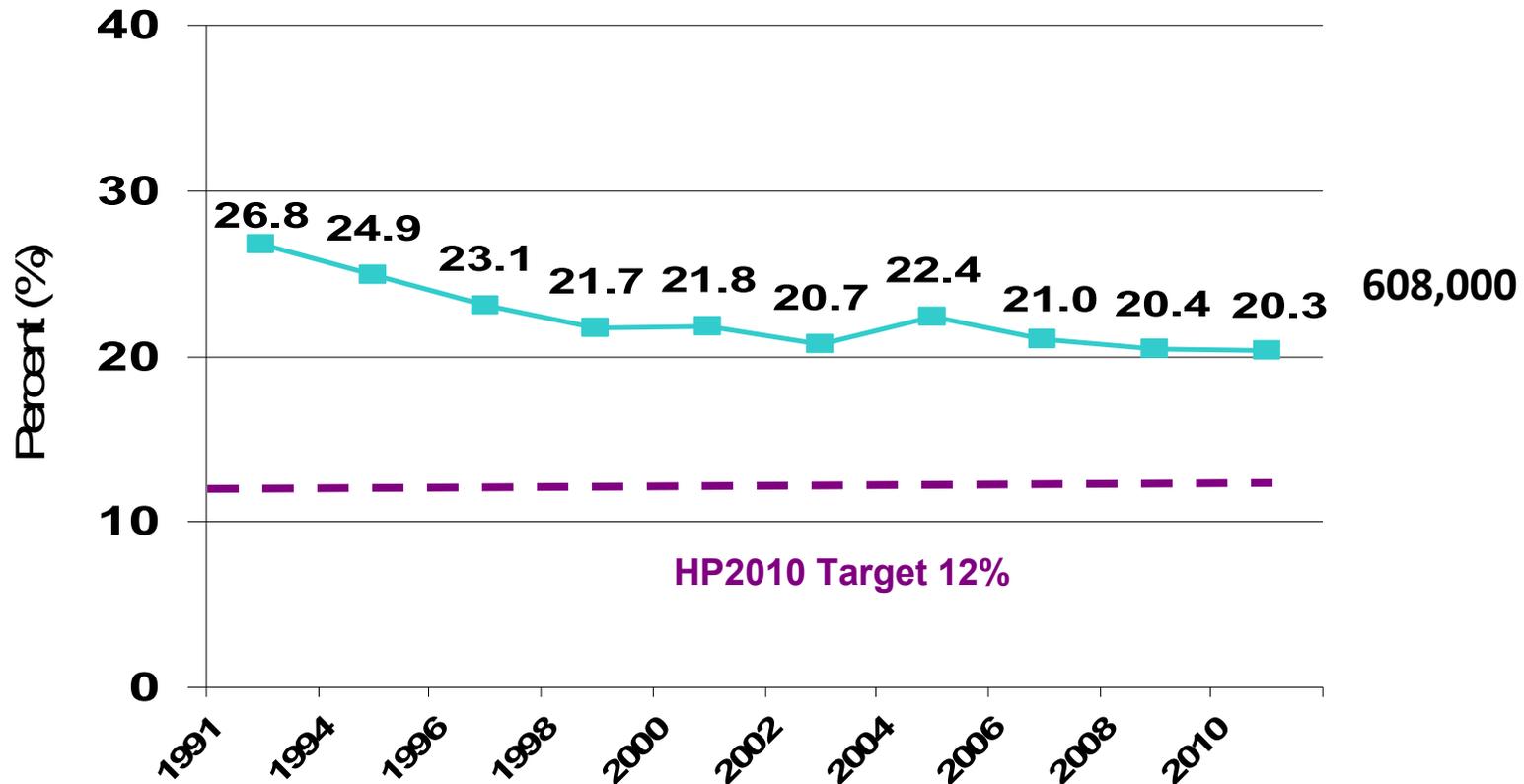
² Children who score in the 95th percentile or higher for their age on the Body Mass Index (BMI) are considered obese.

HP 2010 targets:

Reduce the proportion of obese adults to 15%.

Reduce the proportion of overweight children to 5%.

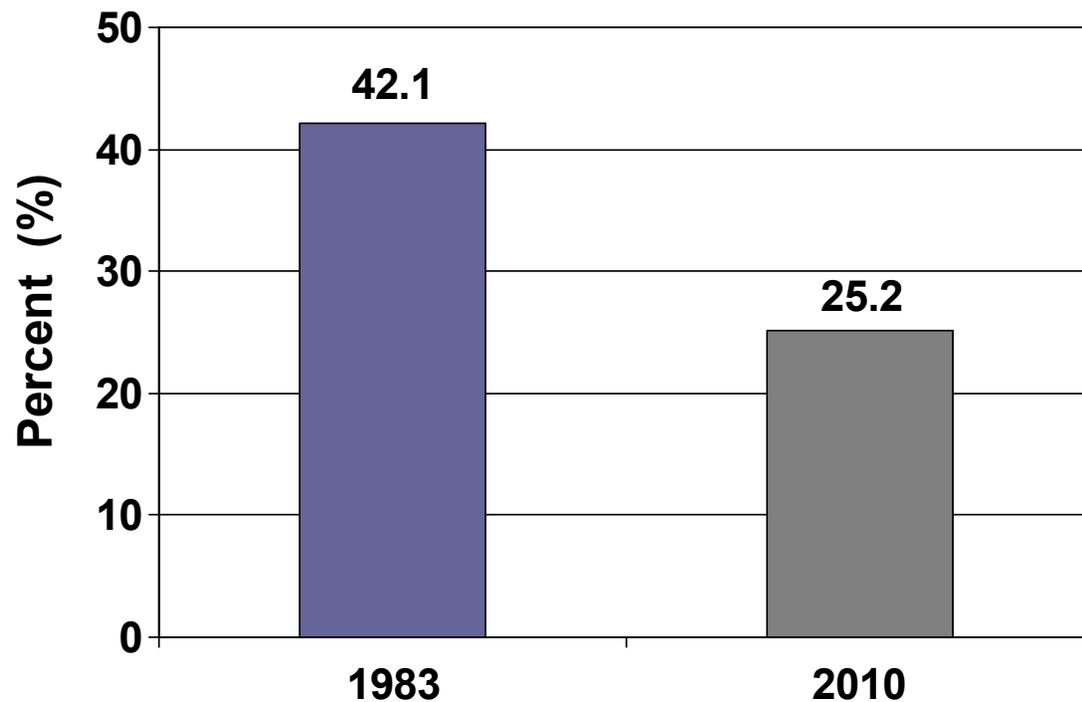
Cigarette Smoking Among Adults (18+), Southeastern Pennsylvania, 1991-2010



NOTE: Beginning with the 2004 survey, the wording of the smoking question was changed slightly. Instead of asking respondents if they currently smoke, as was asked in previous survey years, respondents were asked if they smoke every day, some days or not at all.

Flashback! **Philadelphia** then & now...

Cigarette Smoking Among Philadelphia Adults (18+), 1983 and 2010



63% smoke menthol
cigarettes.

63% purchase cigarettes
at a convenience or
corner store.

11% of smokers purchase
loose cigarettes.

NOTE: Beginning with the 2004 survey, the wording of the smoking question was changed slightly. Instead of asking respondents if they currently smoke, as was asked in previous survey years, respondents were asked if they smoke every day, some days or not at all.

New questions for 2010

Pet Ownership among Older Adults

Menu Labeling

Disability Status

Addiction and Recovery Experiences

Commuting

HIV status

Problem Gambling Behavior

Attitudes about Addiction

Cigarette Purchases

Sugary Beverage Consumption

Internet Access and Use

Menu Labeling

More than four in ten (41.9%) Philadelphia adults changed their restaurant order based on new nutrition menu labels.

Of these, more than a third (38%) of adults switched their order to a lower calorie food when presented with nutritional information, Surprisingly, 1 in 25 (3.9%) ordered a higher calorie food.

Pet Ownership among Older Adults

Menu Labeling

Disability Status

Addiction and Recovery Experiences

Commuting

HIV status

Problem Gambling Behavior

Attitudes about Addiction

Cigarette Purchases

Sugary Beverage Consumption

Internet Access and Use

Addiction and Recovery Experiences

Nearly one in ten SEPA adults (9.0%) have ever had an alcohol or drug problem.

Pet Ownership among Older Adults

Menu Labeling

Disability Status

Addiction and Recovery Experiences

Commuting

HIV status

Problem Gambling Behavior

Attitudes about Addiction

Cigarette Purchases

Sugary Beverage Consumption

Internet Access and Use

More than a third (34.6%) of SEPA adults participate in gambling.

Problem Gambling Behavior

Pet Ownership among Older Adults

Menu Labeling

Disability Status

Addiction and Recovery Experiences

Commuting

HIV status

Problem Gambling Behavior

Attitudes about Addiction

Cigarette Purchases

Sugary Beverage Consumption

Internet Access and Use

One in ten children in Philadelphia (10%) and one in ten adults (18+ yrs) in Philadelphia (11.5%) drink soda at least once a day.

Fifteen percent of adults and 20.8% of children in Philadelphia drink fruit juices or bottled teas at least once daily.

Sugary Beverage Consumption

Pet Ownership among Older Adults

Menu Labeling

Disability Status

Addiction and Recovery Experiences

Commuting

HIV status

Problem Gambling Behavior

Attitudes about Addiction

Cigarette Purchases

Sugary Beverage Consumption

Internet Access and Use

Almost one in five SEPA adults never use the internet, representing approximately 563,000 adults.

Older adults are more likely than younger adults to **never** use the Internet:

7% (18-39 yrs)
11% (40-49 yrs)
17% (50-59 yrs)
30% (60-74 yrs)
65% (75+ yrs)

Internet Access and Use

You can find our tools:

On our homepage @ www.CHDBdata.org



Welcome

Since 1983, Public Health Management Corporation's (PHMC) Community Health Data Base (CHDB) has served the information needs of health and human service agencies in the Southeastern Pennsylvania region by providing up-to-date and reliable community-level health and social service data.

The CHDB is funded by the [Pew Charitable Trusts](#), the [William Penn Foundation](#), the [United Way of Southeastern Pennsylvania](#), & local hospital systems & health and human service organizations.

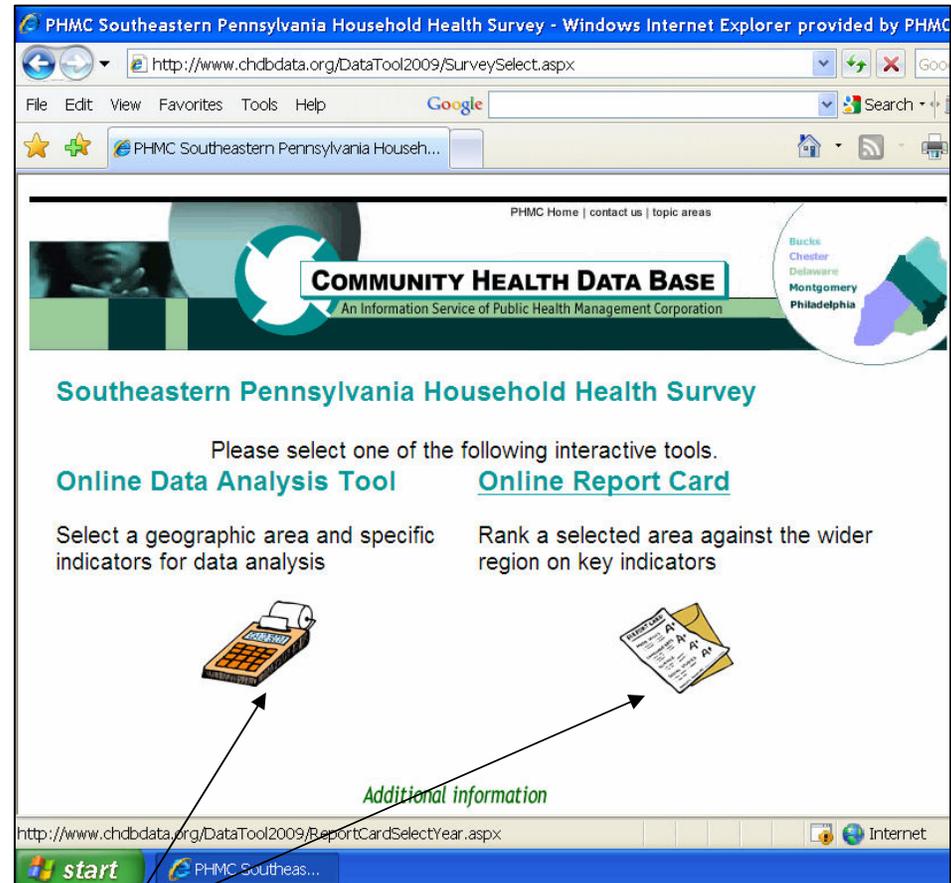
Please visit the CHDB website monthly for new data findings and member highlights!

Data Analysis TOOL

Username Password

[not a member?](#)
[forgot your password?](#)

Login here!



PHMC Southeastern Pennsylvania Household Health Survey - Windows Internet Explorer provided by PHMC

<http://www.chdbdata.org/DataTool2009/SurveySelect.aspx>

PHMC Home | contact us | topic areas

COMMUNITY HEALTH DATA BASE
An Information Service of Public Health Management Corporation

Southeastern Pennsylvania Household Health Survey

Please select one of the following interactive tools.

Online Data Analysis Tool
Select a geographic area and specific indicators for data analysis

Online Report Card
Rank a selected area against the wider region on key indicators

[Additional information](#)

<http://www.chdbdata.org/DataTool2009/ReportCardSelectYear.aspx>

Our two tools