



# COMMUNITY HEALTH DATA BASE

An Information Service of Public Health Management Corporation

## SEPA Household Health Survey Major Topic Areas

### Health Status

*Information on Adults & Children*

- Self-reported health status
- Lifetime prevalence/existence of chronic health conditions (asthma, diabetes, high blood pressure & cholesterol, heart disease, cancer, allergies)
- Prescription med. for specific conditions
- Times child visited ED due to asthma
- A1C test for diabetes
- Stroke
- Disabilities

### Source of Care and Utilization of Services

*Information on Adults & Children*

- Regular source of care
- Setting of regular care
- Most recent medical visit
- Number of visits to various health care settings in past year
- Number of overnight stays in the hospital

### Health Insurance

*Information on Adults & Children (where applicable)*

- Current source(s) of health coverage
- Type of health coverage (HMO/PPO/FFS)
- Name of insurance company
- Coverage for prescription drugs
- Coverage for dental care
- Respondents without health insurance during past year: length of time; ability to get care; reason why no coverage
- Visited ER due to lack of health insurance
- Heard of medical assistance/CHIP

### Obstacles to Care

*Information on Adults & Children*

- Failure to seek care in past year due to cost
- Failure to fill a prescription due to cost
- Failure to receive dental care due to cost
- Transportation barriers to healthcare
- Language barriers to healthcare

### Personal Health Behaviors

*Information on Adults, Children, as appropriate*

- Smoking status and use of tobacco
- Exposure to cigarette smoke in household
- Former smokers - length of time since quit and quit method
- Height/weight; BMI, adults & children
- Advised by doctor to lose weight
- Fast food consumption
- Number of servings of fruits & vegetables
- Frequency of exercise, adults & children
- Use of alcohol
- Sexual partners and risk behaviors

### Disease Prevention and Health Promotion

*Length of time since last screening/exam:*

*For All Adults and Children:*

- Eye examination
- Dental visit
- Flu shots

*For All Adults:*

- Blood pressure reading
- Cholesterol check
- Test for AIDS/HIV

*For Older Adults:*

- Blood stool test (ages 50+)
- Colonoscopy/Sigmoidoscopy (50+)
- Pneumonia vaccine (60+)

*For Women:*

- Pap smear (18+)
- Clinical breast exam (18+)
- Mammogram (40+)
- Osteoporosis screening (45+)

*For Men:*

- Prostate cancer screening (45+)

*For Children:*

- Was child required to get additional shots before entering school

### Doctor-patient Relations

*Information on Adults*

- Advised by a doctor to quit smoking
- Talked to doctor about nutrition; exercise

### Mental Health

*Information on Adults and Children*

- Existence & treatment of diagnosed mental health conditions
- Depression scale (older adults 60+)
- Level of stress in the past year
- Use of professional mental health services
- No mental health care due to cost



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## Social Capital

*Information on Adults*

- Volunteering
- Length of time living in neighborhood
- Use of recreation facilities in neighborhood
- Involvement in local groups & organizations
- Willingness of community to help neighbors
- Community improvement
- Sense of belonging to the community
- Feelings of trust in the community
- Quality of life in the community
- Social support
- Caregiving for older adults

## Safety and Violence

*Information on Adults & Children*

- Presence of firearms in household (kept locked, kept loaded)
- Personal safety (feeling of safety in community)
- Experience of physical violence
- Did violence result in need for medical attention
- Intimate partner violence

## Hunger & Food Availability

*Information on Adults*

- Skipped meals due to cost
- Hungry but could not afford food
- Availability of fruits and vegetables in neighborhood
- Quality of groceries in neighborhood
- Travel to supermarkets

## Child Care and Youth

### Employment

*Information on about Households, Adults and Children*

- Use of formal or informal child care services
- Number of children receiving child care
- Problems with child care
- Participation in organized after-school activities
- Youth employment (ages 14-17)

## ELDERLY SUPPLEMENT (60+)

*Additional questions asked of persons age 60 and older:*

## Utilization of Home Health Services

- Use of informal home care
- Frequency of receiving help
- Use of formal or paid home health services
- Method of payment for home health services

## Utilization of Aids/Services

- Utilization of specific aids/devices
- Familiarity, use, and need for specific services:
  - Activities at senior centers/clubs
  - Meal/food programs
  - Transportation services
  - PACE/prescription drug assistance
  - Senior helpline/info. referral line
  - Housing services, energy assistance, repairs

## Housing & Environment

- Household areas in need of repair
- Falls

## ADL & IADL Impairments

- Number of ADL impairments (ADL scale)
- Number of IADL impairments (IADL scale)

## Demographic Characteristics

- Number of adults & children in the household
- Age of child selected for interview; grade in school
- Language of interview (English or Spanish)
- Other language spoken in the household
- Education level & Employment status
- Religion
- Age, Gender, Race, Hispanic origin
- Marital status
- Household income level/poverty status
- Benefits/entitlements received by members of the household including TANF
- Family denied welfare benefits
- Own or rent housing

## Geographic Location of Household

- All households are located in Southeastern Pennsylvania: Bucks, Chester, Delaware, Montgomery, and Philadelphia counties
- Data can be aggregated by region, county, township, ZIPcode, census tract