



COMMUNITY HEALTH DATA BASE

An Information Service of Public Health Management Corporation

SEPA Household Health Survey: Major Topic Areas Includes New Areas for 2010!

Health Status

Information on Adults & Children

- Self-reported health status
- Height/weight; BMI
- Asthma
- Diabetes
- High blood pressure and cholesterol
- Heart disease
- Prescription med. for specific conditions
- Times child visited ED due to asthma
- Stroke
- **Disability status**
- **HIV status**

Source of Care and Utilization of Services

Information on Adults & Children

- Regular source of care
- Setting of regular care
- Most recent medical visit
- Number of overnight stays in the hospital

Health Insurance

Information on Adults & Children (where applicable)

- Current source(s) of health coverage
- Type of health coverage (HMO/PPO/FFS)
- Name of insurance company
- Coverage for prescription drugs
- Coverage for dental care
- Respondents without health insurance during past year: length of time; ability to get care; reason why no coverage
- Visited ER due to lack of health insurance
- Heard of medical assistance/CHIP

Barriers to Care

Information on Adults & Children

- Failure to seek care in past year due to cost
- Failure to fill a prescription due to cost
- Failure to receive dental care due to cost
- Transportation barriers to healthcare
- Language barriers to healthcare

Personal Health Behaviors

Information on Adults, Children, as appropriate

- Smoking status and use of tobacco
- Exposure to cigarette smoke in household
- Former smokers - length of time since quit and quit method
- **Cigarette purchases**
- Fast food consumption
- **Sugary beverage consumption**
- Number of servings of fruits & vegetables
- Frequency of exercise, adults & children
- Sexual partners

Disease Prevention and Health Promotion

- Length of time since last screening/exam:

For All Adults and Children:

- Eye examination
- Dental visit

For All Adults:

- Blood pressure reading
- Cholesterol check
- Test for AIDS/HIV

For Older Adults:

- Blood stool test (ages 50+)
- Colonoscopy/Sigmoidoscopy (50+)

For Women:

- Pap smear (18+)
- Clinical breast exam (18+)
- Mammogram (40+)

For Men:

- Prostate cancer screening (45+)

For Children:

- Glasses Use

Mental and Behavioral Health

Information on Adults and Children

- Existence & treatment of diagnosed mental health conditions
- Depression scale (older adults 60+)
- Level of stress in the past year
- Use of professional mental health services
- Use of alcohol
- **Addiction and recovery experiences**
- **Attitudes about addiction**
- **Problem gambling behavior**

Social Capital

Information on Adults

- Volunteering
- Length of time living in neighborhood
- Use of recreation facilities in neighborhood
- Involvement in local groups & organizations
- Willingness of community to help neighbors
- Community improvement
- Sense of belonging to the community
- Feelings of trust in the community
- Quality of life in the community
- Social support

Home and Neighborhood

Information on Adults

- Own or rent housing
- Difficulty paying housing costs
- Presence of firearms in household (kept locked, kept loaded)
- Personal safety (feeling of safety in community)
- **Commuting**
- **Internet access and use**

Hunger & Food Availability

Information on Adults

- Skipped meals due to cost
- Hungry but could not afford food
- Availability of fruits and vegetables in neighborhood
- Quality of groceries in neighborhood
- Travel to supermarkets
- **Use of menu labeling**

***DESIGNATES NEW TOPIC AREAS FOR 2010**

ELDERLY SUPPLEMENT (60+)

Additional questions asked of persons age 60 and older:

Utilization of Home Health Services

- Use of informal home care
- Frequency of receiving help
- Use of formal or paid home health services
- Method of payment for home health services

Utilization of Aids/Services

- Utilization of specific aids/devices
- Familiarity, use, and need for specific services:
 - Activities at senior centers/clubs
 - Meal/food programs
 - Transportation services
 - PACE/prescription drug assistance
 - Senior helpline/info. referral line
 - Housing services, energy assistance, repairs

Housing & Environment

- Household areas in need of repair
- **Pet Ownership**
- Falls

ADL & IADL Impairments

- Number of ADL impairments (ADL scale)
- Number of IADL impairments (IADL scale)

Demographic Characteristics

- Number of adults & children in the household
- Language of interview (English or Spanish)
- Other language spoken in the household
- Education level & Employment status
- Religion
- Age, Gender, Race, Hispanic origin
- Marital status
- Household income level/poverty status
- Benefits/entitlements received by members of the household including TANF

Geographic Location of Household

- All households are located in Southeastern Pennsylvania: Bucks, Chester, Delaware, Montgomery, and Philadelphia counties
- Data can be aggregated by region, county, township, ZIP Code, census tract