



**COMMUNITY
HEALTH
DATA BASE**
a PHMC resource

• 2015

**HOUSEHOLD HEALTH SURVEY
DATA RELEASE**



AGENDA

- ✓ 9:45 - Introductions
 - *Richard Cohen, CEO*
- ✓ 9:50 - The 2015 Household Health Survey
 - *Francine Axler & Kyle Loder*
- ✓ 10:30 - Breakfast & Data Distribution

The Community Health Data Base



- A population health resource
- Provides community-level health and social service data
- Has served the Southeastern PA region since 1991.
- One of the largest local surveys in the country
- Only survey collecting data in such depth and low levels of geography





The Southeastern Pennsylvania Household Health Survey

The survey provides primary data on a broad range of health topics and can be used by various departments within an organization to:

- Assess a community's health status;
- Identify current and future health/social service needs;
- Provide baseline information to monitor progress toward goals; and
- Target, develop and market programs and services to meet the needs of the communities they serve

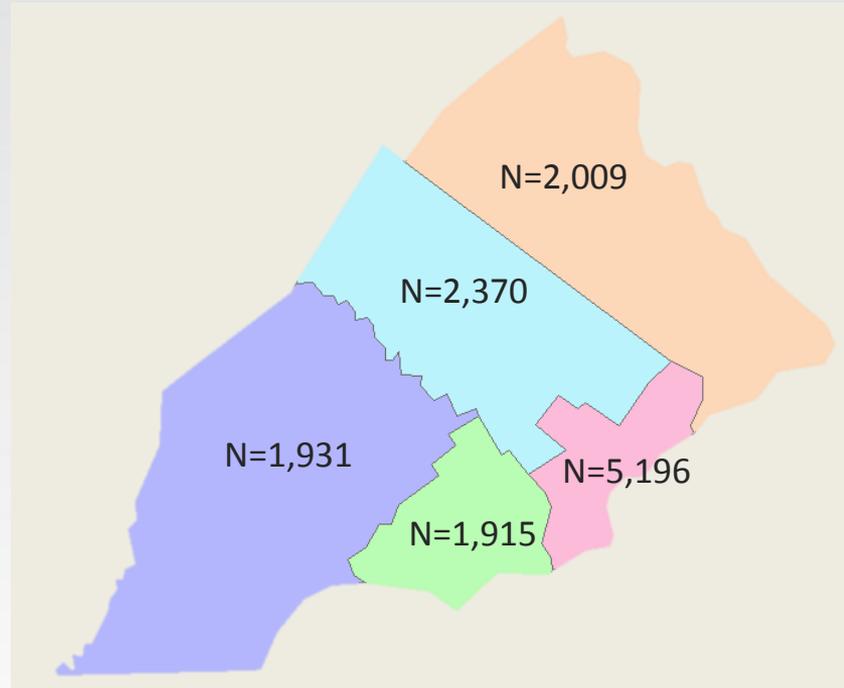
The CHDB Network

- The Pew Charitable Trusts
- United Way of Greater Philadelphia and Southern New Jersey
- The Green Tree Community Health Foundation
- The North Penn Community Health Foundation
- The United Way of North Penn
- The Thomas Scattergood Foundation

And 400+ member and affiliate foundations, hospitals, health systems, universities, government agencies and non-profits across the region.

Southeastern PA Survey Map

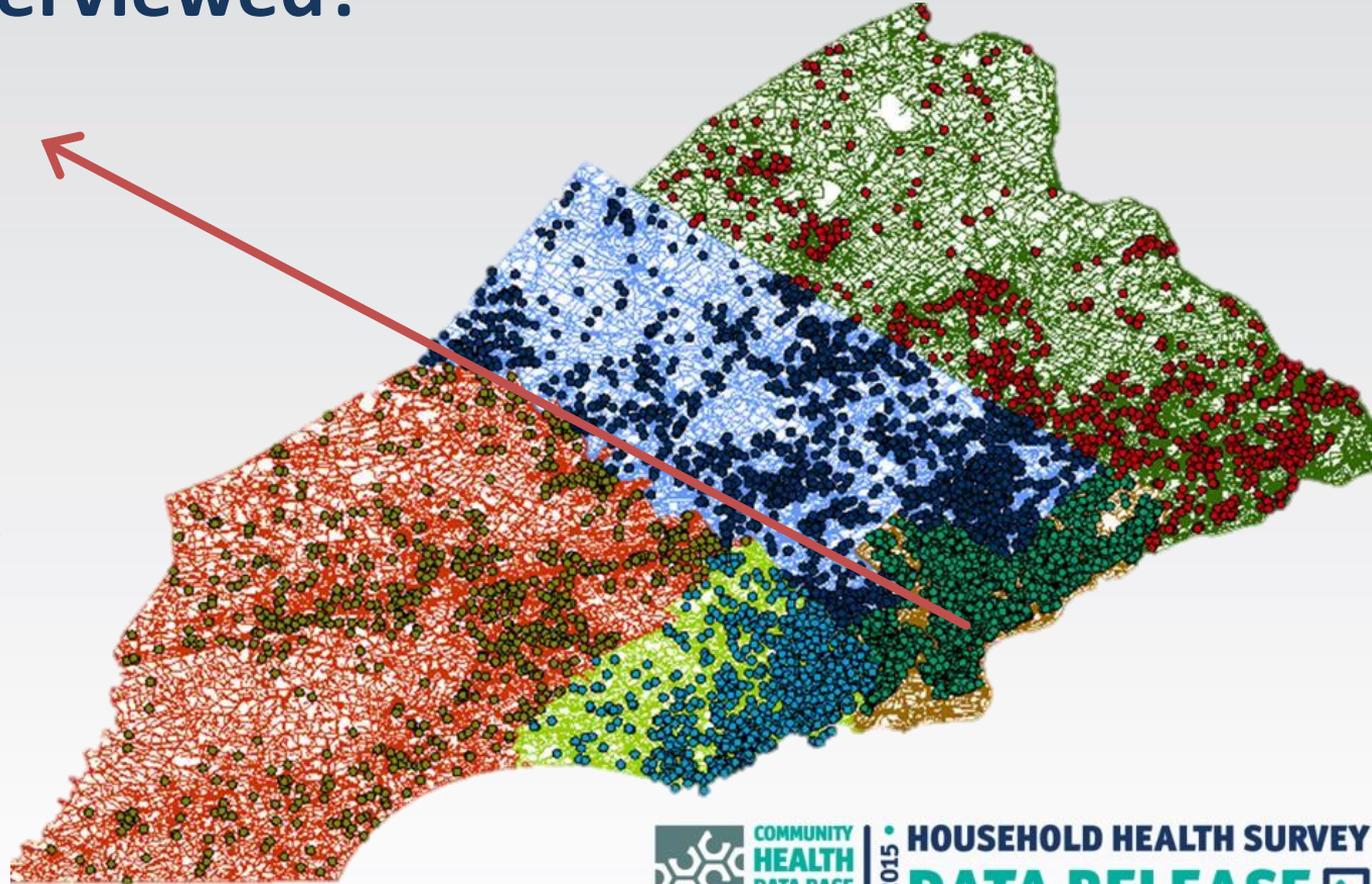
- Survey conducted in Bucks, Chester, Delaware, Montgomery and Philadelphia Counties
- Landlines and Cell phones
- Survey conducted in English and Spanish
- Children, Adults and Elder Adults



Who Was Interviewed?

As luck would have it, our very own Richard J. Cohen was interviewed at home in Philadelphia!

All interviews are geocoded, allowing us to determine where, geographically, issues are the most critical...

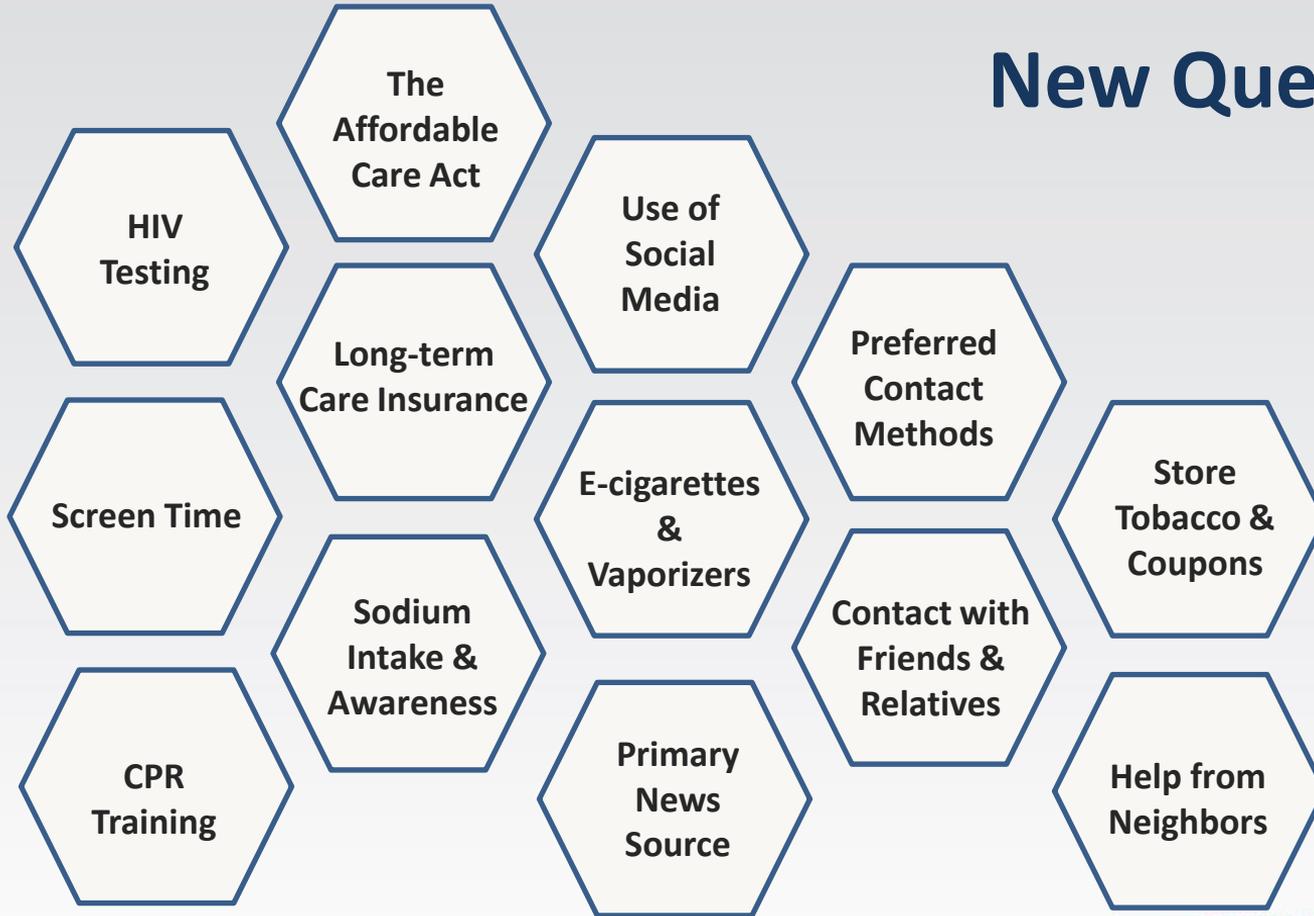


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New Questions in 2015



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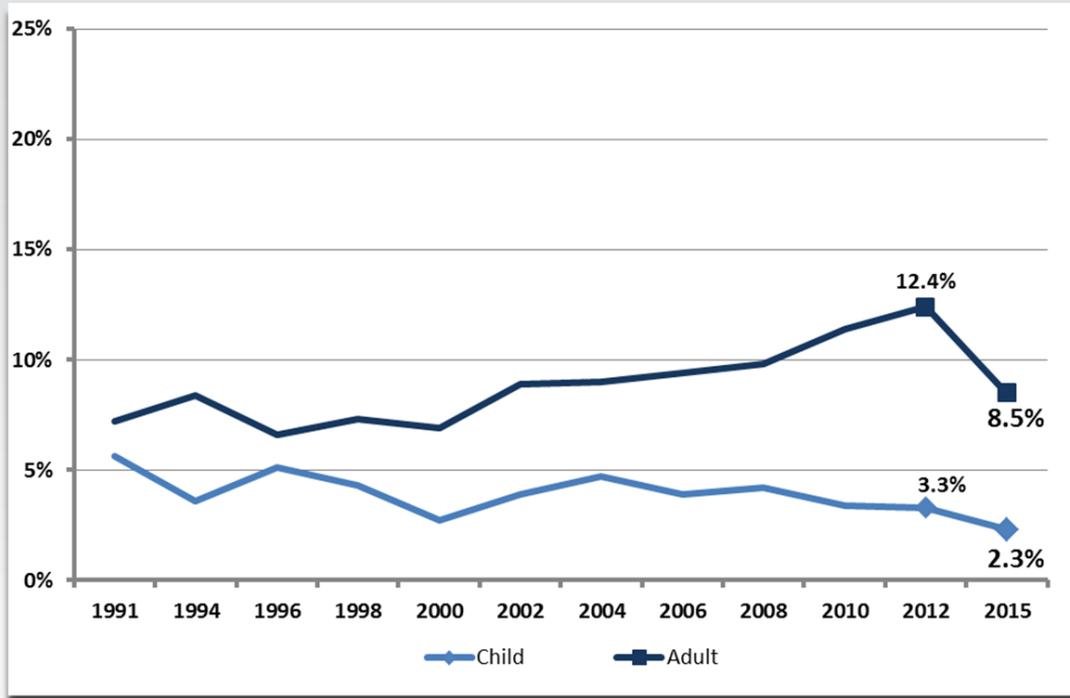
HOUSEHOLD HEALTH SURVEY
DATA RELEASE

Access to Care

Having health insurance and a regular place to go when sick are important factors in helping to ensure continuity of care over time



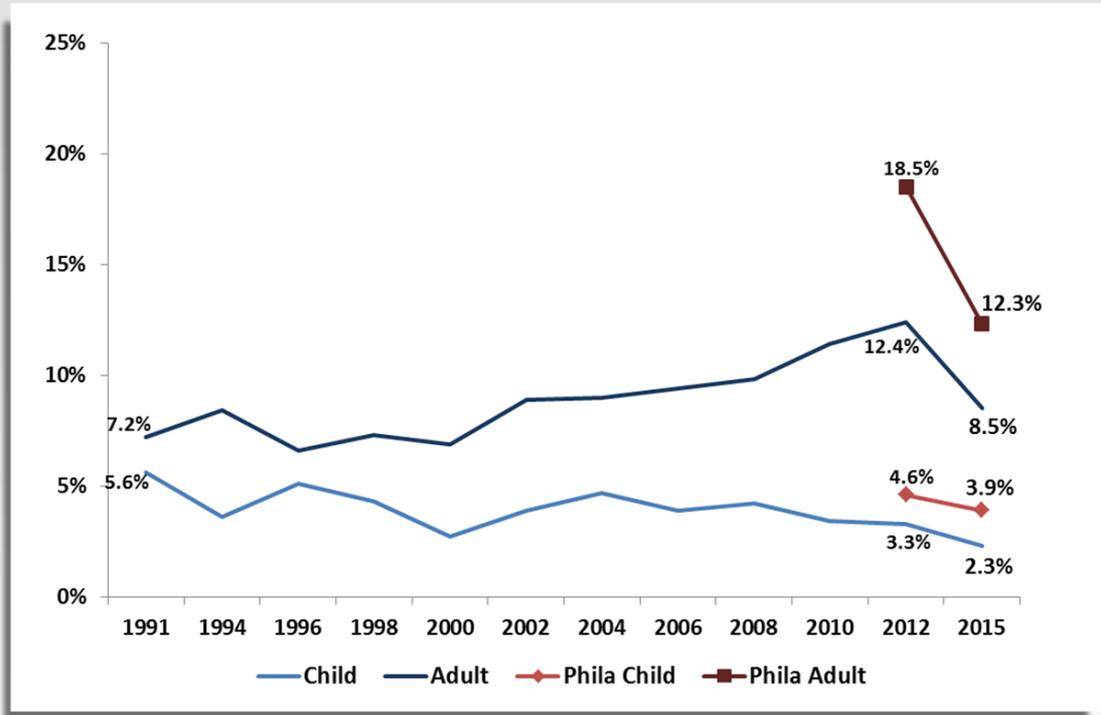
Uninsured Adults (18-64) And Children (0-17) in SEPA



211,644
Adults
21,313
Children

Source: PHMC's Community Health Data Base, 1991-2015 Southeastern Pennsylvania Household Health Surveys

Uninsured Adults (18-64) And Children (0-17) Philadelphia Comparison



117,257
Phila. Adults

13,122
Phila. Children

Source: PHMC's Community Health Data Base, 1991-2015 Southeastern Pennsylvania Household Health Surveys

The Uninsured in SEPA (18-64)

- Younger adults (18-34) are twice as likely to lack health insurance as their older counterparts (35-64).
- Latino adults are more likely to be uninsured than any other race or ethnicity.
- Males are more likely than females to be uninsured



Why No Insurance?

#1 Reason why adults lack insurance:

 ***“Cost is too high”***

- Followed by:
- “Person in family with health insurance lost job or changed employers”
- “Employer does not offer coverage/or not eligible”
- “Difficulties associated with the healthcare.gov website”



Cost Barriers to Care

- With or without health insurance, more than 323,000 (10.2%) adults in SEPA were sick at some point in the past year but did not seek care due to the cost.
- More than one in seven adults did not fill a prescription due to the cost.
- Nearly 35,000 children in SEPA did not receive dental care due to the cost.



New Questions in 2015



The
Affordable
Care Act

Some questions on the Affordable Care Act include:

- Ever looked into purchasing coverage through Healthcare.gov?
- How difficult to find a plan with affordable premiums?
- How difficult to find a plan that is affordable to *use*?
- Ever enrolled in a plan through the ACA?



Health
Care
.gov

Affordable Care Act

More than 520,000, or 21% of adults below the age of 65 in SEPA looked into buying insurance through Healthcare.gov

Affordable Care Act

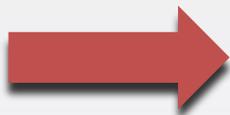
More than 520,000, or 21% of adults below the age of 65 in SEPA looked into buying insurance through Healthcare.gov



Of those who looked into buying insurance on healthcare.gov, **67.4%** found it very or somewhat difficult to find a plan with **monthly premiums** they could afford...

Affordable Care Act

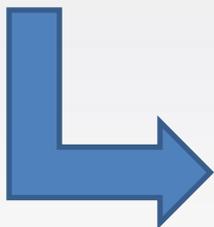
More than 520,000, or 21% of adults below the age of 65 in SEPA looked into buying insurance through Healthcare.gov



Of those who looked into buying insurance on healthcare.gov, **68.7%** found it very or somewhat difficult to find a plan they could afford to USE, with **reasonable copays and deductibles...**

Affordable Care Act

More than 520,000, or 21% of adults below the age of 65 in SEPA looked into buying insurance through Healthcare.gov



36.9% of those who looked into buying insurance through healthcare.gov, or more than 190,000 SEPA adults, **enrolled** in a plan.

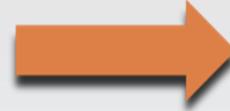
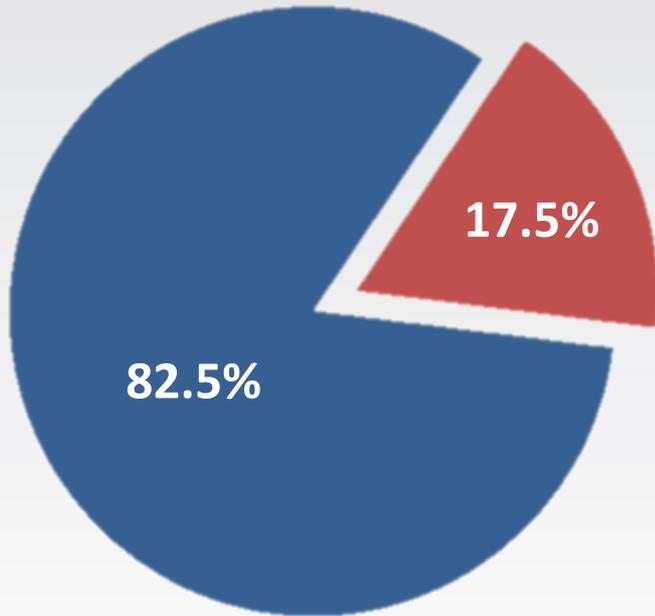
Health Status & Health Indicators

In 2015, **17.7%** of adults report being in fair or poor health – a slight uptick from 2012, when only **16.3%** of adults reported being in fair or poor health.

There was little change from 2012 to 2015 with regard to parents' perceptions of their child's health status:

- 2012: **4.8%** in Fair/Poor Health
- 2015: **4.7%** in Fair/Poor Health

Mental Health Treatment

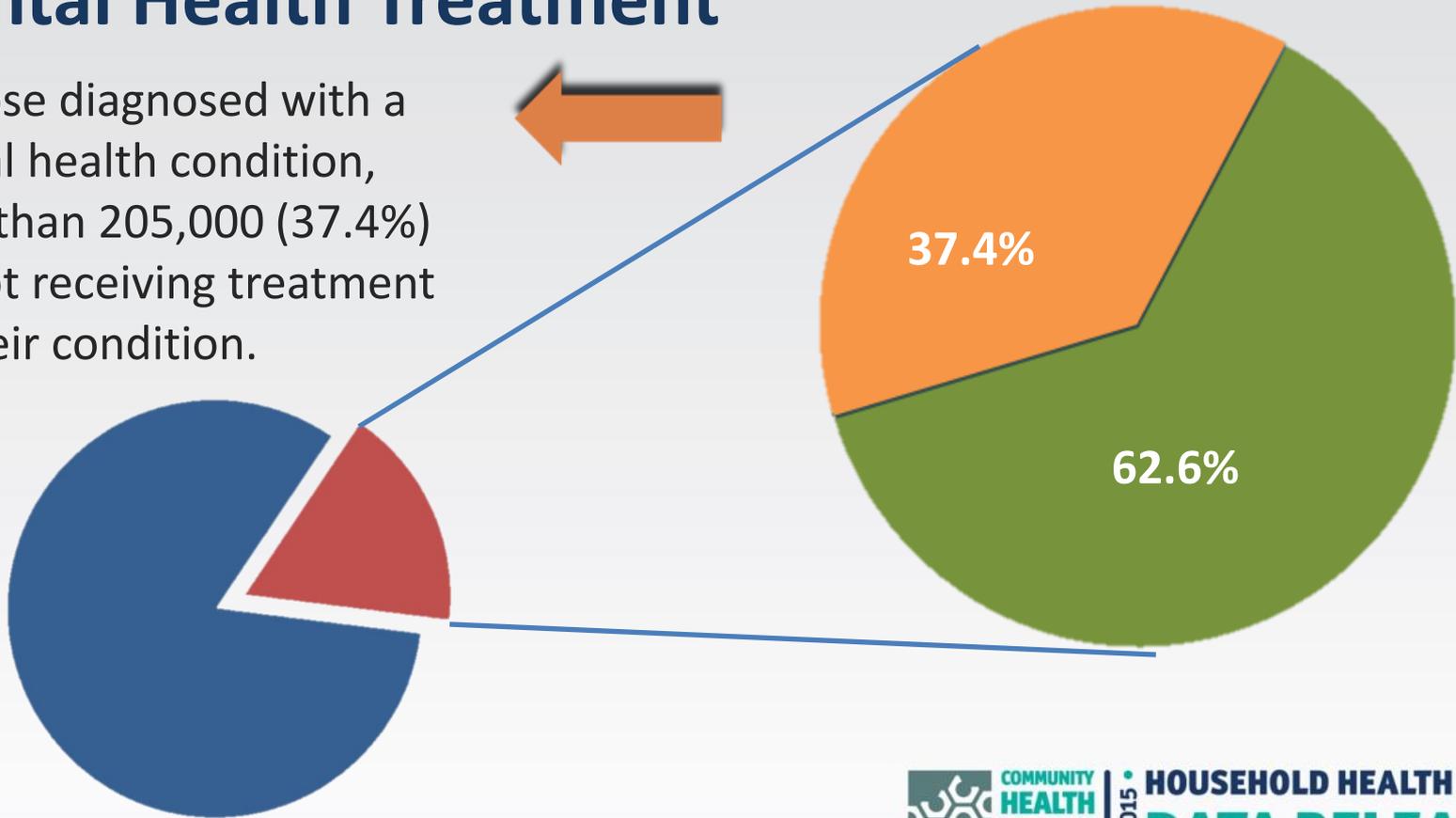


More than 550,000 (17.5%) adults in SEPA have been diagnosed with a mental health condition.

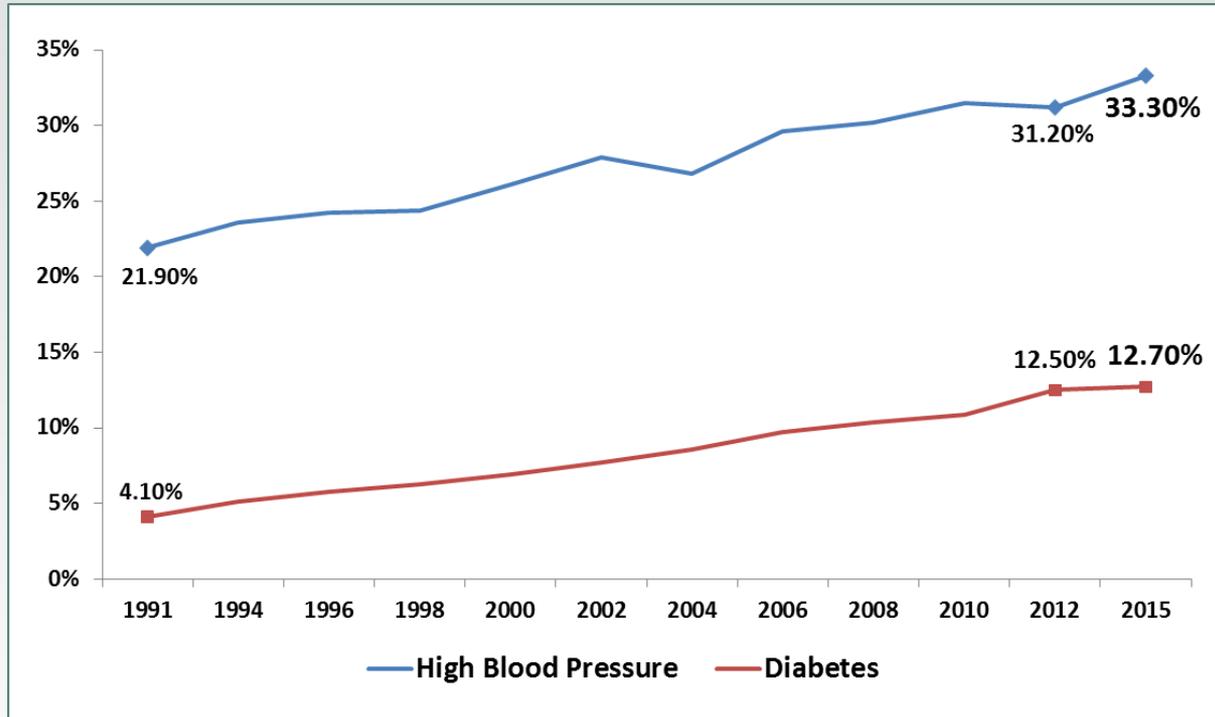
This includes depression, bipolar disorder and anxiety disorders, among others...

Mental Health Treatment

Of those diagnosed with a mental health condition, more than 205,000 (37.4%) are not receiving treatment for their condition.



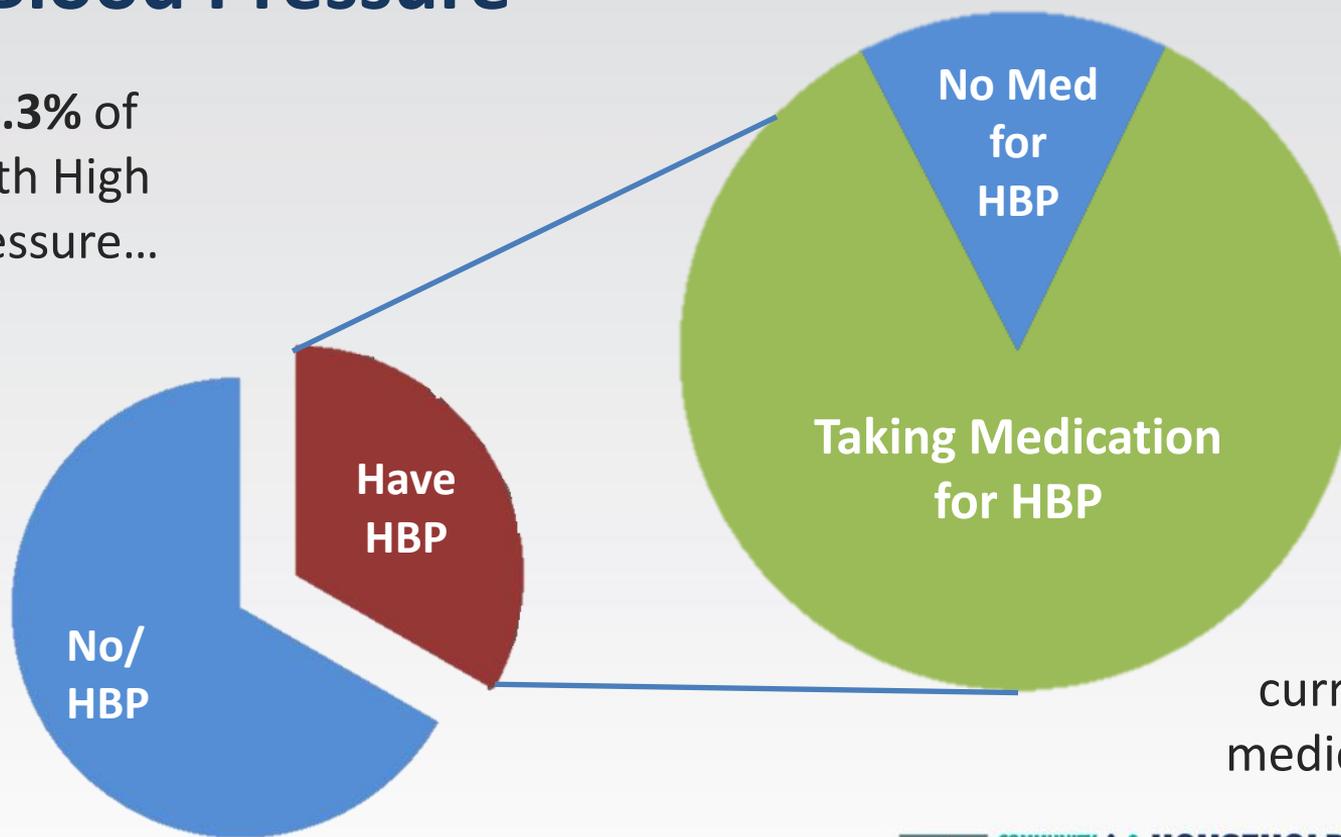
Chronic Health Conditions



Source: PHMC's Community Health Data Base, 1991-2015 Southeastern Pennsylvania Household Health Surveys

High Blood Pressure

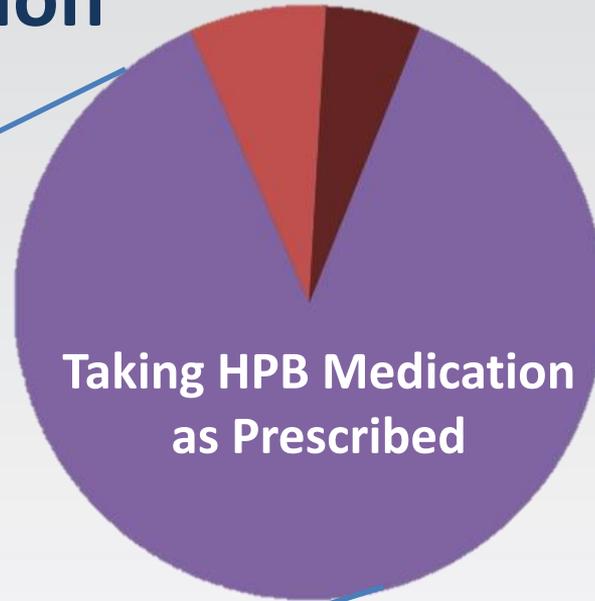
Of the **33.3%** of adults with High Blood Pressure...



85.1% are currently taking medication for it.

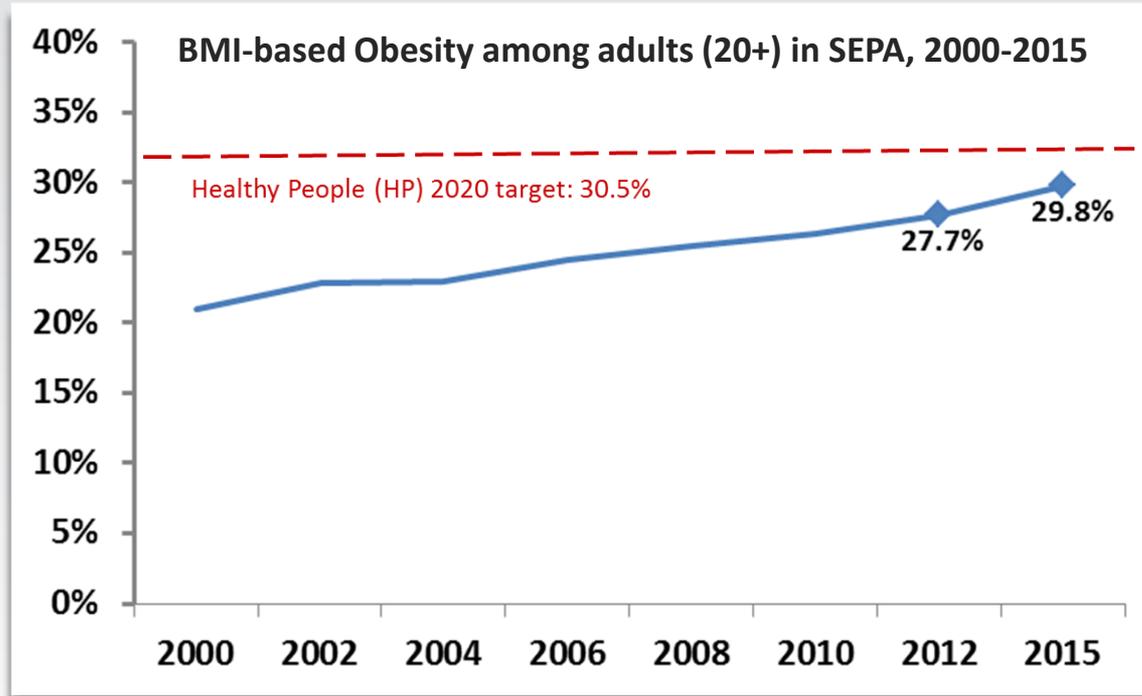
Blood Pressure Medication

And of those currently taking medication for their HBP...



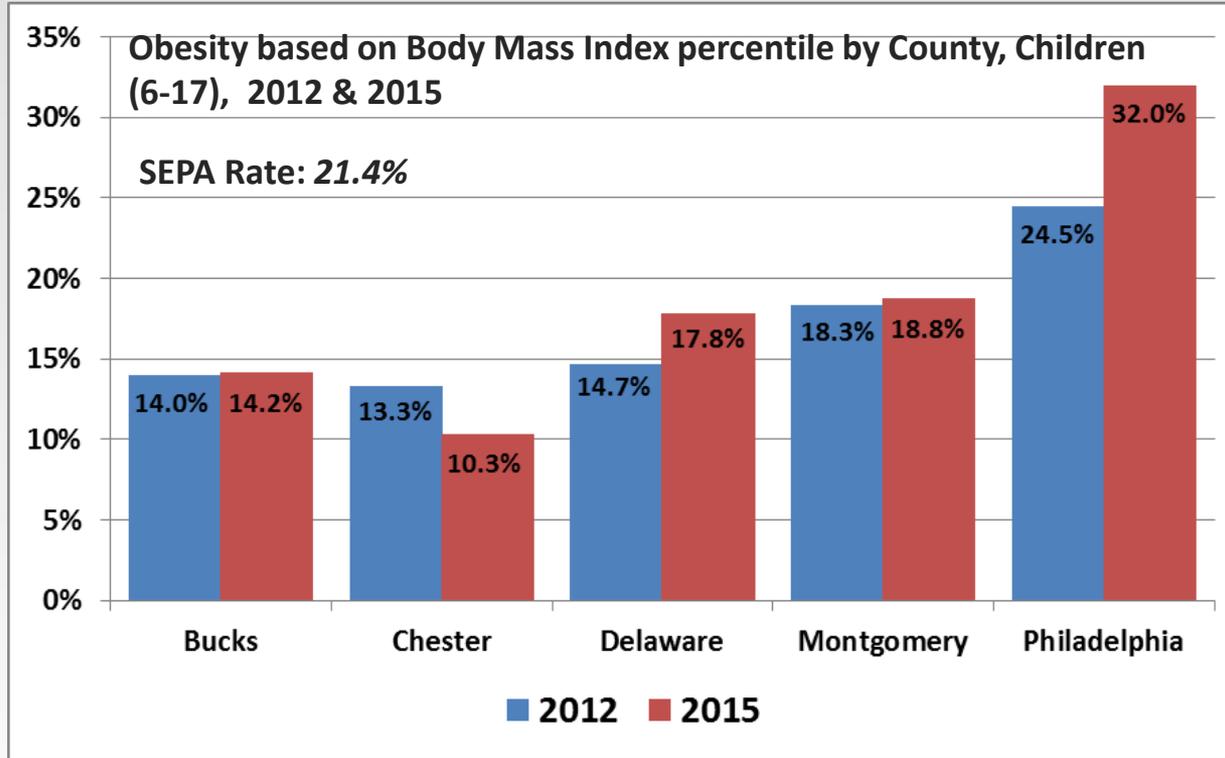
87.3% are taking their medication as prescribed all of the time

Obesity in SEPA



Source: PHMC's Community Health Data Base, 2000-2015 Southeastern Pennsylvania Household Health Surveys

Childhood Obesity



Source: PHMC's Community Health Data Base, 2012 & 2015 Southeastern Pennsylvania Household Health Surveys

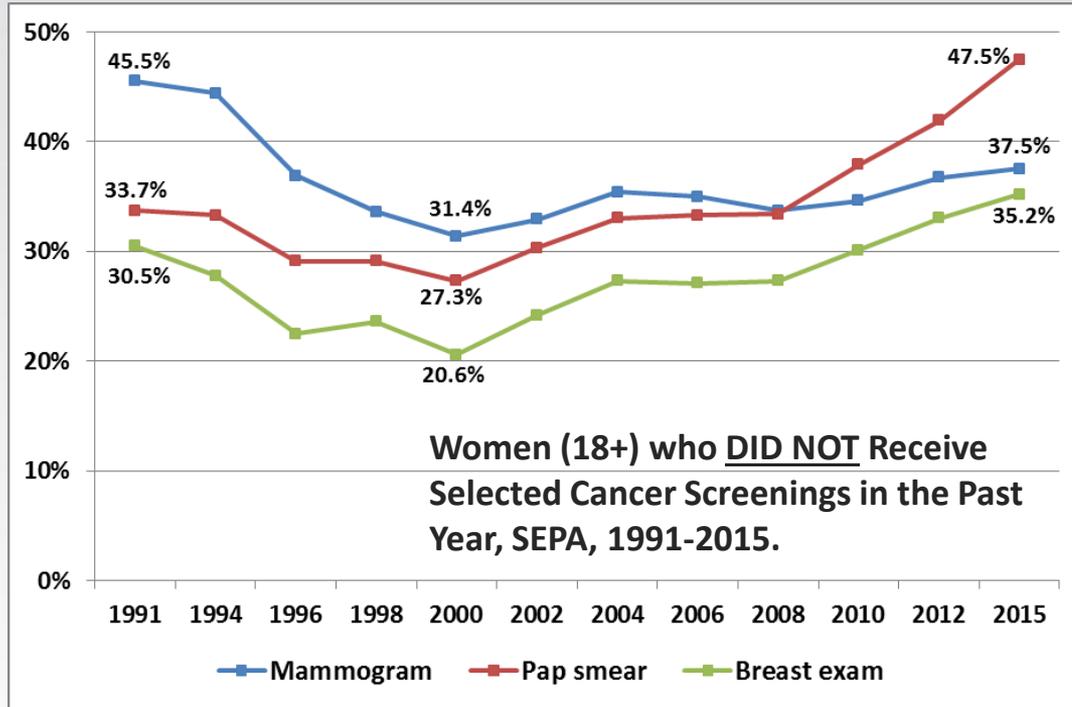
Utilization of Health Screenings

Regular health screenings can help identify health problems before they start.

Early detection can also improve the chances of treatment being effective, helping individuals live longer, healthier lives.



Cancer Screenings



*Mammogram asked of female adult respondents 40 years of age & older.

*Pap smear and breast exam asked of female adult respondents 18 years of age and older.

Source: PHMC's Community Health Data Base, 1991 - 2015 Southeastern Pennsylvania Household Health Surveys

Social Capital Questions

A series of questions are asked of respondents to assess social capital within communities. These include, among others:

- How many local groups or organizations individuals participate in;
- Whether individuals ever work together with neighbors to improve their neighborhood;
- Whether their neighbors can be trusted;
- Whether they feel as though they *belong* in their neighborhood; and
- If they have nearby parks they are comfortable visiting throughout the day.

Social Capital Questions

“Most people in my neighborhood can be trusted”

Social Capital Questions

“Most people in my neighborhood can be trusted”

→ 77.2% of adults in SEPA agree with this statement

Social Capital Questions

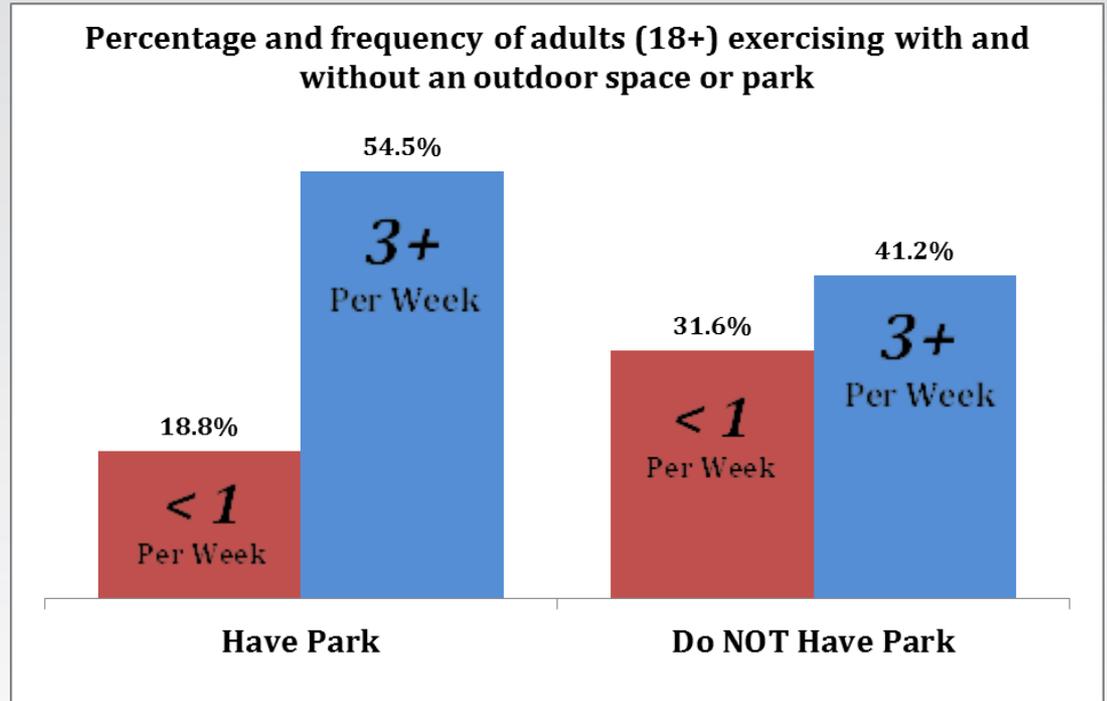
“Most people in my neighborhood can be trusted”

→ 77.2% of adults in SEPA agree with this statement

→ But a whopping 22.8% do not...

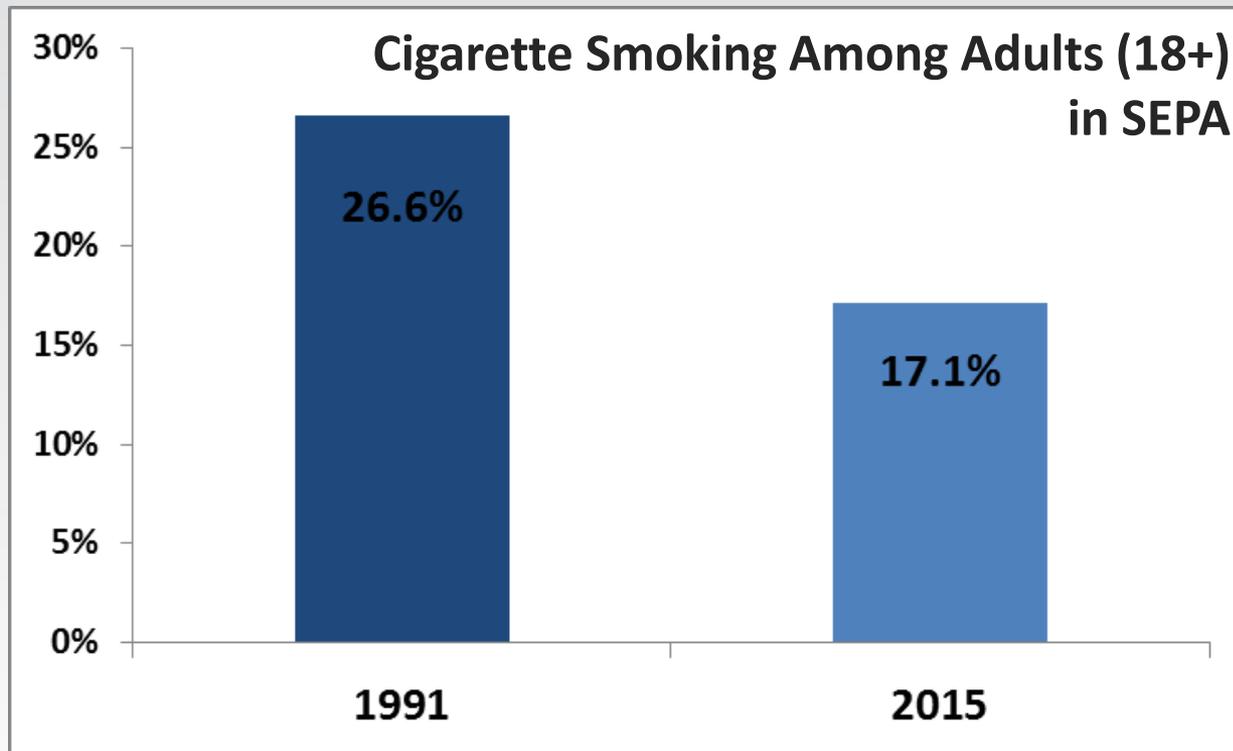
Social Capital Uses

Social capital questions can provide useful insights, especially when measured against other indicators...



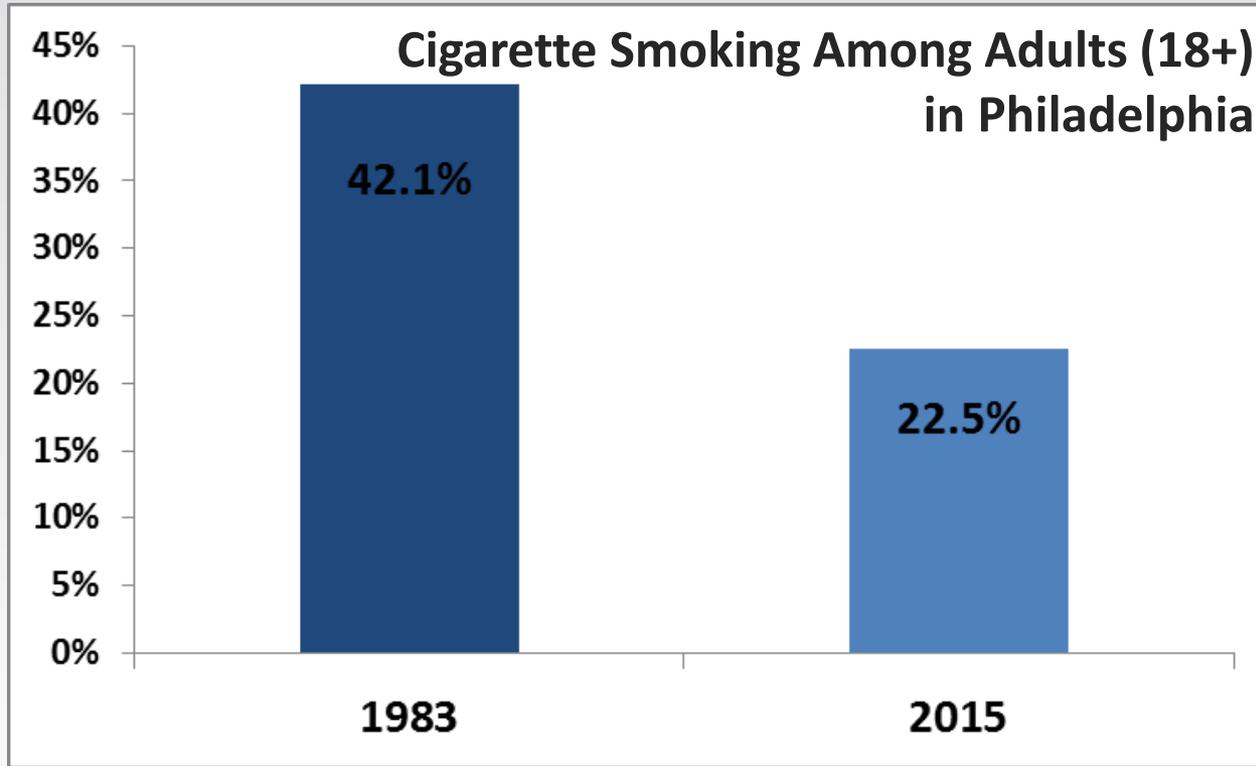
Source: PHMC's Community Health Data Base, 2015 Southeastern Pennsylvania Household Health Survey

Tobacco Use



Source: PHMC's Community Health Data Base, 1991 & 2015 Southeastern Pennsylvania Household Health Surveys

Tobacco Use



Source: PHMC's Community Health Data Base, 1983 & 2015 Southeastern Pennsylvania Household Health Surveys

New Questions in 2015

E-cigarettes
&
Vaporizers

New Questions in 2015

“In the past month, how many times have you used an e-cigarette or ‘vape’ pipe?”



New Questions in 2015

“In the past month, how many times have you used an e-cigarette or ‘vape’ pipe?”



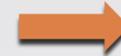
Never (93.1%)

New Questions in 2015

“In the past month, how many times have you used an e-cigarette or ‘vape’ pipe?”



Never (93.1%)



A few times (2.4%)

New Questions in 2015

“In the past month, how many times have you used an e-cigarette or ‘vape’ pipe?”



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A few times (2.4%)



Once (2.2%)

New Questions in 2015

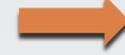
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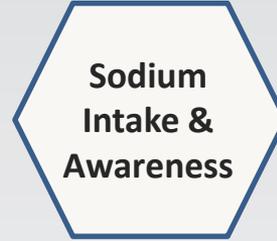
Every day (1.1%)

New Questions in 2015



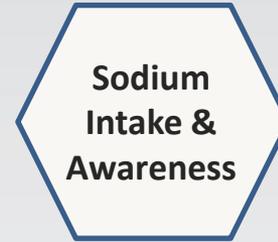
New Questions in 2015

“Are you currently watching or reducing your sodium intake?”



New Questions in 2015

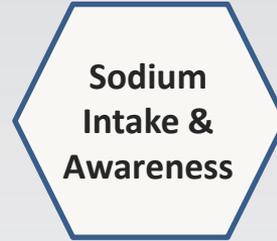
“Are you currently watching or reducing your sodium intake?”



Yes (55.5%)

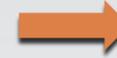
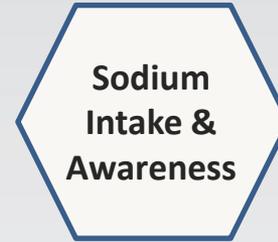
New Questions in 2015

“In your opinion, how harmful to your health is eating too much salt/sodium?”



New Questions in 2015

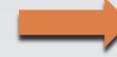
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Somewhat/very harmful (73.8%)

New Questions in 2015

“In your opinion, how harmful to your health is eating too much salt/sodium?”



Somewhat/very harmful (73.8%)



A little/not at all harmful (26.3%)

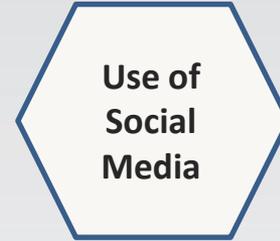


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New Questions in 2015



New Questions in 2015



“In the past three months have you used social media sites like Facebook, Twitter, Instagram or LinkedIn?”

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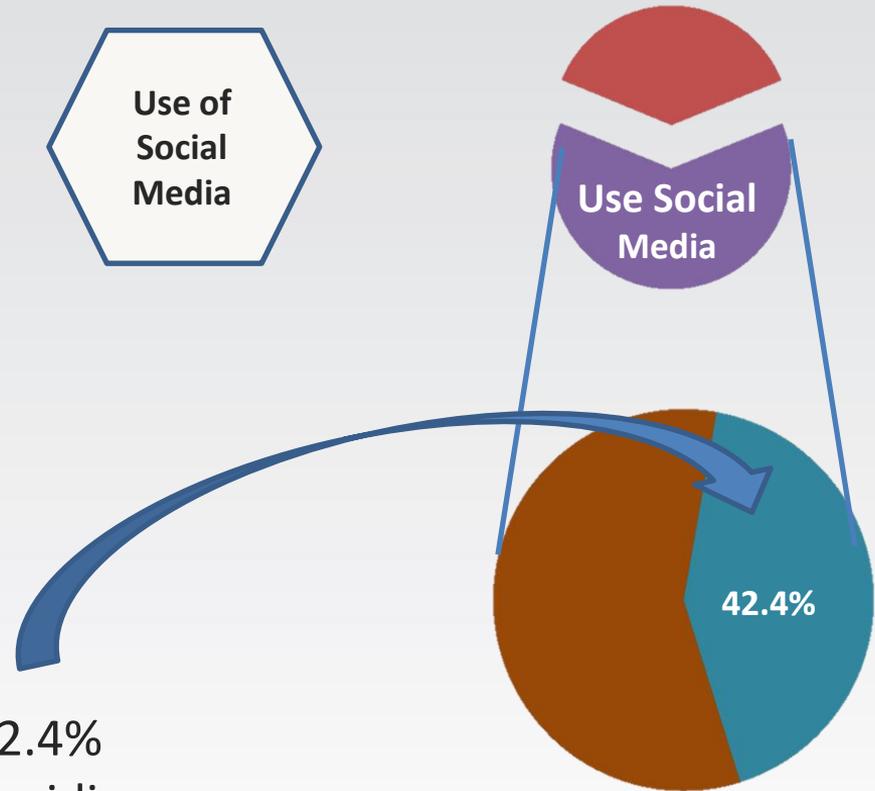
➔ Yes (62.3%)



New Questions in 2015

“In the past three months have you used social media sites like Facebook, Twitter, Instagram or LinkedIn?”

Of those adults who use social media, 42.4% used it to connect with organizations providing services in their communities.



New Questions in 2015

Preferred
Contact
Methods

New Questions in 2015

“How do you prefer to receive information about health and social services available in your community?”



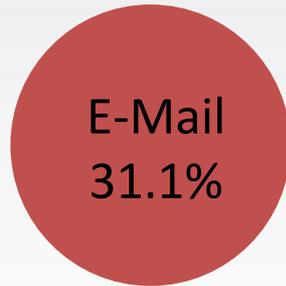
New Questions in 2015

“How do you prefer to receive information about health and social services available in your community?”



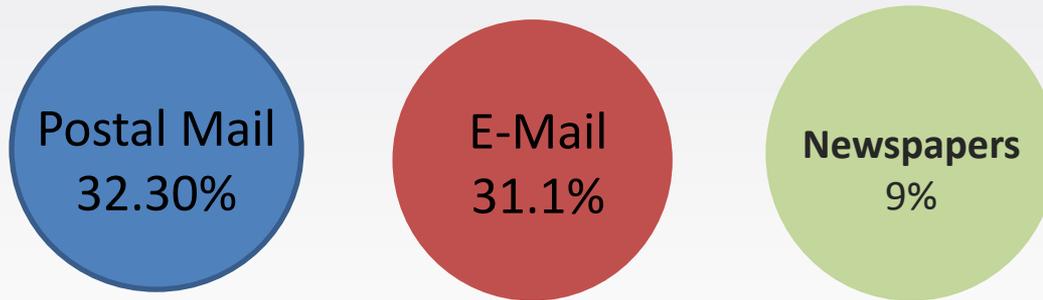
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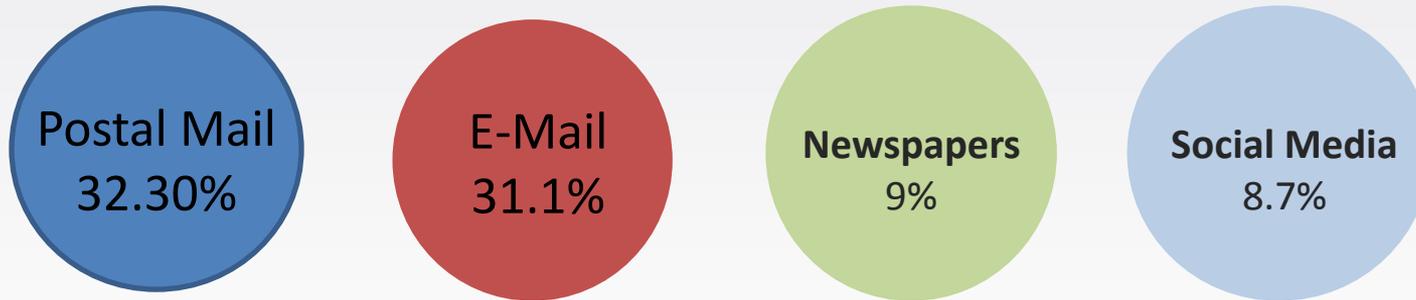
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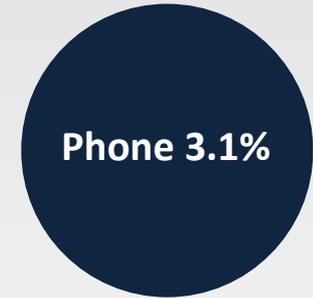
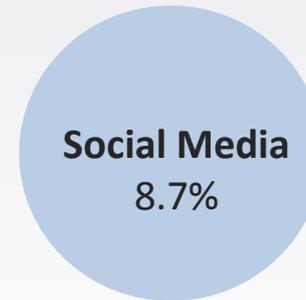
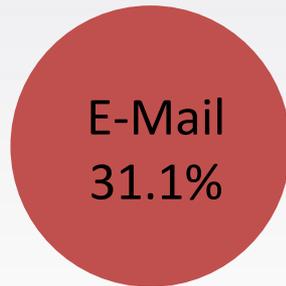
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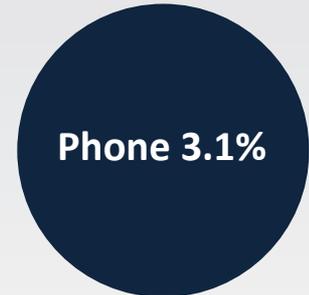
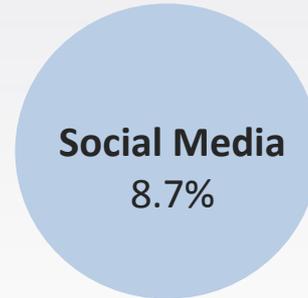
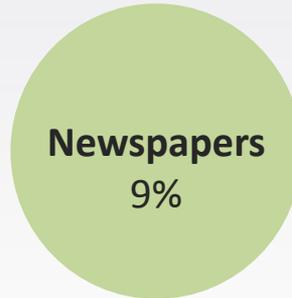
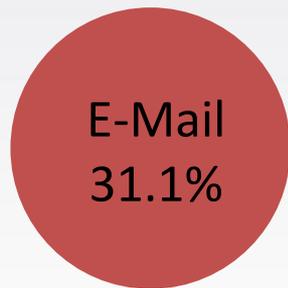
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New Questions in 2015

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New Questions in 2015



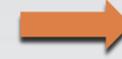
New Questions in 2015



“Do you have long-term care insurance that pays for your stay at a nursing home or assisted living if you need it?” (60+)

New Questions in 2015

“Do you have long-term care insurance that pays for your stay at a nursing home or assisted living if you need it?” (60+)



Yes (29%)
No (71%)

New Questions in 2015

“If you wanted information on long term care, whether for yourself or a loved one, what would be your PRIMARY source of information?”



Long-term
Care
Insurance

New Questions in 2015

“If you wanted information on long term care, whether for yourself or a loved one, what would be your PRIMARY source of information?”



Long-term
Care
Insurance



Physician or
Health Care
Professional
40.5%

New Questions in 2015

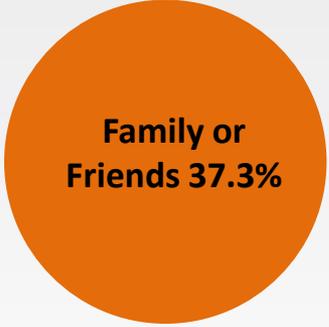
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Long-term
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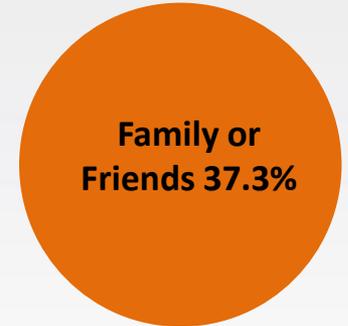
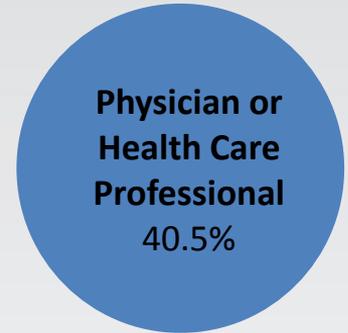
Physician or
Health Care
Professional
40.5%



Family or
Friends 37.3%

New Questions in 2015

“If you wanted information on long term care, whether for yourself or a loved one, what would be your PRIMARY source of information?”



Using the Data

The Community Health Data Base is dedicated to making this data as useful as possible to your organization.

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To that end, please feel free to contact your dedicated CHDB associate at any time with questions or specific requests.

Using the Data

All CHDB Members and Affiliates are also welcome to quarterly data base orientations held right here in the Lower Mezzanine on a quarterly basis.

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All CHDB Members and Affiliates are also welcome to quarterly data base orientations held right here in the Lower Mezzanine on a quarterly basis.

The next orientation is scheduled for next week:
Thursday, June 18th at 9:30 A.M. in the LM

From all of us at PHMC
and
The Community Health Data Base

Thank You!