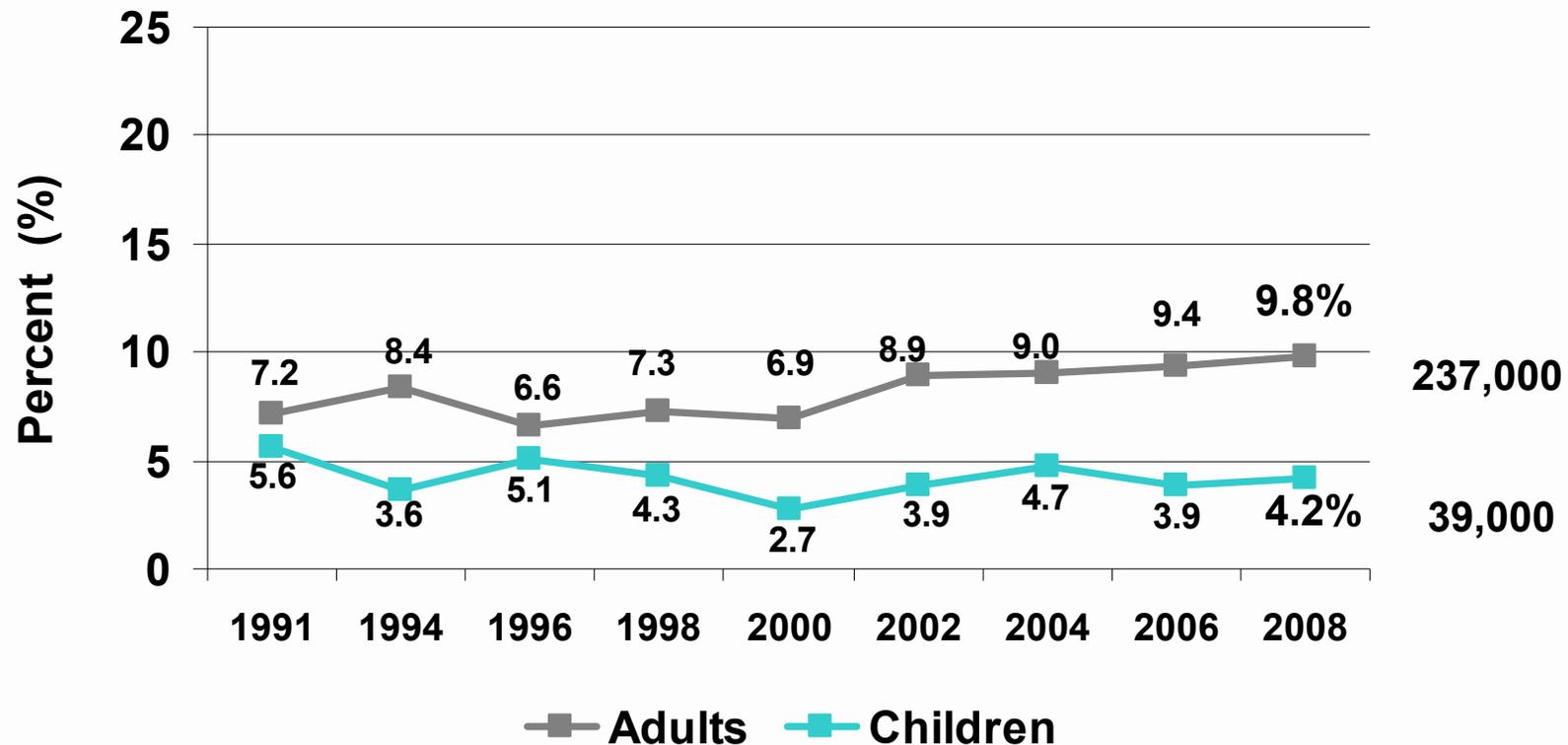


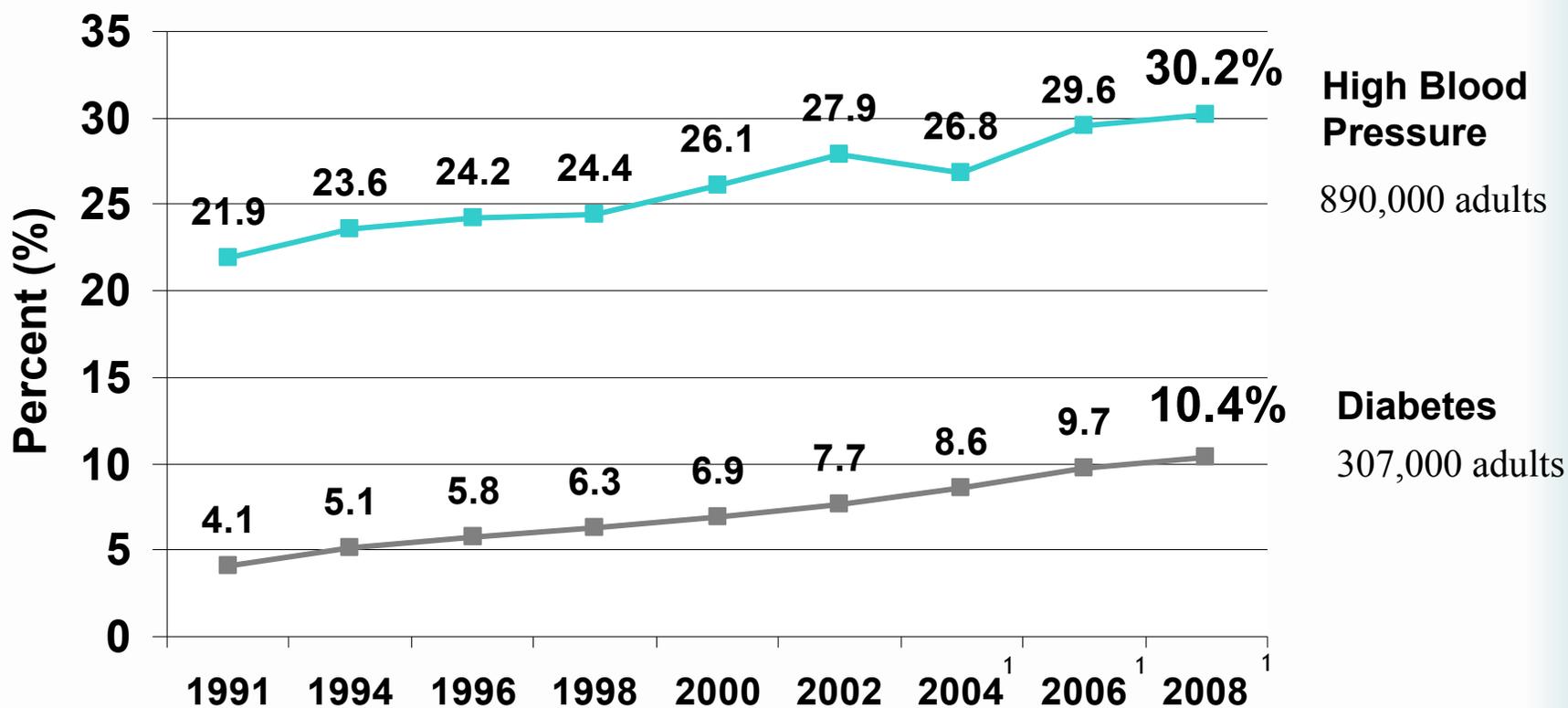
Uninsured Adults (18-64) and Children (0-17), Southeastern Pennsylvania, 1991-2008



- ◆ Close to 10% of adults (18-64) in SEPA have no private or public insurance; this represents about 237,000 individuals.
- ◆ Over 4% of children are uninsured, representing nearly 40,000 children.

Data Source: PHMC's Community Health Data Base, 1991-2008 Southeastern Pennsylvania Household Health Surveys.

Chronic Health Conditions Among Adults (18+), Southeastern Pennsylvania, 1991-2008

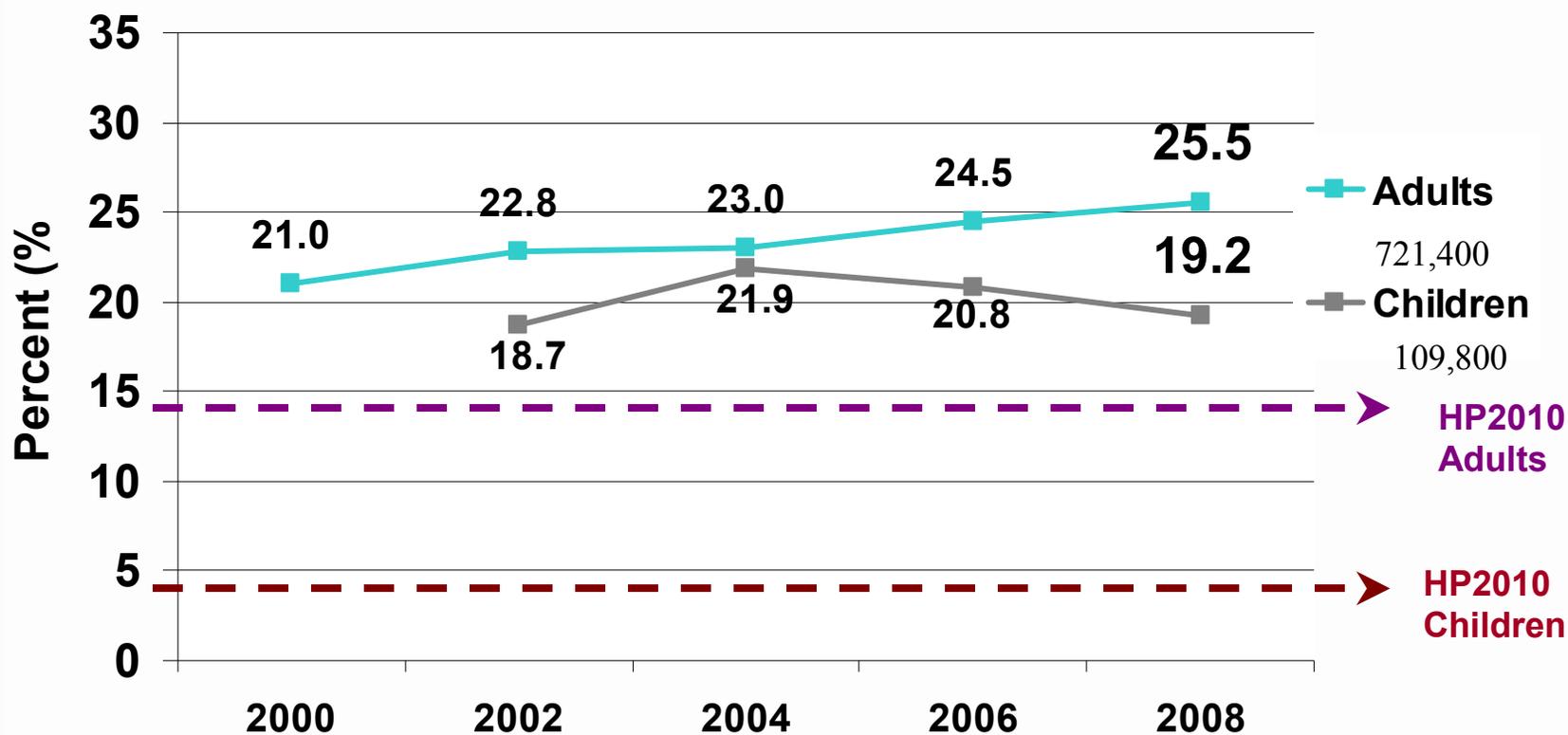


¹ NOTE: Beginning in the 2004 survey, the wording of the question about high blood pressure and diabetes was changed slightly. Respondents were asked if they EVER had high blood pressure or diabetes. In past survey years, respondents were asked if they currently have high blood pressure or diabetes.

- Similar to the nation, key indicators of health status in our region's residents have not improved that much despite advances in medical care.

Data Source: PHMC's Community Health Data Base, 1991-2008 Southeastern Pennsylvania Household Health Surveys.

BMI-based Obesity Among Adults (20+) and Children (6-17), Southeastern Pennsylvania, 2000-2008



Notes: ¹ Adult obesity is defined as a score of 30 or greater on the Body Mass Index (BMI).

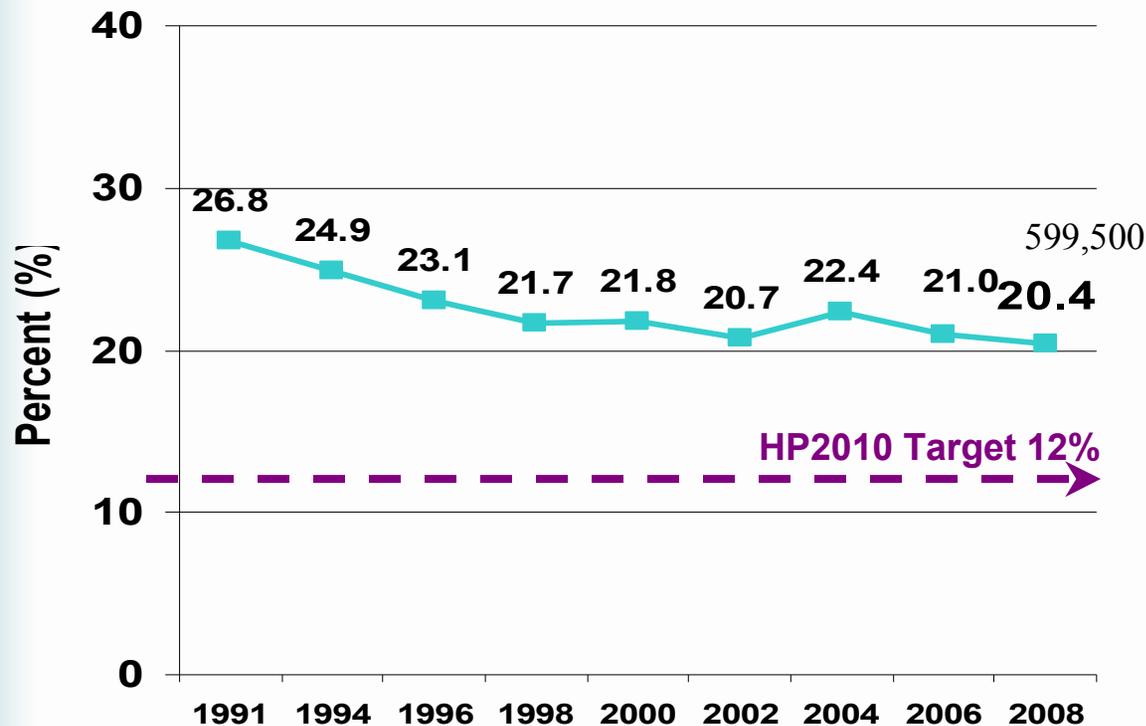
² Children who score in the 95th percentile or higher for their age on the Body Mass Index (BMI) are considered obese.

HP 2010 targets:

- Reduce the proportion of obese adults to 15%.
- Reduce the proportion of overweight children to 5%.

Data Source: PHMC's Community Health Data Base, 1991-2008 Southeastern Pennsylvania Household Health Surveys.

Cigarette Smoking Among Adults (18+), Southeastern Pennsylvania, 1991-2008

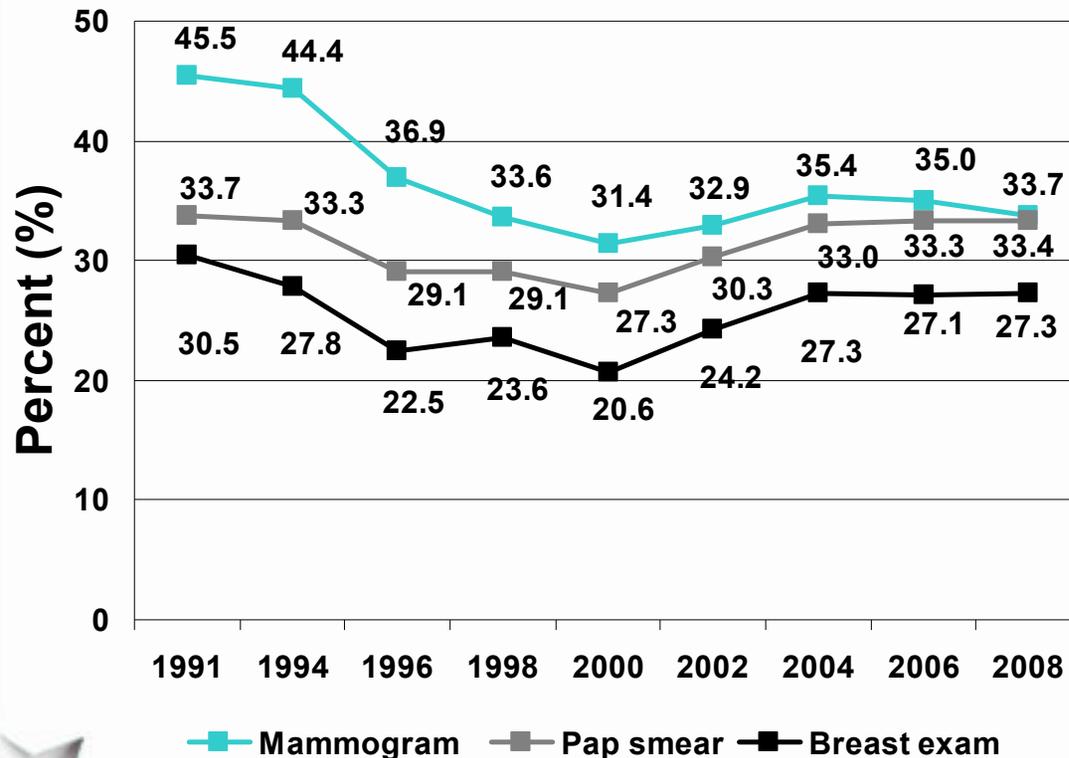


- Of those adults who smoke in the region, 54% tried to quit in the last year.

- Almost six in ten of those who attempted to quit in the last year tried to quit without assistance. About one in five used nicotine replacement therapy.

NOTE: Beginning with the 2004 survey, the wording of the smoking question was changed slightly. Instead of asking respondents if they currently smoke, as was asked in previous survey years, respondents were asked if they smoke every day, some days or not at all.

Women (18+) Who Did Not Receive Selected Cancer Screenings in the Past Year, Southeastern Pennsylvania, 1991-2008



- Cancer is the second leading cause of death in the United States.
- Early detection greatly increases the survival rate and enables many women to have less invasive treatments.
- Many women are still not receiving the recommended cancer screenings.

Notes: ¹ Mammogram asked of female adult respondents 40 years of age and older.

² Pap smear and breast exam asked of female adult respondents 18 years of age and older.

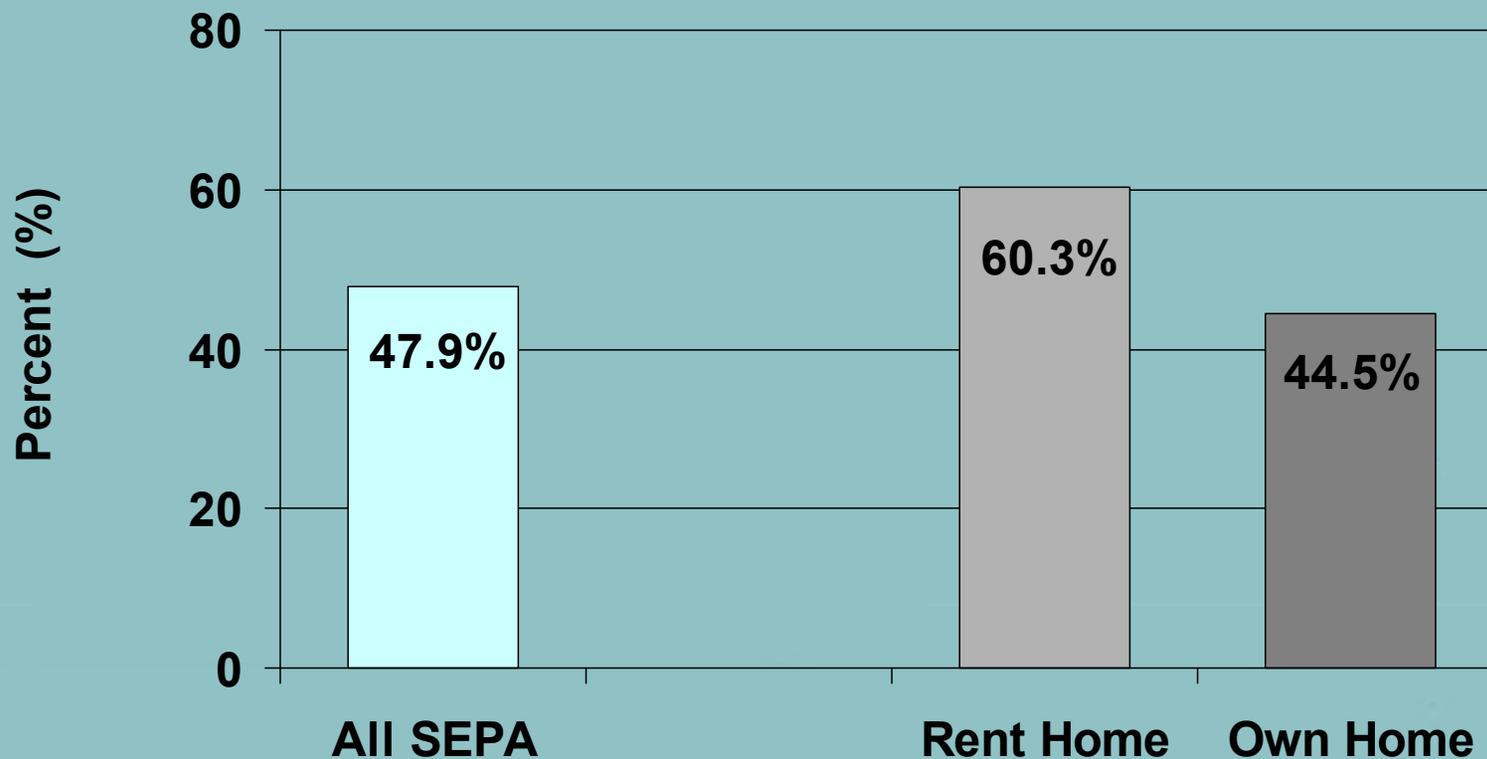
2008 New and Returning Questions

- **Children and eyeglasses**
- **Physical activity**
- **Use of neighborhood recreational facilities**
- **Access to quality produce**
- **Aging in place**
- **Difficulty paying for housing**
- **Sleep debt**

New Questions, New Data

For the first time, the 2008 Household Health Survey asked respondents how difficult they find making their monthly housing payments, including utilities.

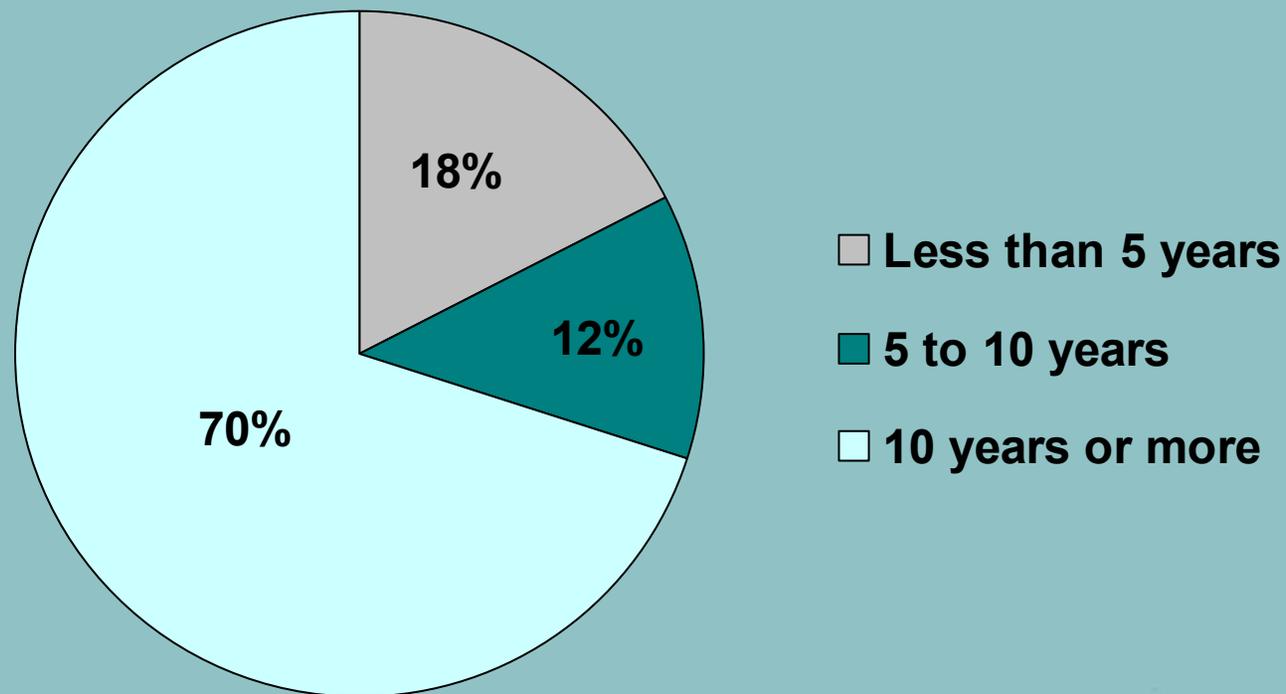
Percent Adults (18+) Who Report that Paying Monthly Housing Costs is Somewhat or Very Difficult, SEPA, 2008



Data Source: PHMC's Community Health Data Base, 2008 Southeastern Pennsylvania Household Health Survey.

New Questions, New Data

In 2008, older adults 65+ were asked how long they wanted to live in their current homes.



- The majority of older adults – seven out of ten – would prefer to stay in their home for the next decade.

Data Source: PHMC's Community Health Data Base, 2008 Southeastern Pennsylvania Household Health Survey.

New Samples and Surveys

NEW! 2008 Cell Phone Sample Pilot

300 Philadelphia interviews conducted by cell phone as part of the SEPA Household Health Survey

NEW! Berks-Lancaster-Schuylkill (BLS) Household Health Survey

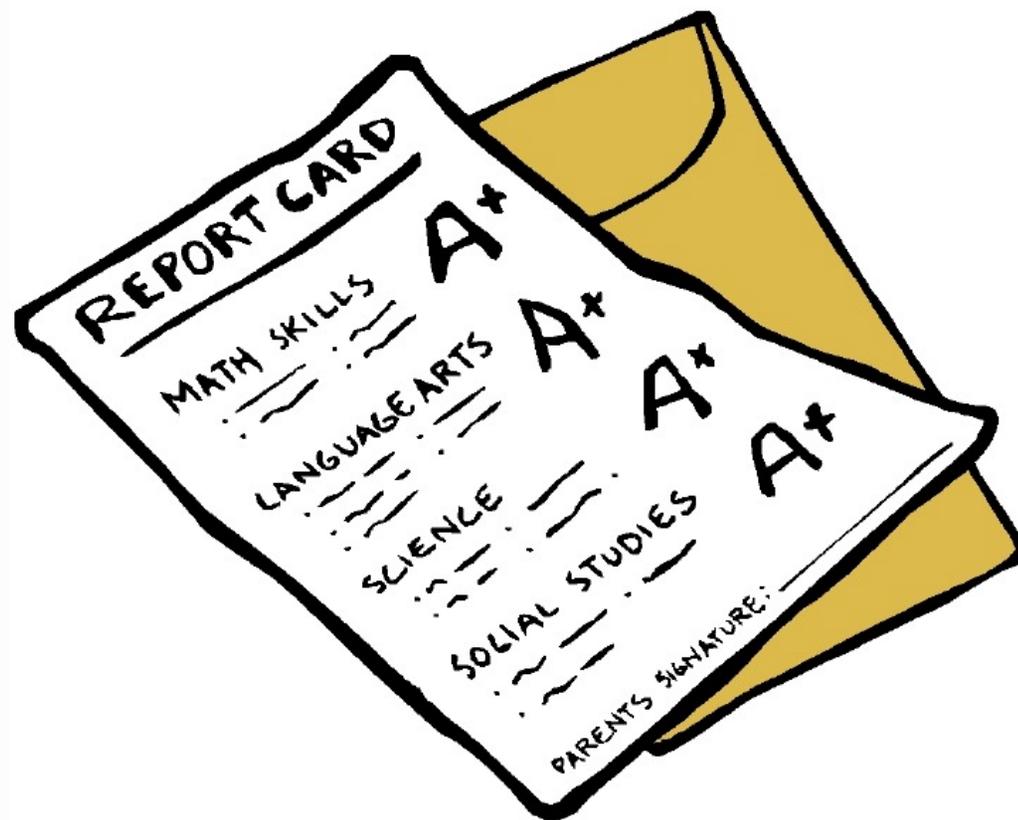
Fielded this past summer at the same time as SEPA HHS

3,000 Households surveyed across the three counties

NEW! Allegheny and Centre Counties Household Health Surveys

To be fielded in Summer 2009

Coming Soon! New Online Report Card



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