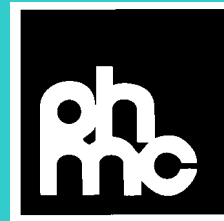


Community Voices: Health, Wellness and Quality of Life in Southeastern Pennsylvania



Findings from Philadelphia
Health Management Corporation's
2002 Household Health Survey

About the Household Health Survey

- Conducted by PHMC, a nonprofit, public health organization committed to improving community health through outreach, education, research, planning, technical assistance, and direct services

- The 2002 Survey is the eighth survey conducted since 1983

- Funded by The Pew Charitable Trusts, The United Way of SEPA, The William Penn Foundation, and area health and human service providers



Household Health Survey Methodology

- ◆ Includes more than 10,000 households in Southeastern Pennsylvania (Bucks, Chester, Delaware, Montgomery, and Philadelphia counties)
- ◆ Data can be analyzed by region, county, ZIP code and Census Tract
- ◆ Interviews are conducted by telephone using Random Digit Dial
- ◆ Adult & child respondents selected using last birthday method
- ◆ Interviews about selected child conducted with child proxy
- ◆ The survey includes over 100 questions, which provide more than 450 distinct variables for analysis
- ◆ Oversample of persons 60+
- ◆ Oversample of Asian population
- ◆ Interviews conducted in English & Spanish



Core Household Health Survey Topic Areas

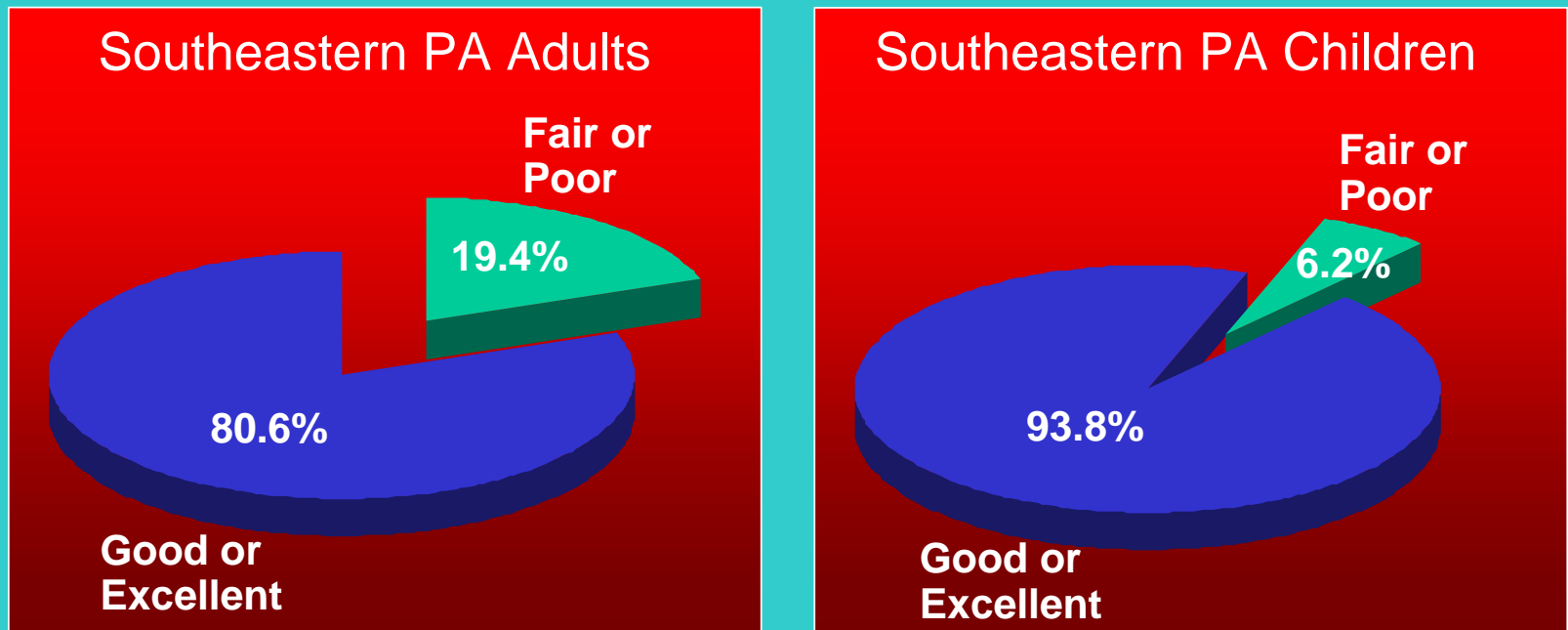
- Health Status
 - Source of Care & Satisfaction
 - Insurance and Obstacles to Care
 - Personal Health Behaviors
 - Disease Prevention
 - Health Information & Advice
 - Mental Health
 - Safety & Violence
 - Hunger
 - Child Care
 - Elderly Supplement (60+)
- 

What's New in the 2002 Survey?

- **Healthy days scale** - 4 items examining health status, # of days poor physical health, # of days poor mental health, # of days not participate in usual activities due to poor physical/mental health
- **Doctor - patient relations**
- **Nutrition & hunger**
- **Preventive health screenings**
- **Mental health**
- **Social capital**
- **Health information**
- **New topics for children** - learning disability, physical activity, obesity, ED use for asthma, child care by age, teen smoking, afterschool care for ages 6-12 & 13-17, youth employment
- **Healthy People 2010**

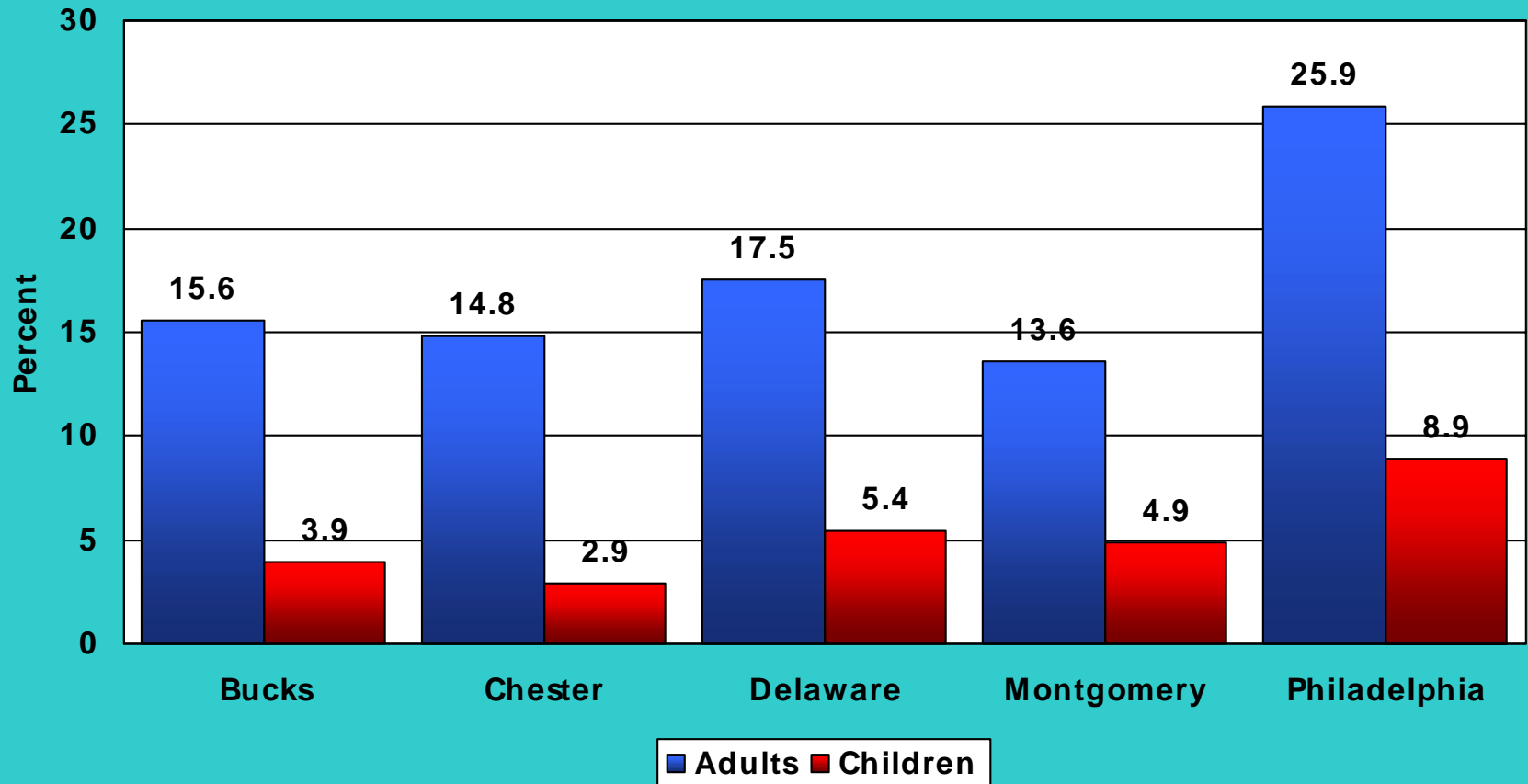
How Do We Rate Our Health?

Figure 1. Self Reported Health Status of Southeastern PA Adults and Children, 2002



How Do We Rate Our Health?

Figure 2. Southeastern Pennsylvania Residents in Fair or Poor Health by County, 2002

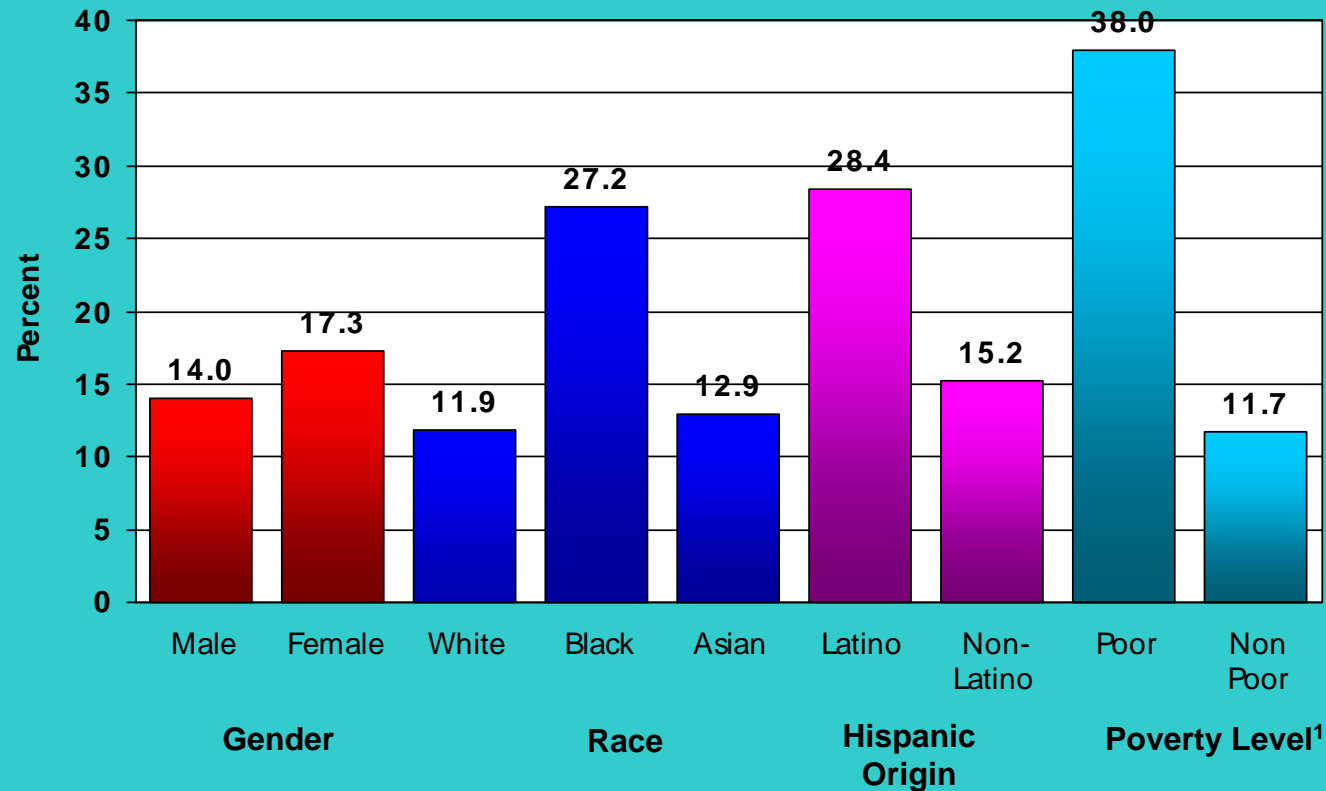


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

How Do We Rate Our Health?

Figure 3. Southeastern PA Adults (18-64) in Fair or Poor Health by Gender, Race and Poverty Level, 2002



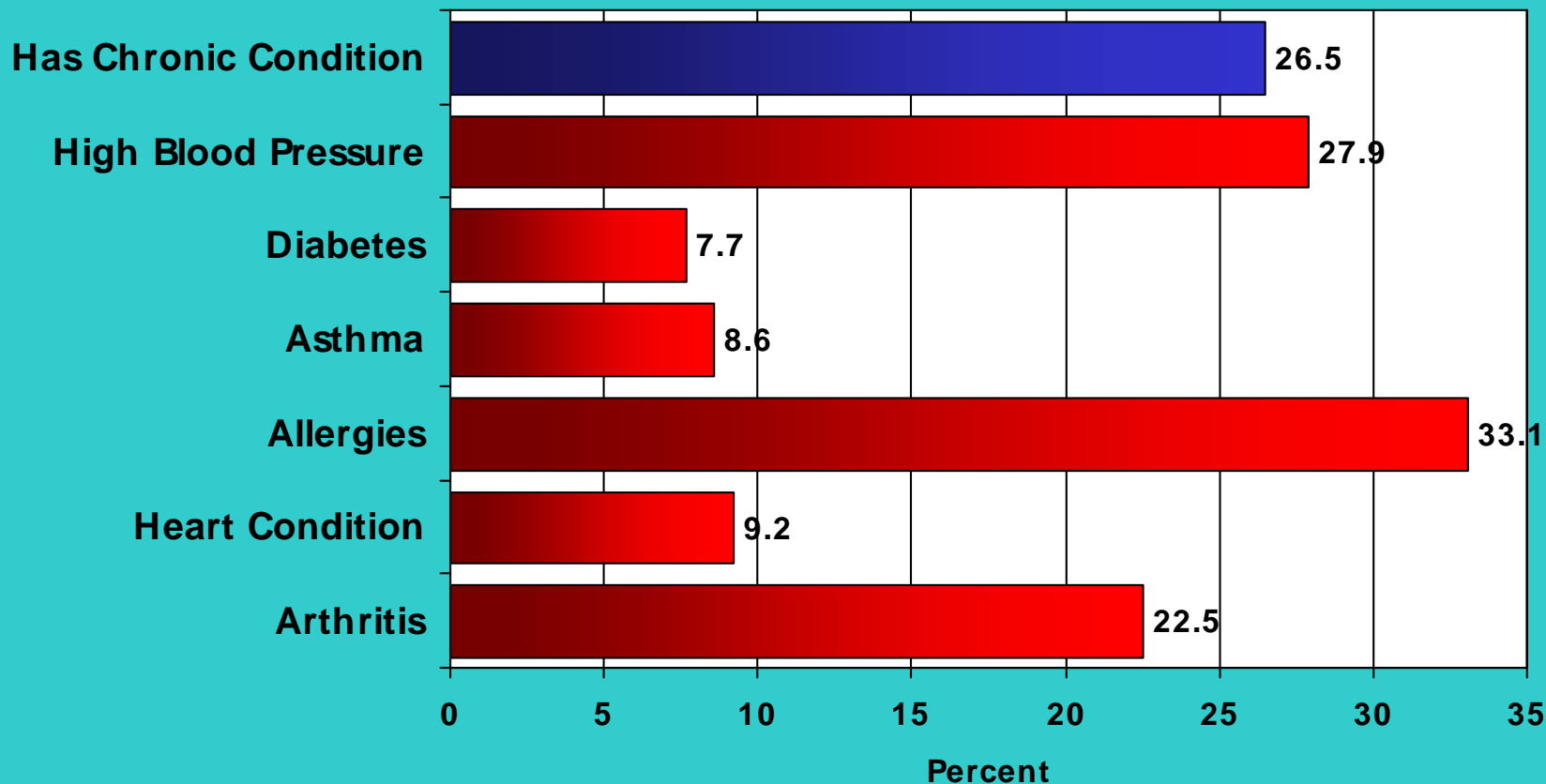
¹ Poverty level is defined as at or below 150% of the Federal Poverty Level. Poverty level is based on family size and household income. For example, a family of four with an annual income of \$26,475 in 2001 was living in poverty.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

How Do We Rate Our Health?

Figure 4. Southeastern PA Adults (18+) with Chronic Health Conditions, 2002

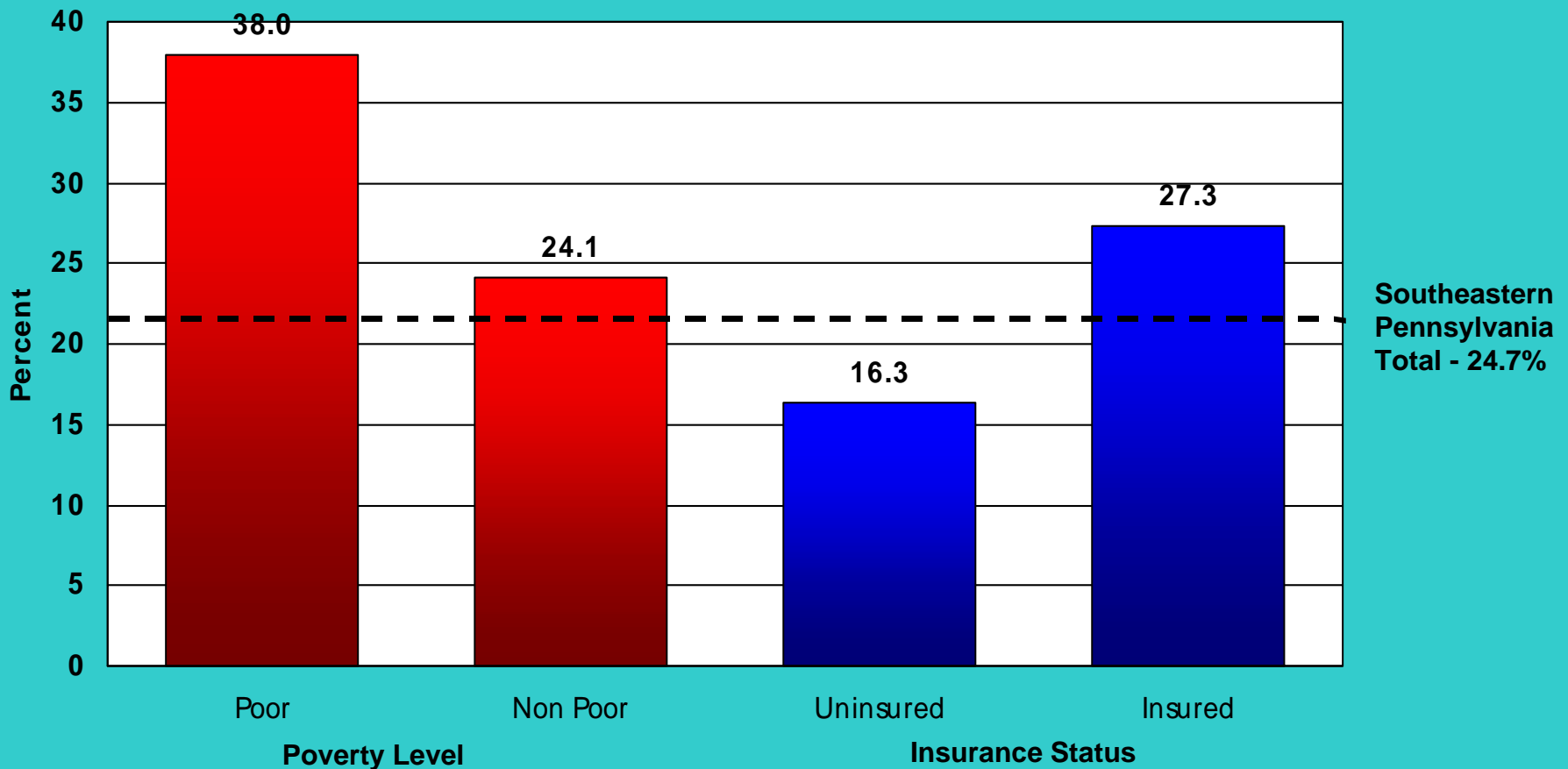


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

How Do We Rate Our Health?

Figure 5. Southeastern PA Adults (18+) with a Chronic Condition by Poverty Level¹ and Insurance Status, 2002



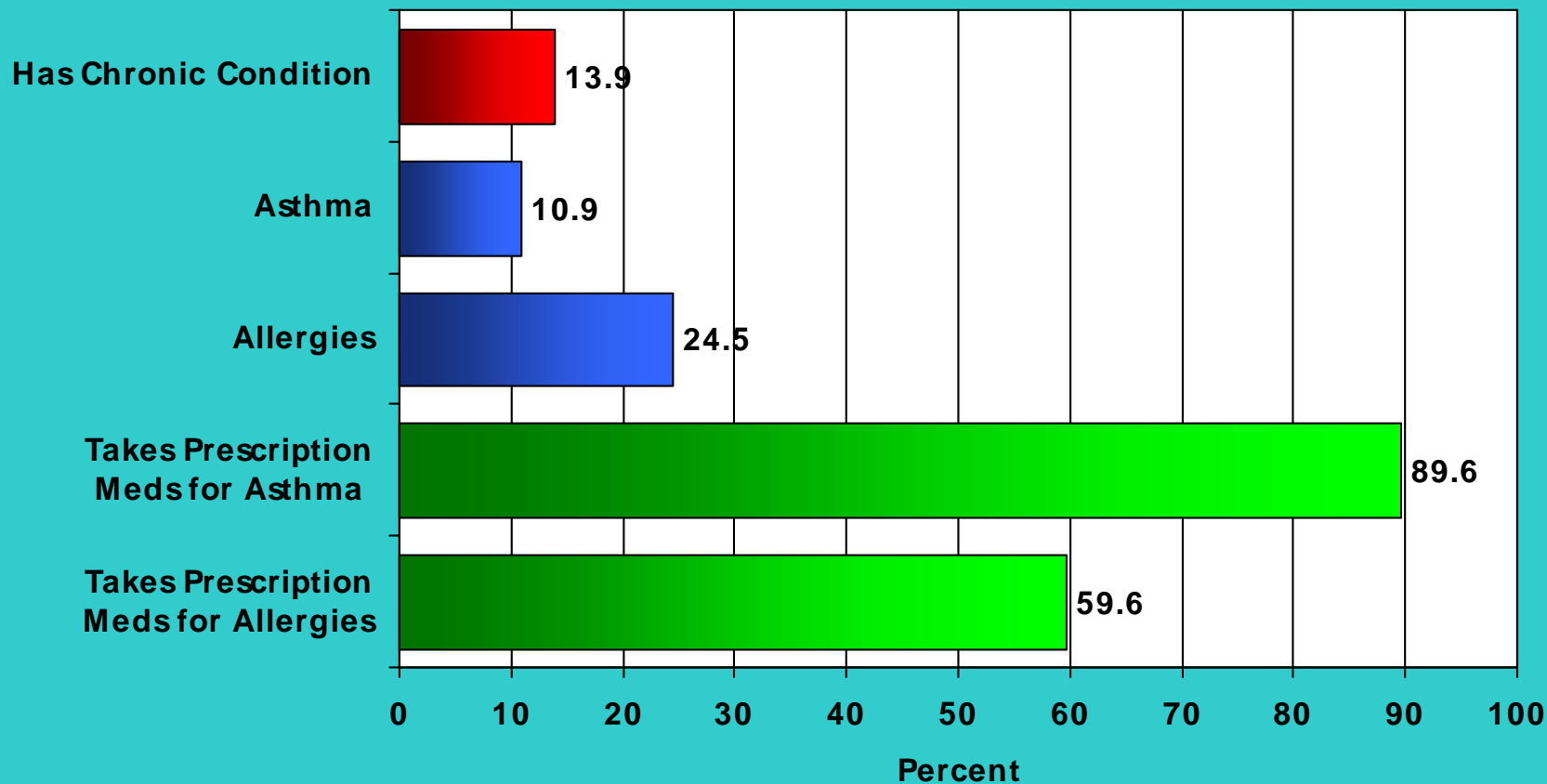
¹ Poverty level is defined as below or above 150% of the Federal Poverty Level. Poverty level is calculated based on family size and household income. For example, a family of four with an annual income of \$26,475 in 2001 was living in poverty.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

How Do We Rate Our Children's Health?

Figure 6. Southeastern PA Children (0-17) with Chronic Health Conditions, 2002

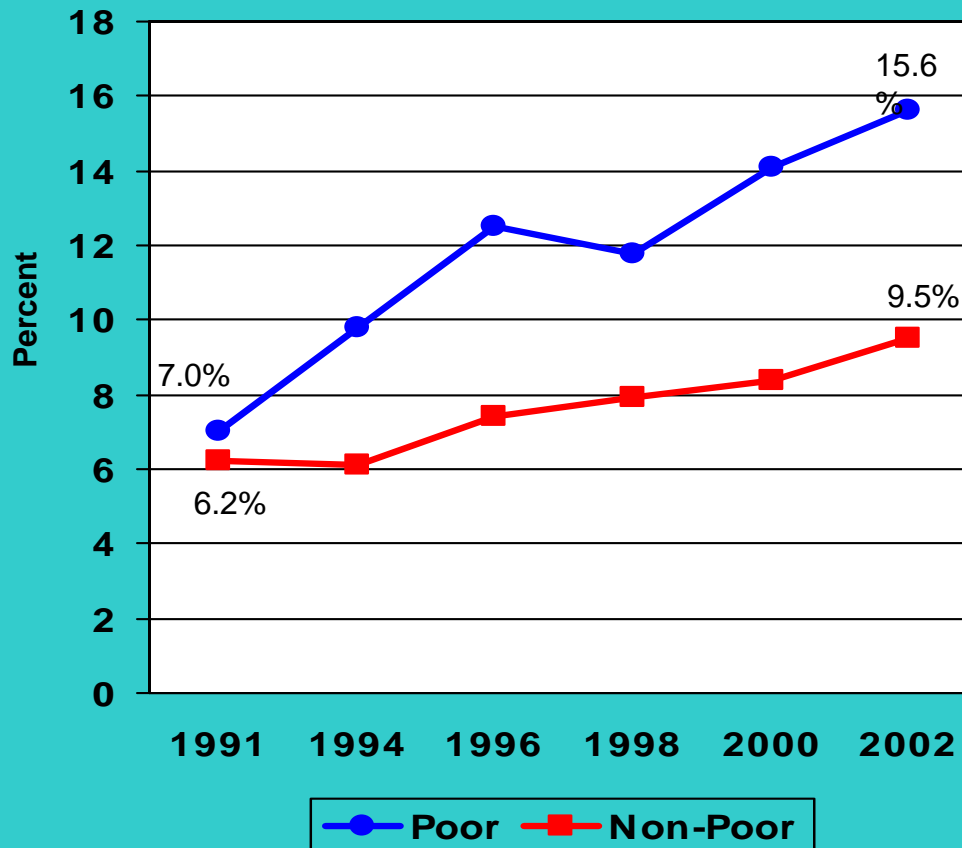


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

How Do We Rate Our Children's Health?

Figure 7. Southeastern PA Children (0-17) with Asthma by Poverty Status¹, 1991 - 2002



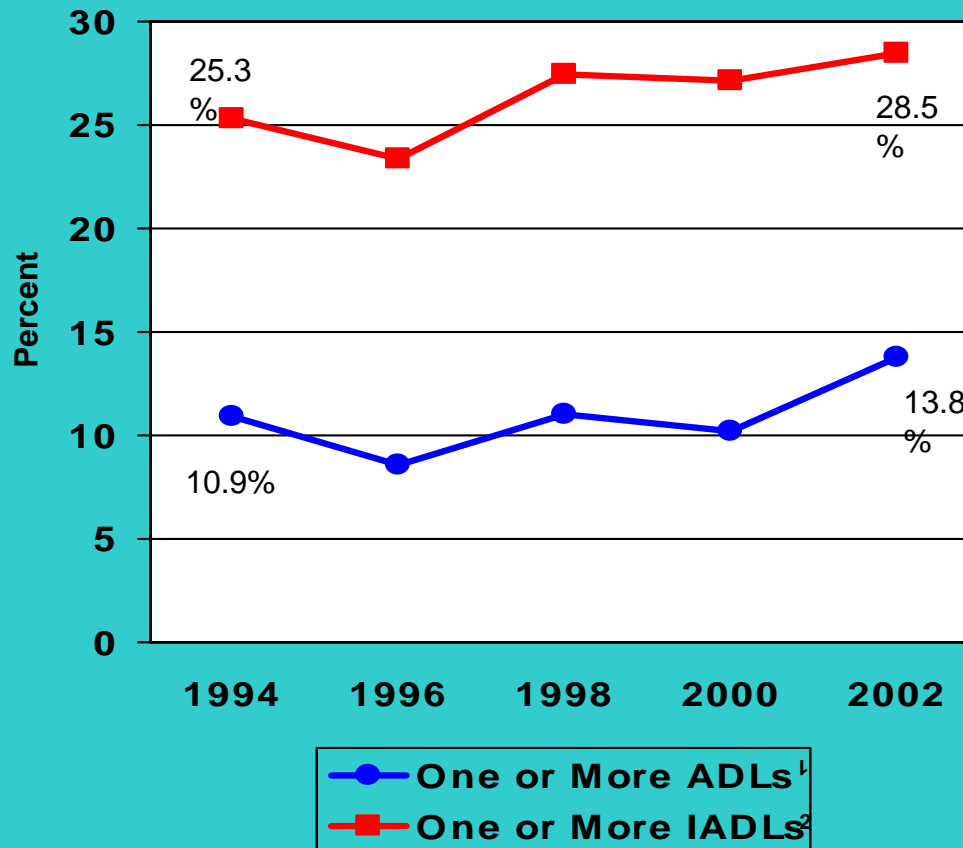
¹ Poverty level is defined as below or above 150% of the Federal Poverty Level. Poverty level is calculated based on family size and household income. For example, a family of four with an annual income of \$26,475 in 2001 was living in poverty.

Data Source:
1991, 1994, 1996, 1998,
2000, 2002 PHMC
Southeastern Pennsylvania
Household Health Surveys.

Prepared by:
Philadelphia Health
Management Corporation,
Community Health Data
Base, 2002.

How Do We Rate the Health of Older Adults?

Figure 8. Functional Status of Older Adults (65+), Southeastern Pennsylvania, 1994 - 2002



¹ Bathing, walking, grooming and dressing are Activities of Daily Living.

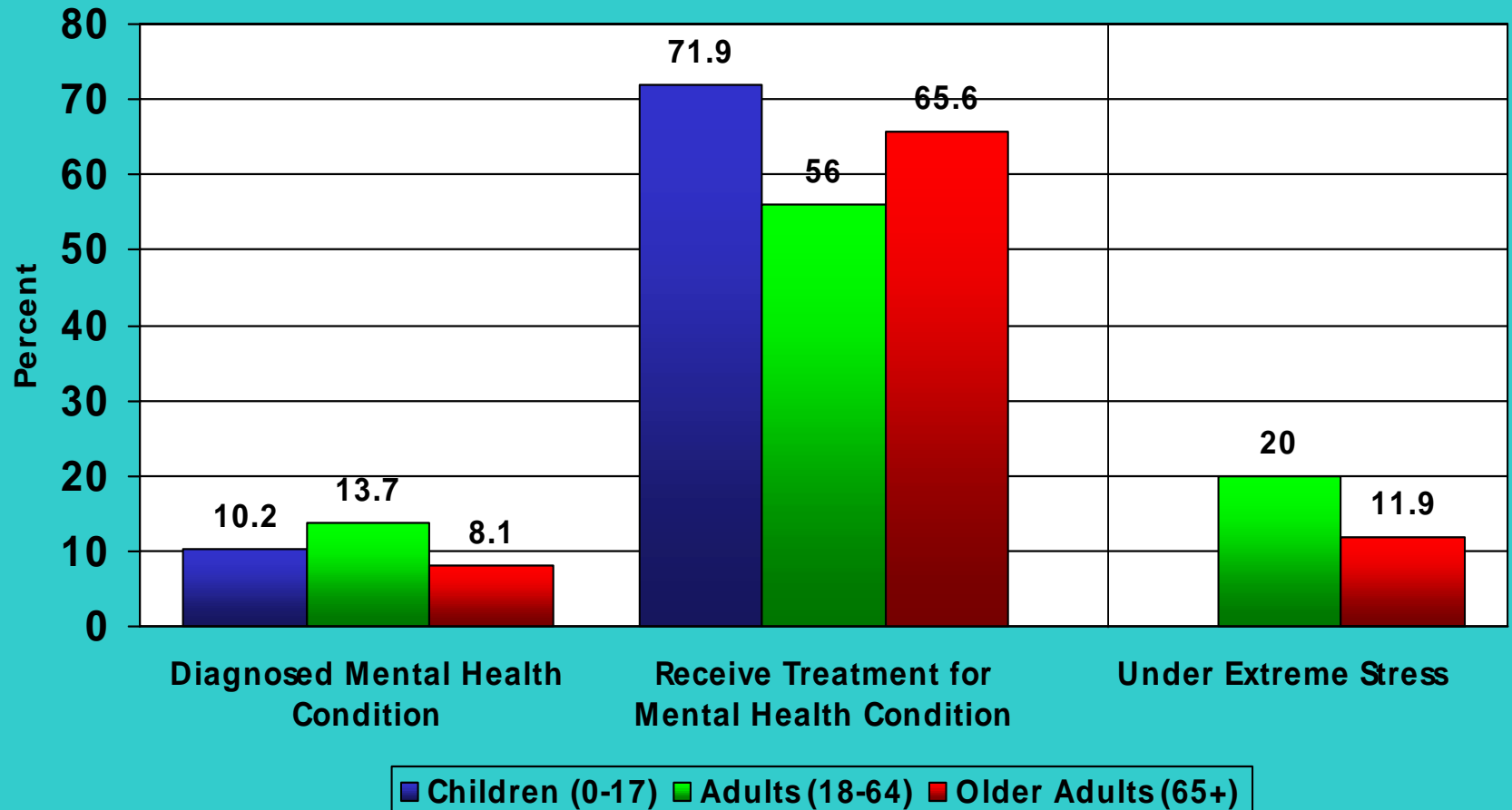
² Shopping for groceries, preparing meals, and doing housework are Instrumental Activities of Daily Living (IADL).

Data Source:
1991, 1994, 1996, 1998,
2000, 2002 PHMC
Southeastern Pennsylvania
Household Health Surveys.

Prepared by:
Philadelphia Health
Management Corporation,
Community Health Data
Base, 2002.

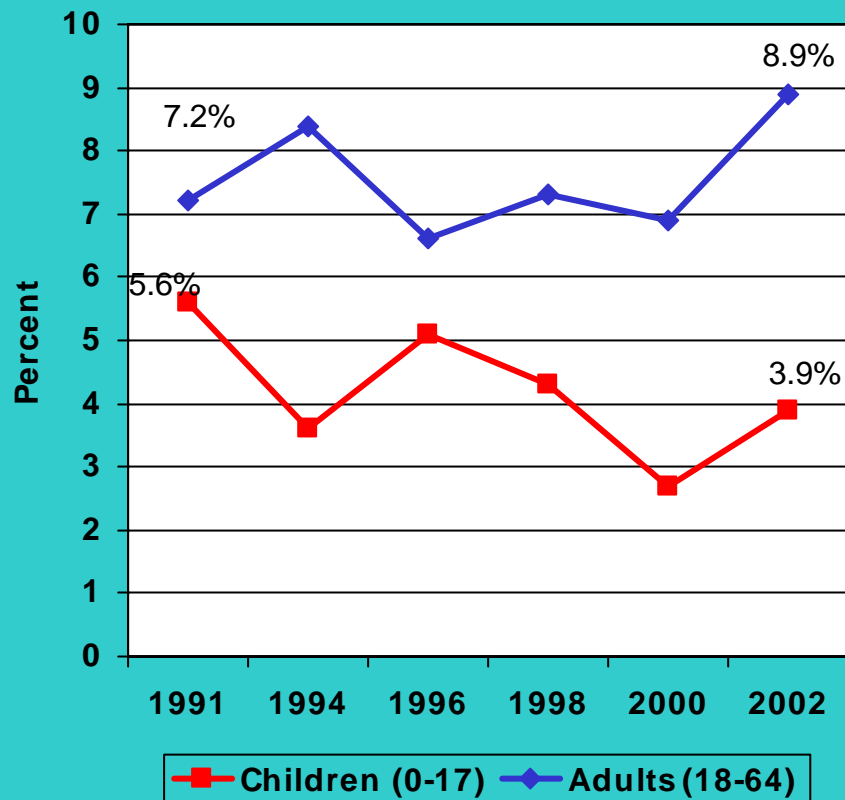
How Do We Rate Our Mental Health?

Figure 9. Southeastern Pennsylvania Adults who Report a Diagnosed Mental Health Condition and Extreme Stress by Age, 2002



Can We Afford the Care We Need?

Figure 10. Uninsured Children (0-17) and Adults (18-64) in Southeastern Pennsylvania, 1991-2002

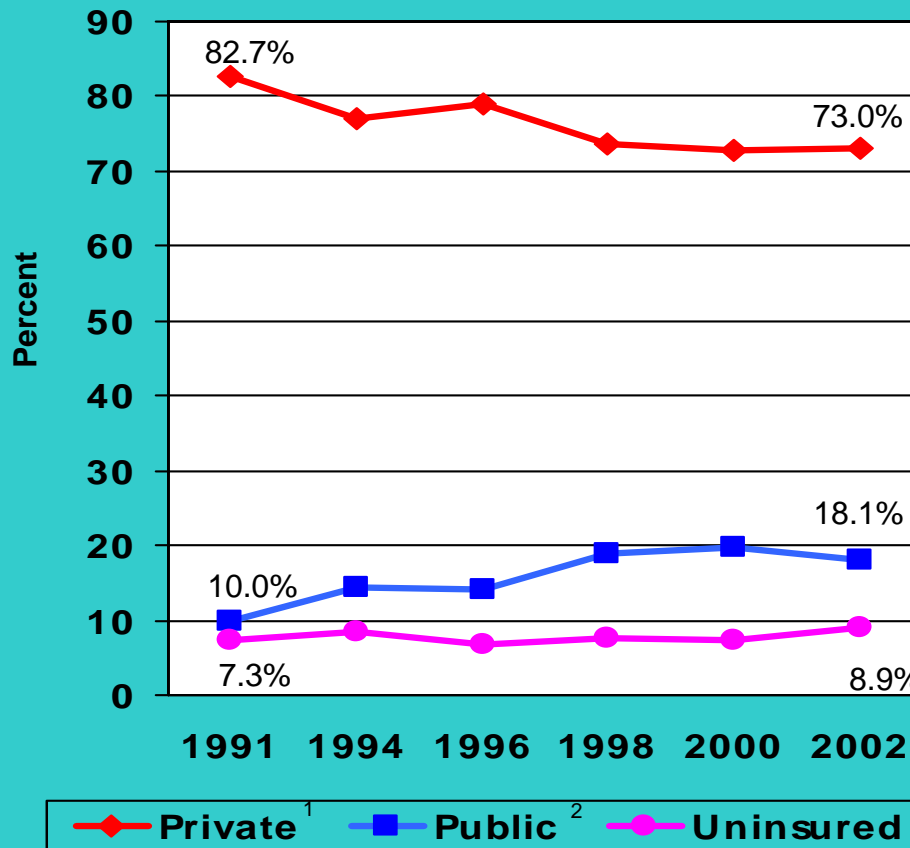


Data Source:
1991, 1994, 1996, 1998,
2000, 2002 PHMC
Southeastern Pennsylvania
Household Health Surveys.

Prepared by:
Philadelphia Health
Management Corporation,
Community Health Data
Base, 2002.

Can We Afford the Care We Need?

Figure 11. Health Insurance Coverage Among Southeastern Pennsylvania Adults (18-64), 1991-2002



¹ Private health insurance is defined as insurance through work, school or union, insurance bought directly by the respondent or his/her family, or insurance from some through some other association, group or place.

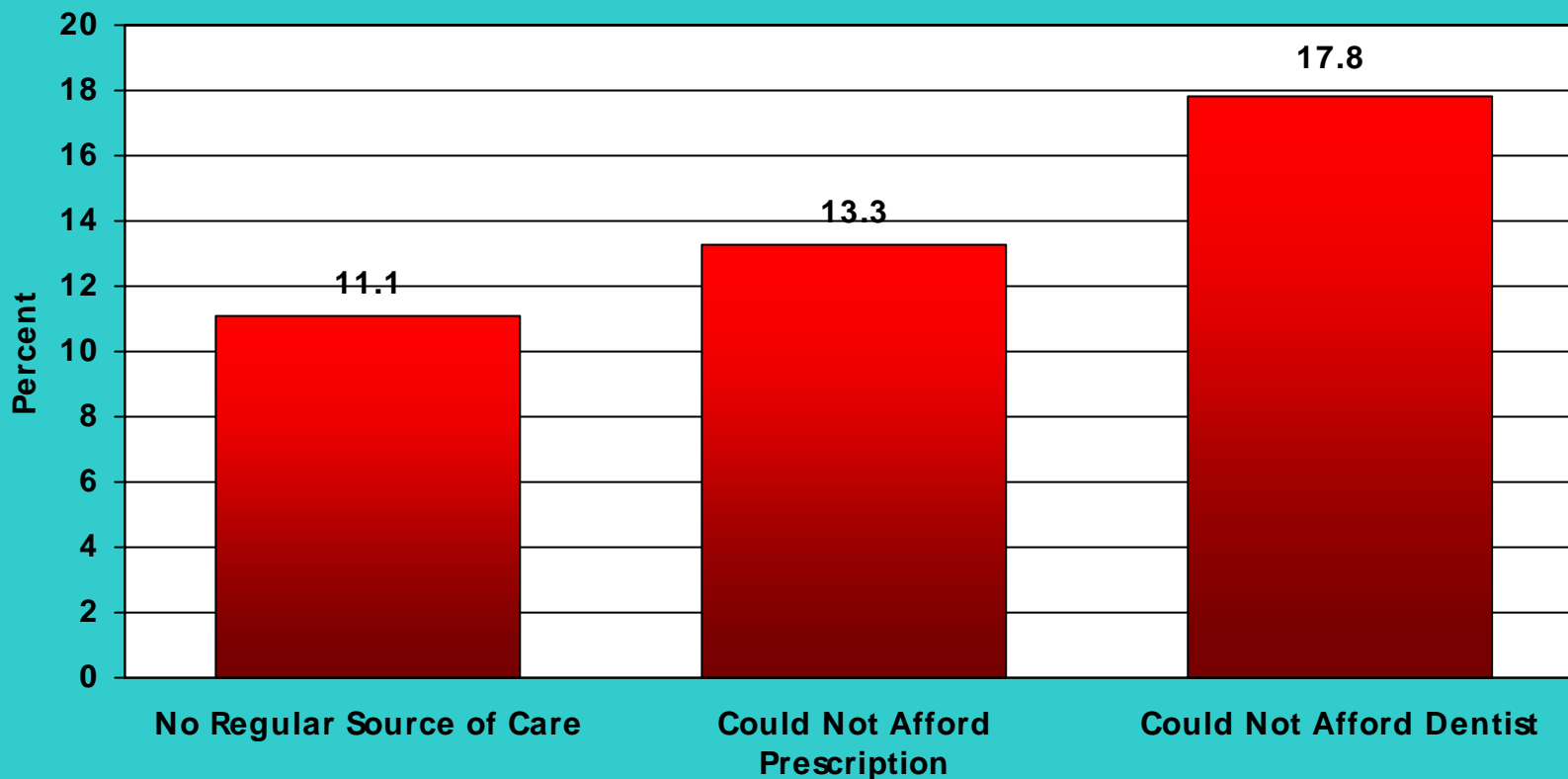
² Public health insurance is defined as insurance through Medicare A, Medicare B, Medicaid, Champus, TRICARE or CHAMP-VA.

Data Source:
1991, 1994, 1996, 1998, 2000,
2002 PHMC Southeastern
Pennsylvania Household Health
Surveys.

Prepared by:
Philadelphia Health
Management Corporation,

Can We Afford the Care We Need?

Figure 12. Barriers to Care Among Southeastern Pennsylvania Adults (18+), 2002

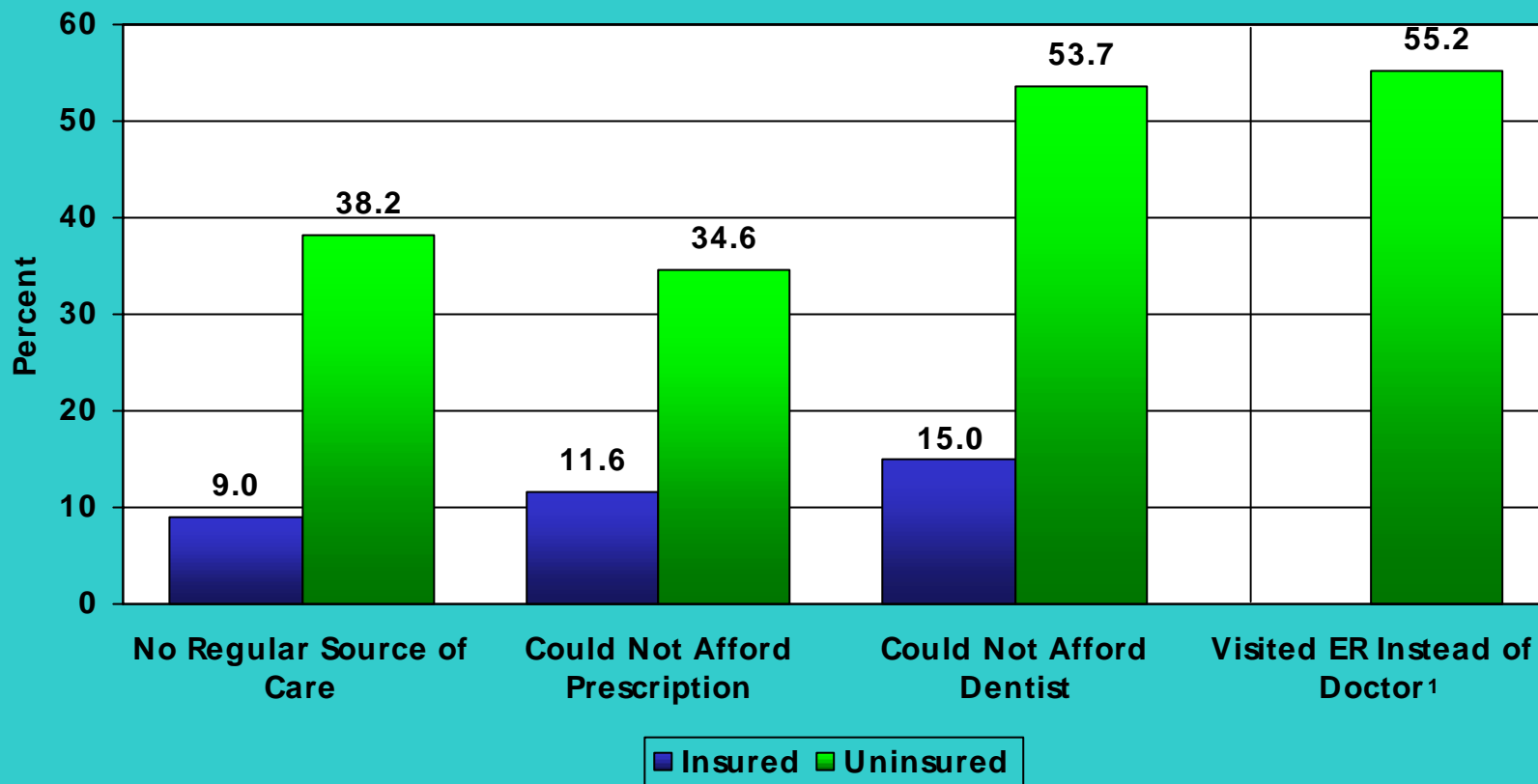


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Can We Afford the Care We Need?

Figure 13. Barriers to Care Among Southeastern Pennsylvania Adults (18+) by Insurance Status, 2002



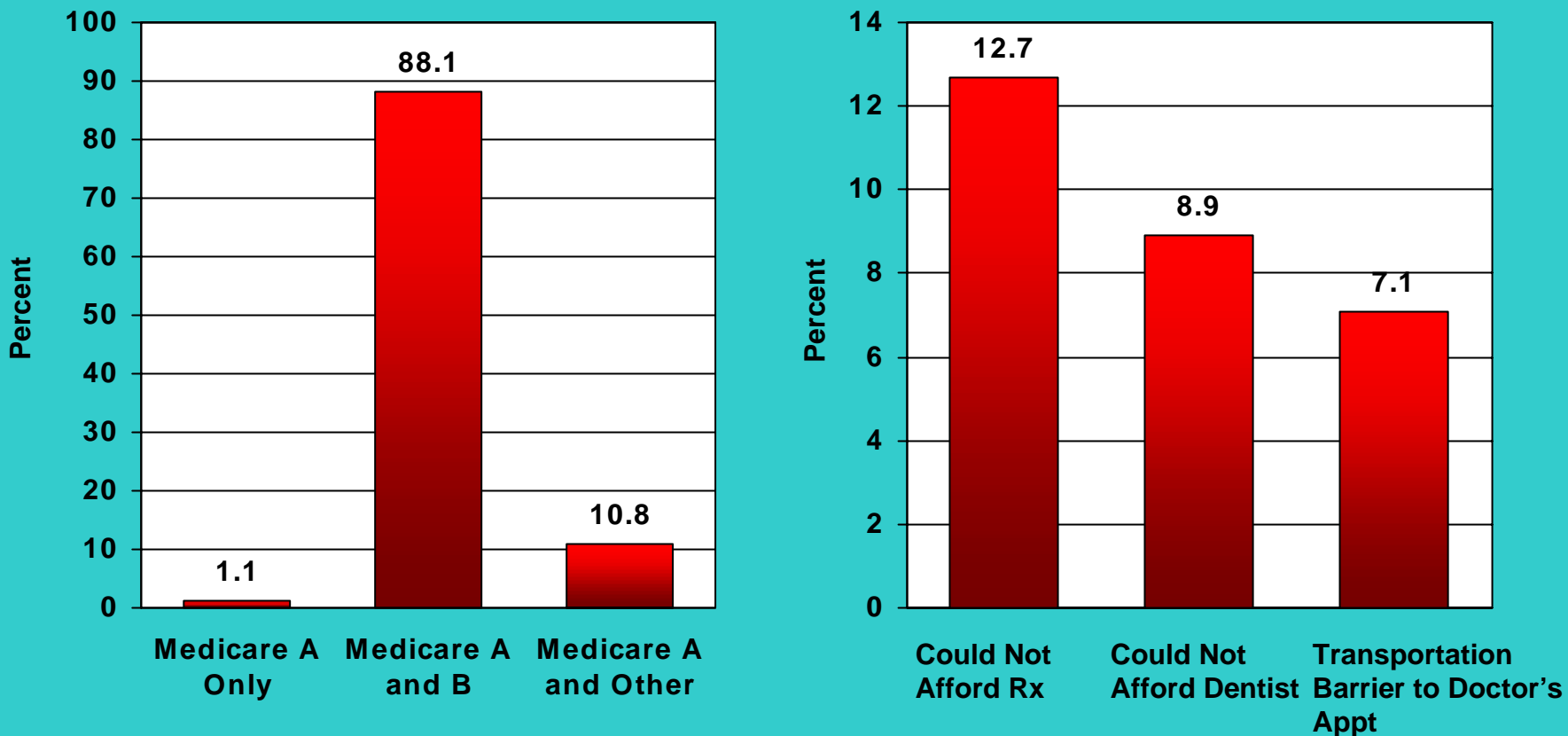
¹ Asked only of uninsured.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Can We Afford the Care We Need?

Figure 14. Insurance Coverage¹ and Access to Care Among Southeastern Pennsylvania Older Adults (65+), 2002



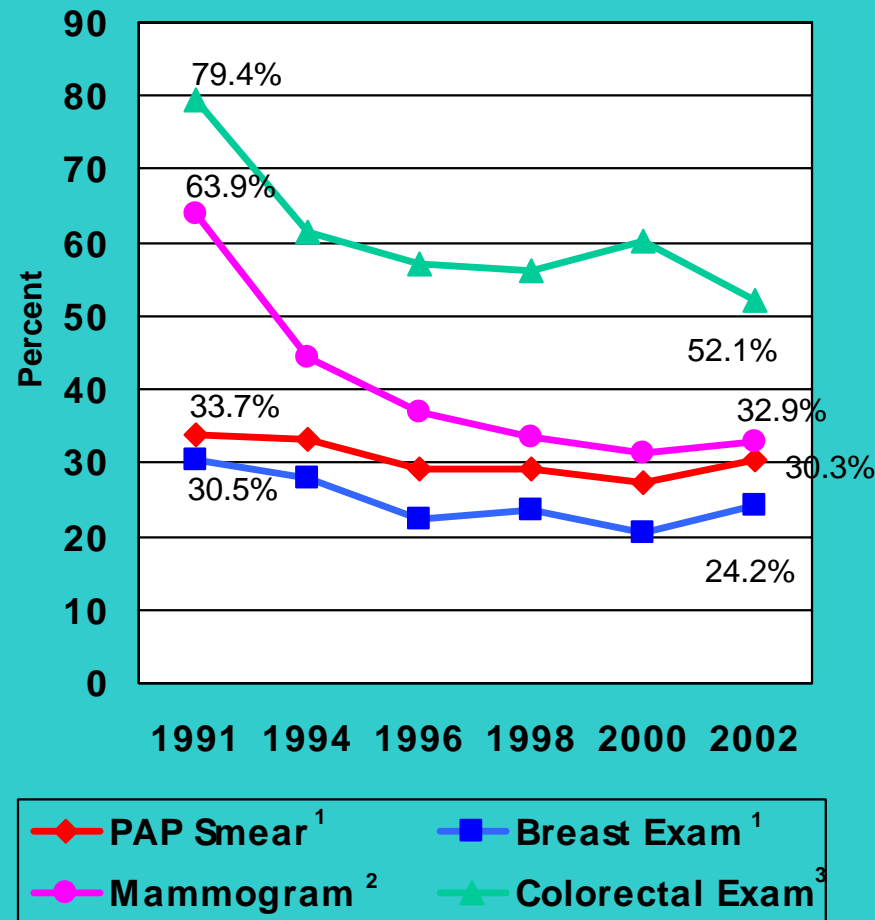
¹Medicare A (Hospital Insurance) helps pay for care in hospitals and skilled nursing facilities, and for home health and hospice care. Medicare B (Medical Insurance) helps pay for doctors, outpatient hospital care and some other medical services that Medicare A doesn't cover, such as the services of physical and occupational therapists. Medicare B covers all doctor services that are medically necessary.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Are We Practicing Preventive Health Care?

Figure 15. Women (18+) in Southeastern Pennsylvania Who Did Not Receive Selected Screenings in the Past Year, 2002



¹ Asked of female adult respondents 18 years of age and older.

² Asked of female adult respondents 40 years of age and older.

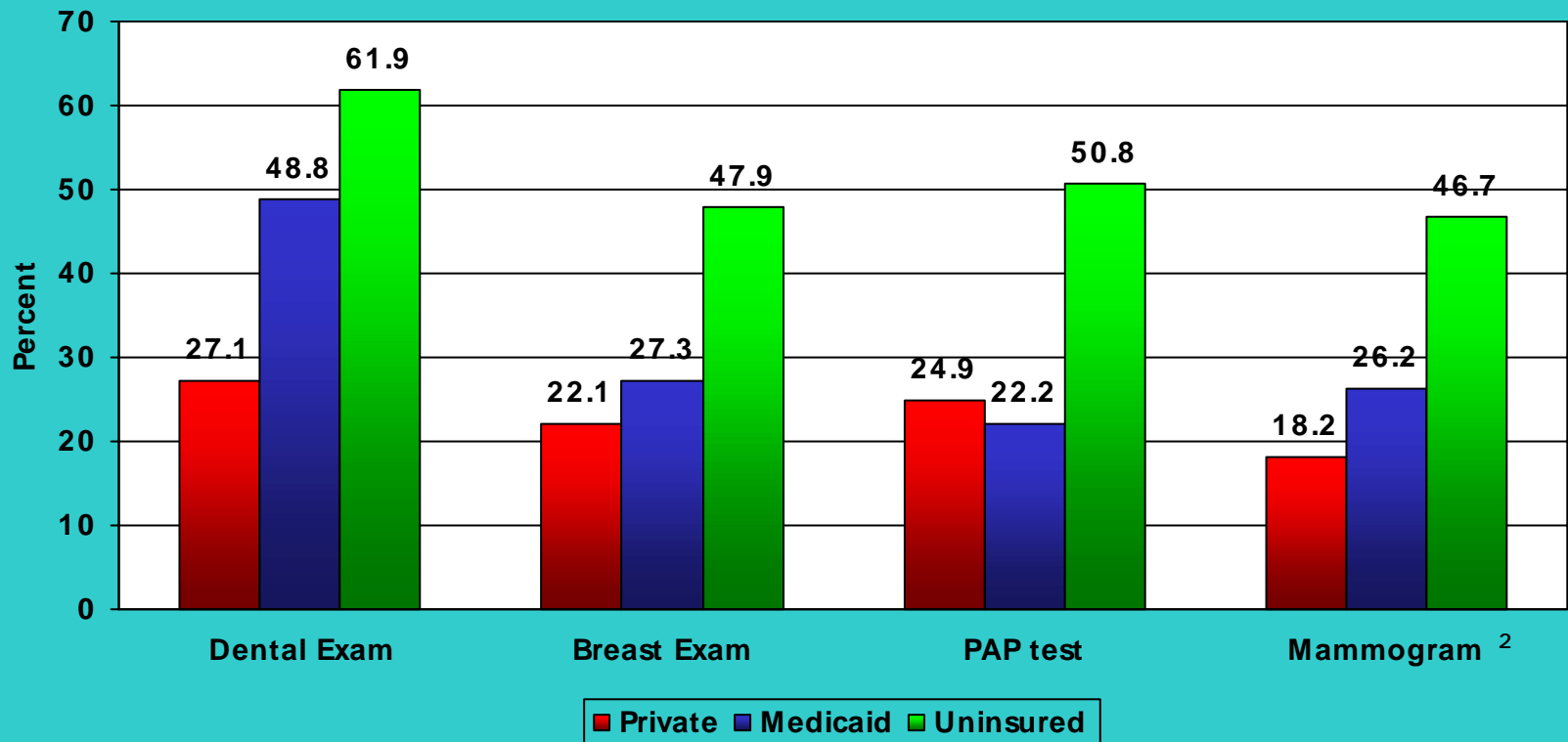
³ Asked of female respondents 50 years of age and older.

Data Source: 1991, 1994, 1996, 1998, 2000, 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Can We Afford the Care We Need?

Figure 16. Southeastern PA Women (18-64) Who Did Not Receive Selected Screenings by Insurance Source¹, 2002



¹ Private health insurance is defined as insurance through work, school or union, insurance bought directly by the respondent or his / her family, or insurance from some other association, group or place.

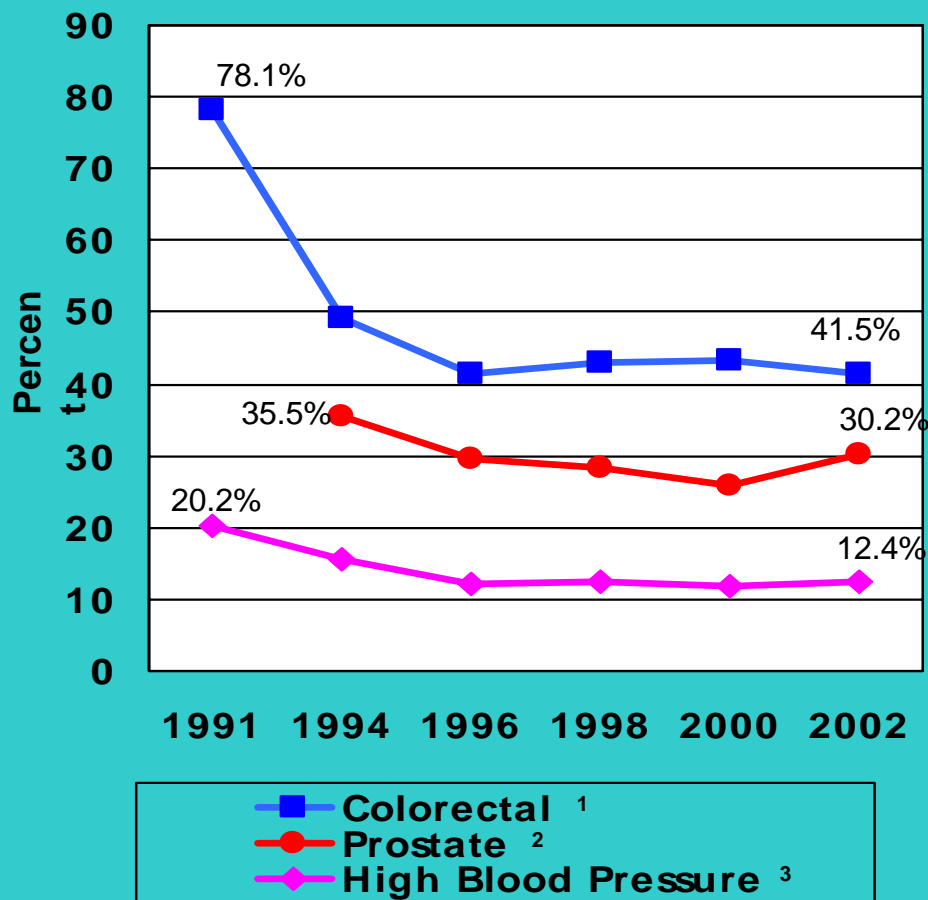
² Asked of female respondents 40 years of age and older. Healthy People 2010 specifies screening every two years.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Are We Practicing Preventive Health Care?

Figure 17. Men (18+) in Southeastern Pennsylvania Who Did Not Receive Selected Screenings in the Past Year, 2002



¹ Asked of male respondents 50 years of age and older.

² Asked of male respondents 50 years of age and older. Prostate exam data is not available for 1991.

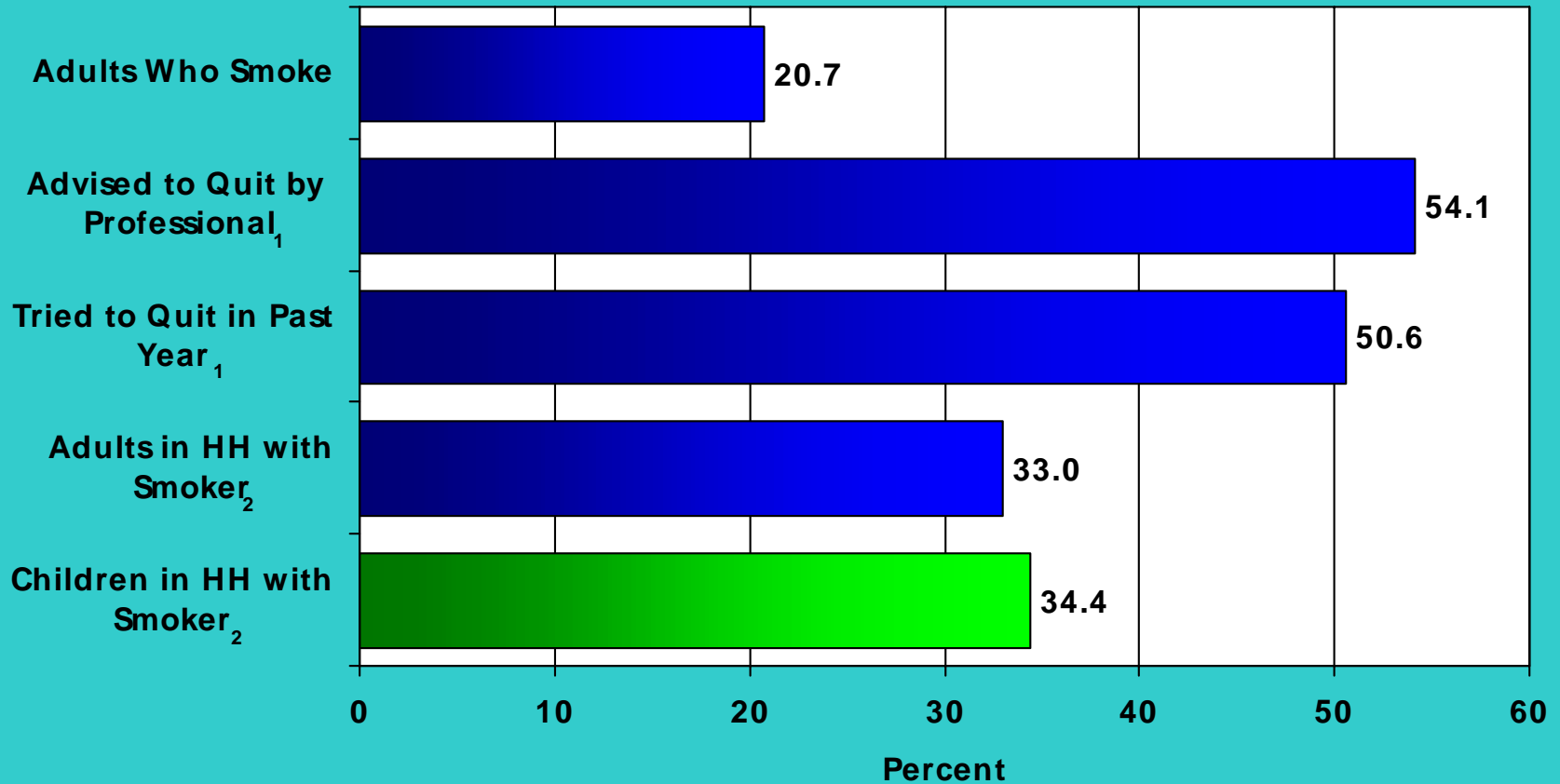
³ Asked of male respondents 18 years of age and older.

Data Source: 1991, 1994, 1996, 1998, 2000, 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Are We Adopting Healthier Lifestyles?

Figure 18. Tobacco Use and Behaviors, Southeastern Pennsylvania Residents, 2002

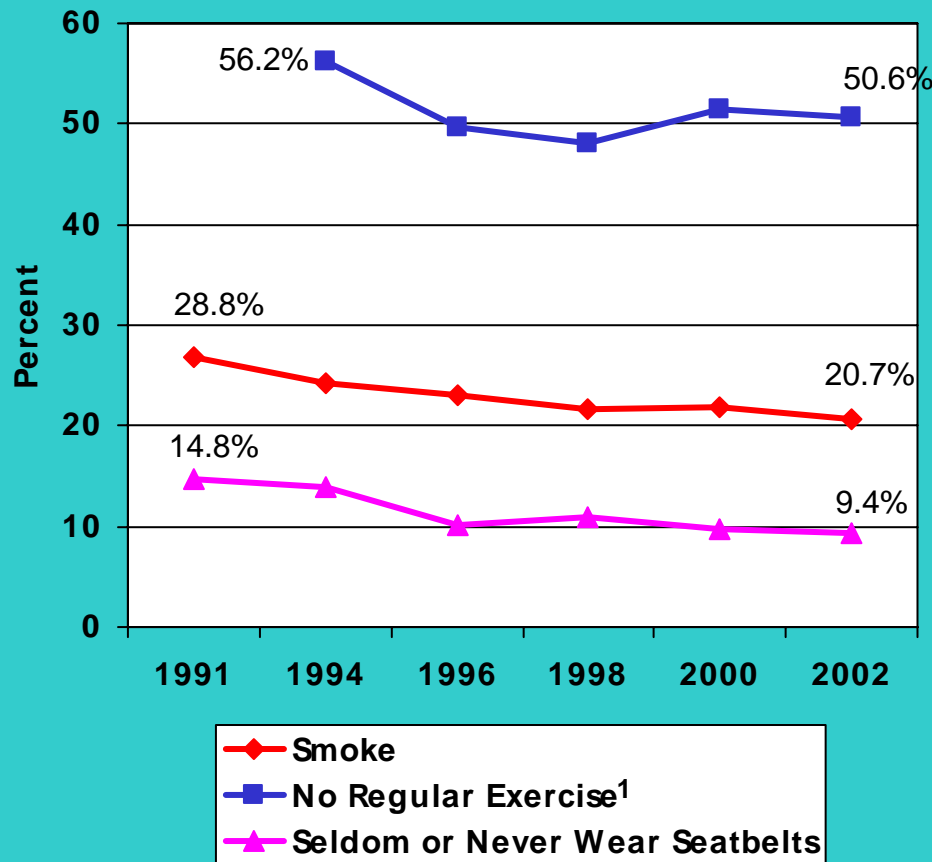


¹ Asked only of adults who smoke.

² Includes cigarettes, cigars, and pipes.

Are We Adopting Healthier Lifestyles?

Figure 19. Selected Health Behaviors of Southeastern Pennsylvania Adults (18+), 1991-2002



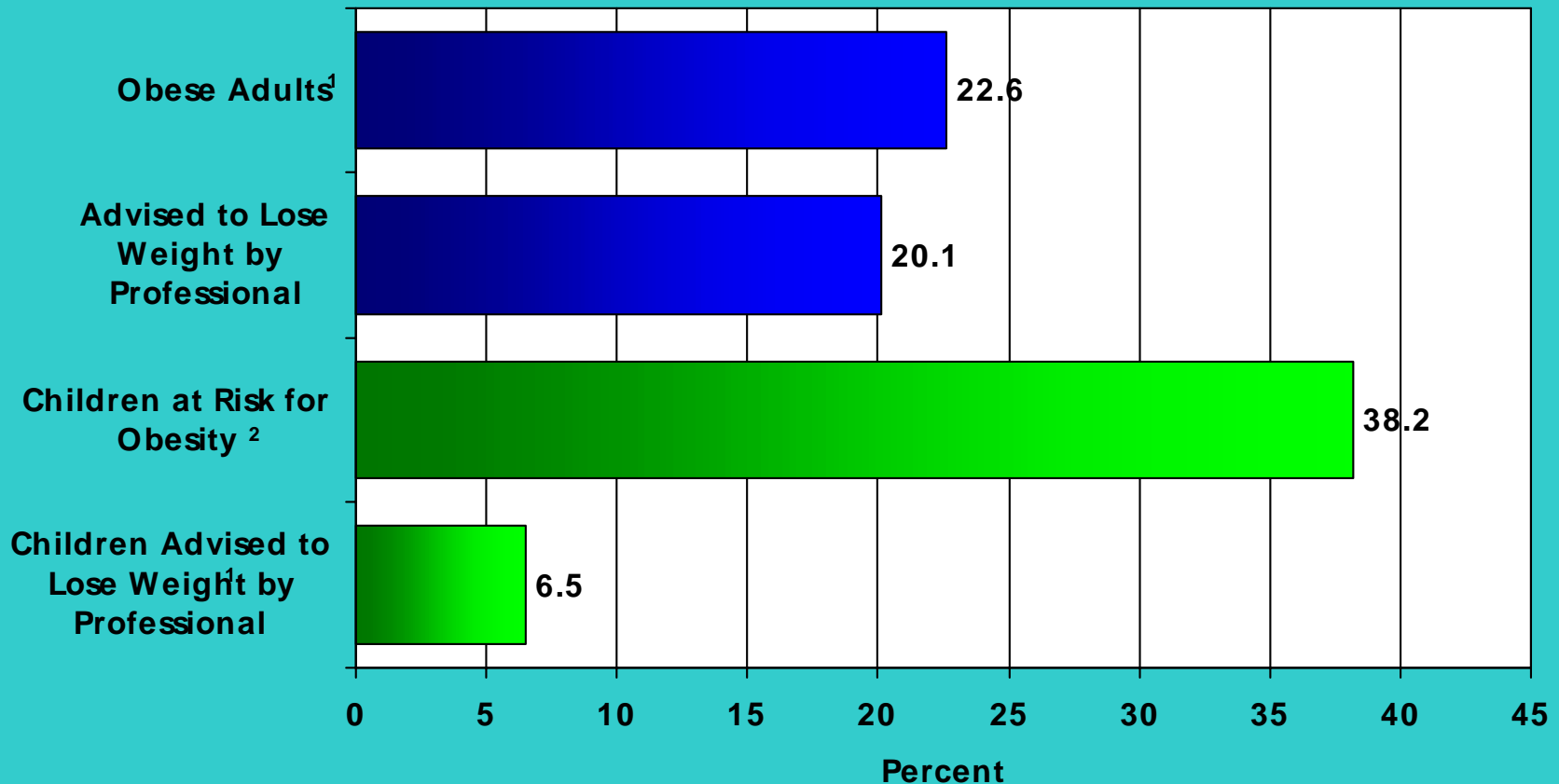
¹ Regular exercise is defined as 30 minutes or more, 3 or more times a week. Exercise data are not available for 1991.

Data Source: 1991, 1994, 1996, 1998, 2000, 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Are We Adopting Healthier Lifestyles?

Figure 20. Obesity Among Southeastern Pennsylvania Adults (18+) and Children (0-17), 2002



Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

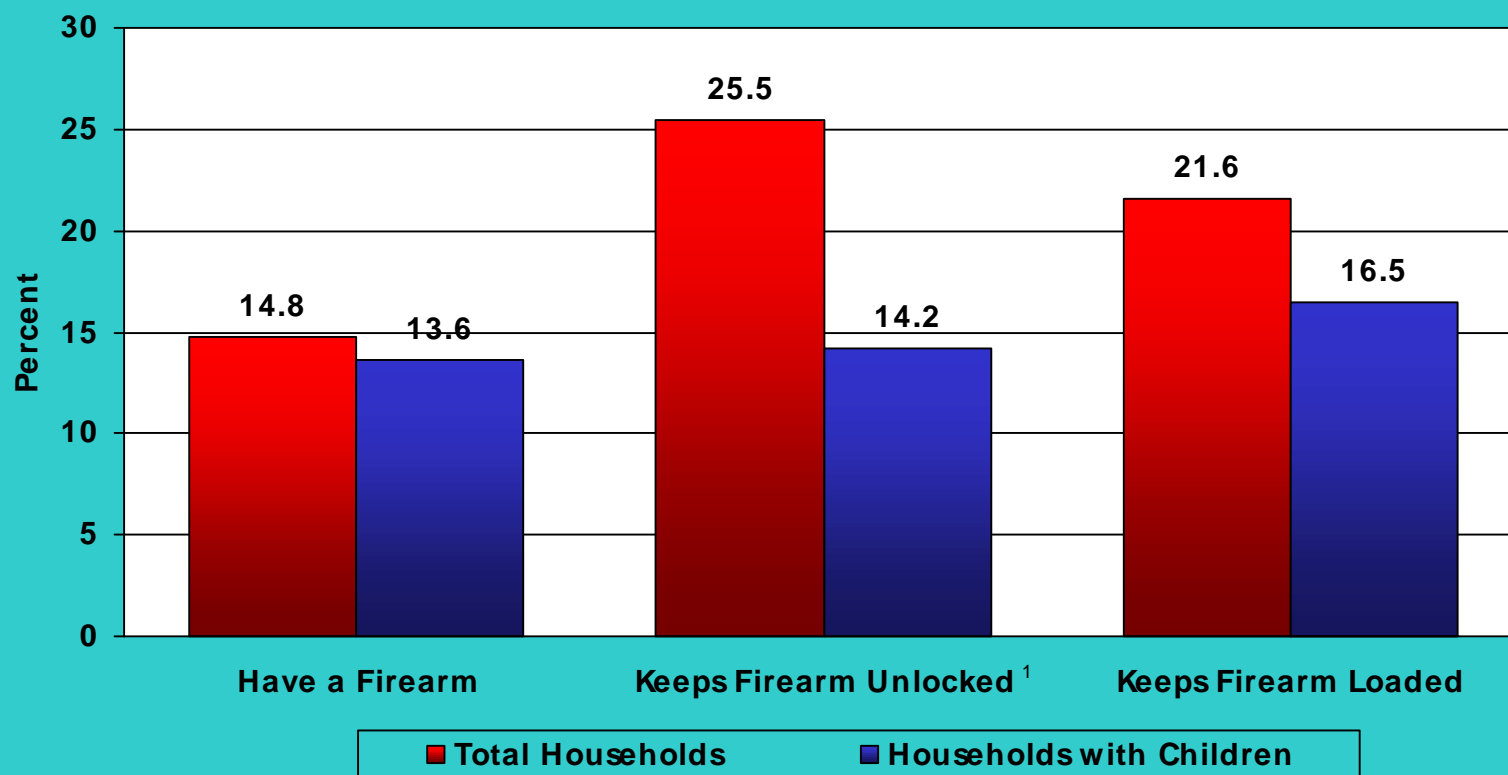
Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

¹ Adult obesity is defined as a score of 30 or greater on the Body Mass Index (BMI) Level.

² Children who score in the 85th percentile or higher on the BMI are considered at risk for obesity.

Do We Feel Safe in Our Communities?

Figure 21. Firearm Ownership and Safety Among Households in Southeastern Pennsylvania, 2002



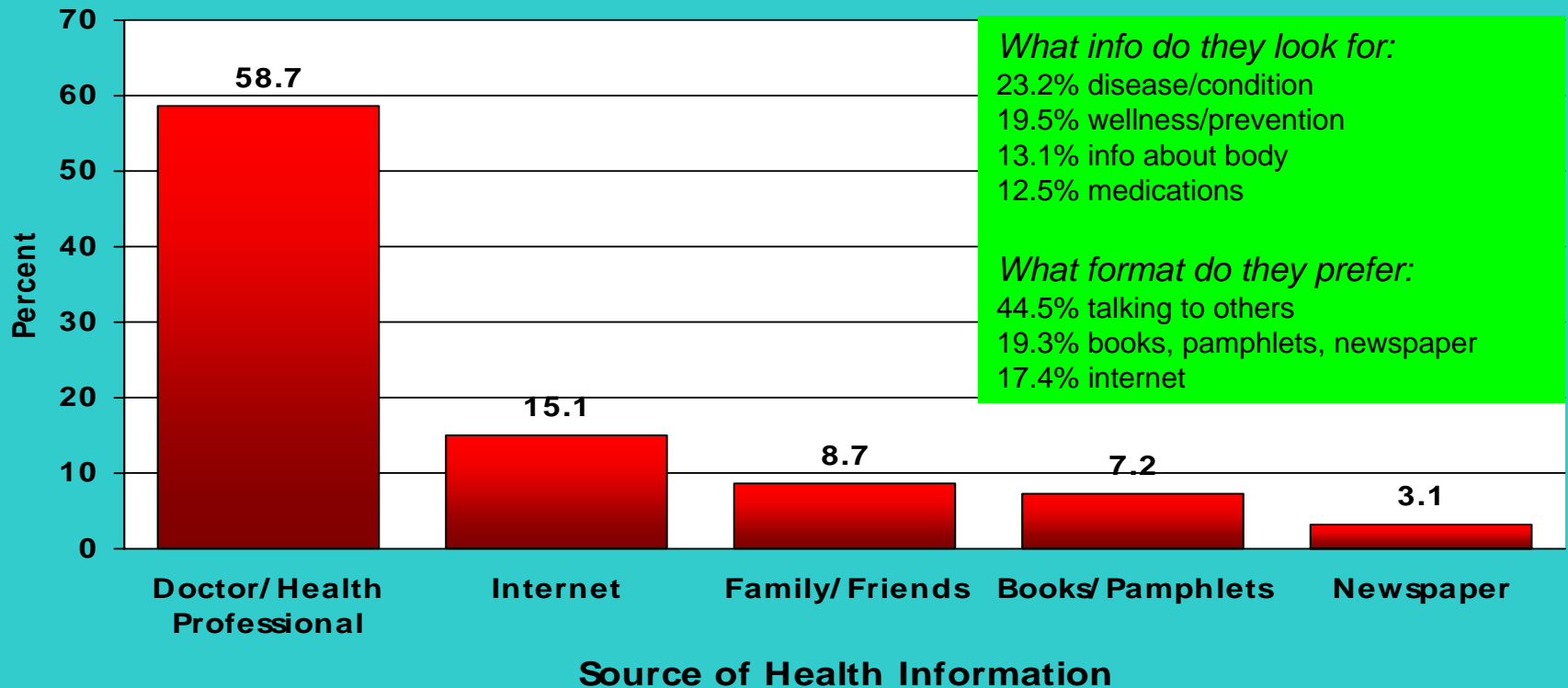
¹ An unlocked firearm is defined as not having a trigger lock or kept in a locked place.

Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Where do People get Information about Health?

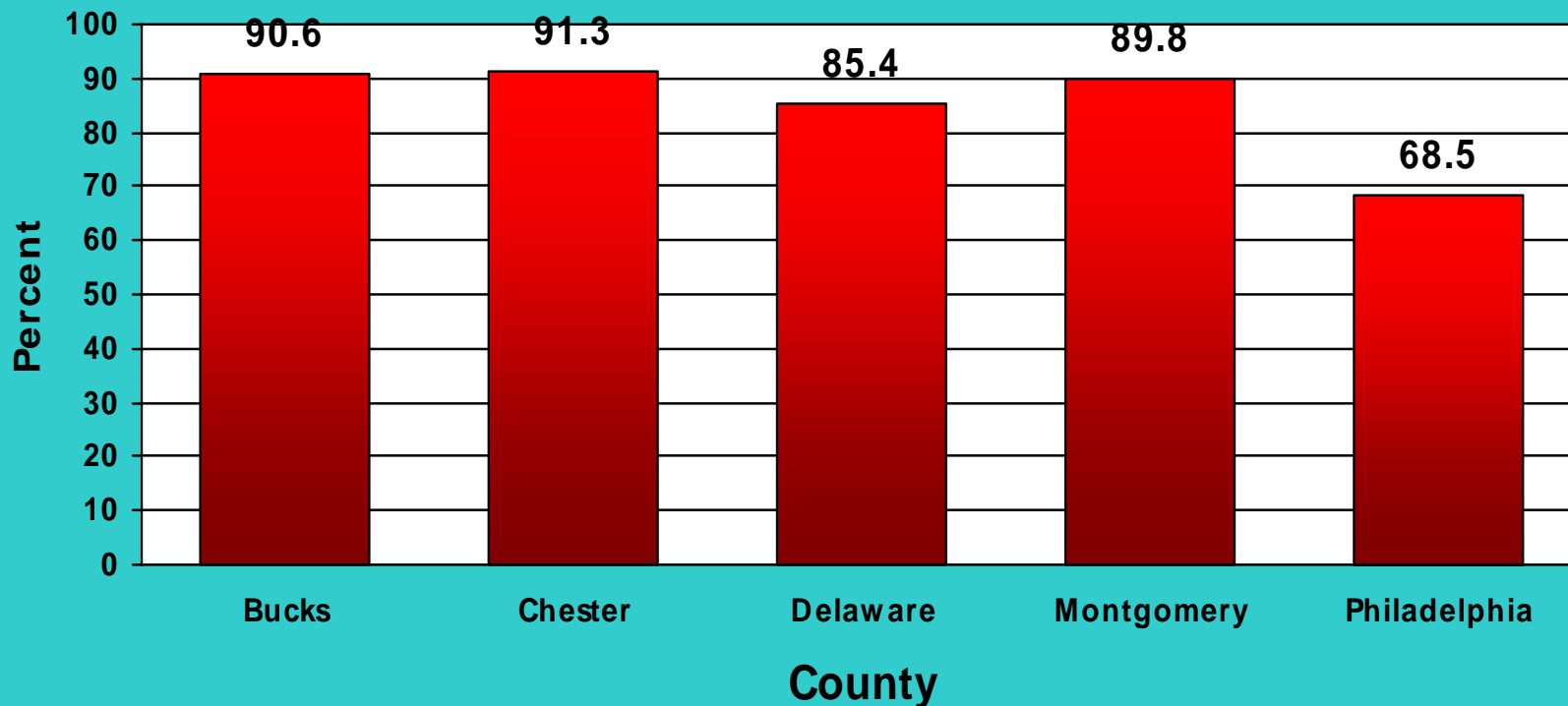
Figure 22. Southeastern Pennsylvania Adults' (18+) Source of Health Information, 2002



Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.
Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Do SEPA Residents Feel That They Can Trust Their Neighbors?

Figure 23. Southeastern Pennsylvania Adults (18+) Reporting Trust in Their Neighbors, 2002

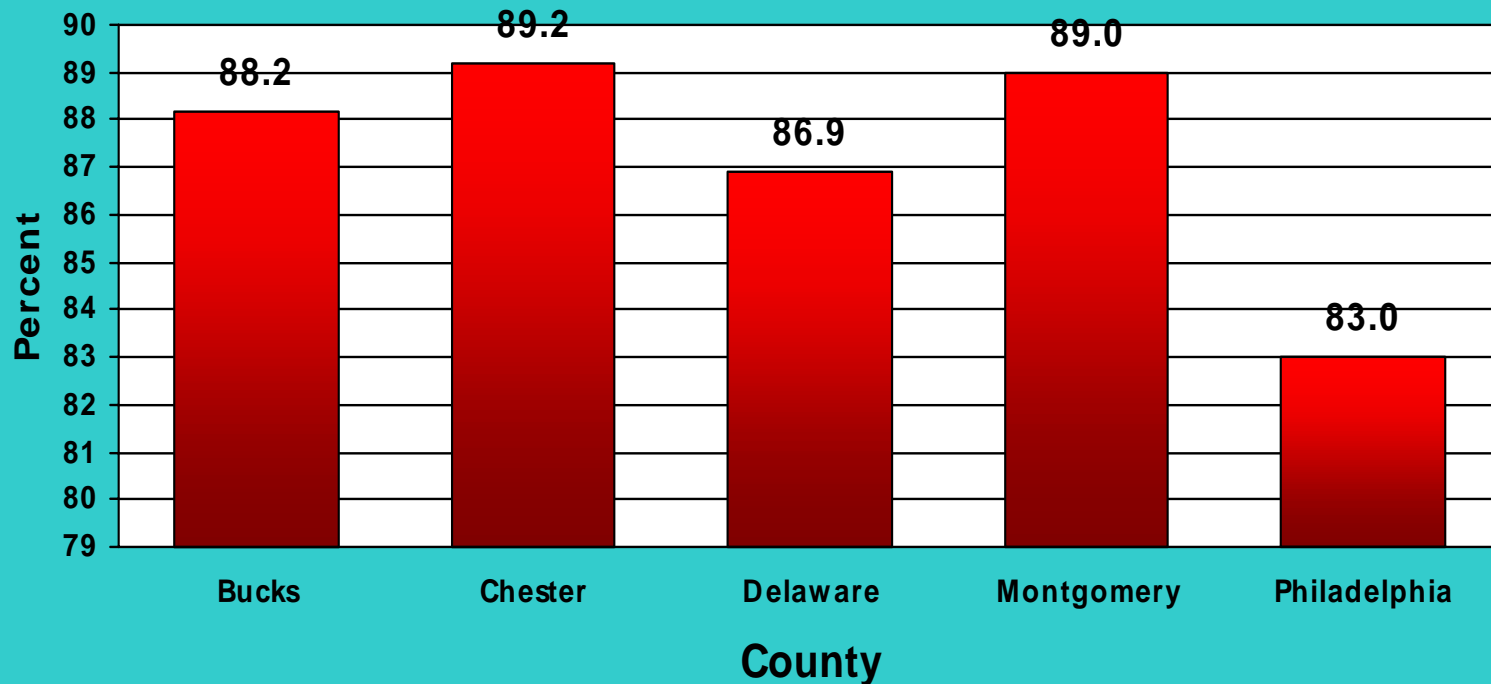


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Do SEPA Residents Feel That They Belong in their Community?

Figure 24. Southeastern Pennsylvania Adults (18+) Reporting Sense of Neighborhood Belonging by County, 2002

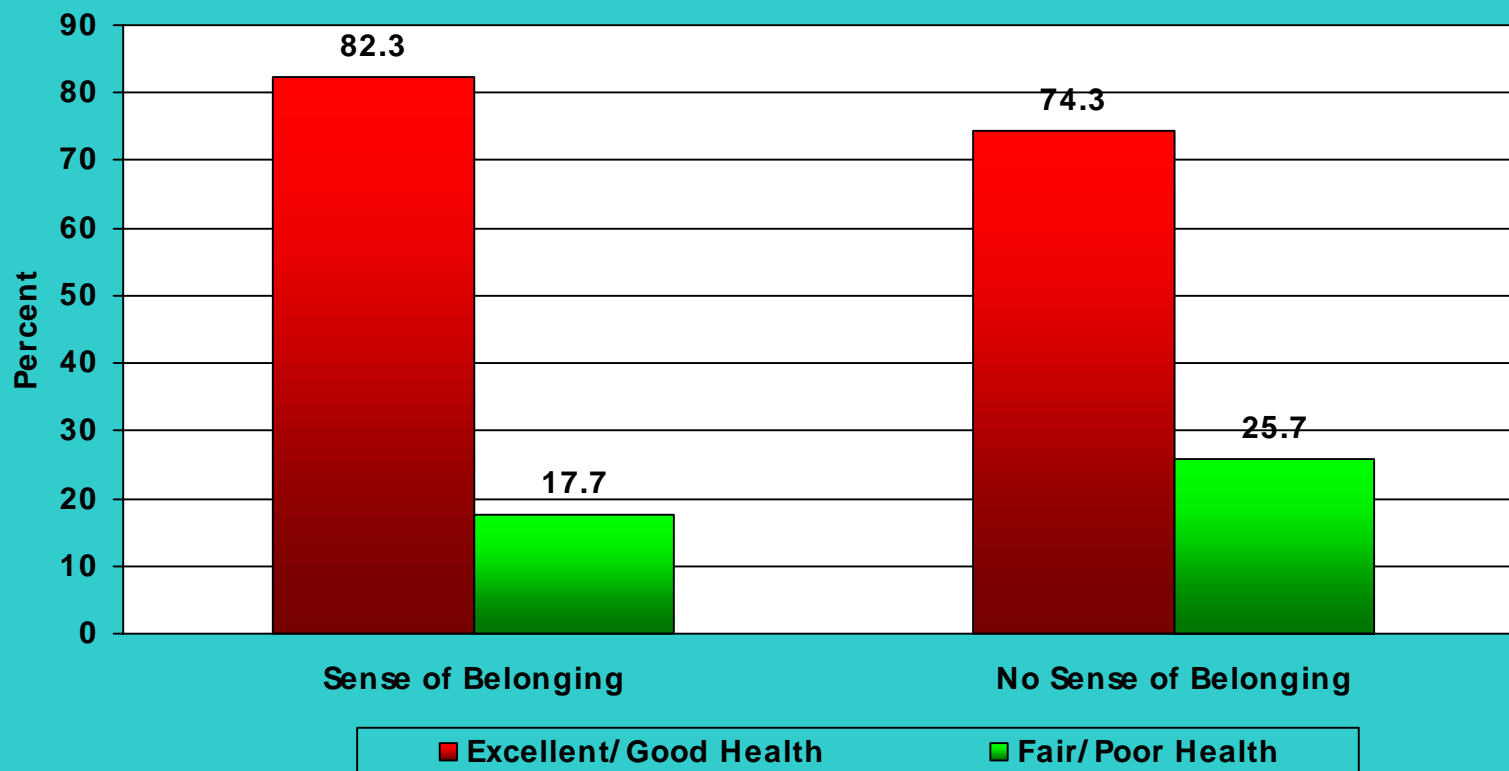


Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.

Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

Does Health Status of SEPA Residents Vary by their Sense of Neighborhood Belonging?

Figure 25. Southeastern Pennsylvania Adults' (18+) Health Status by Sense of Neighborhood Belonging, 2002



Data Source: 2002 PHMC Southeastern Pennsylvania Household Health Survey.
Prepared by: Philadelphia Health Management Corporation, Community Health Data Base, 2002.

For More Information About ...

The 2002 Southeastern Pennsylvania Household Health Survey



Contact the Community Health Data Base at:

www.phmc.org/chdb

phone: (215) 985-2500, fax: (215) 985-2550

Philadelphia Health Management Corporation

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